

# Grasmere Sports Senior Guides Race

## 26 August 2018

Pos	No	Name	Club Name	Cat	Time
1	38	Nick Swindburn	Northumberland FR	M	13:28
2	9	Simon Bailey	Mercia FR	M	13:32
3	49	Matthew Elkington	Ambleside	M	13:41
4	43	Mark Lamb	Keswick AC	M	14:03
5	105	Rob Jebb	Helm Hill Harriers	M40	14:05
6	44	Jack Wright	Ambleside	M	14:41
7	47	Josh Jardine	Helm Hill Harriers	M	14:42
8	46	Tom Simpson	Ambleside	M	14:43
9	31	Martin Mikkelsen Barrow	Borrowdale FR	M	14:51
10	51	Duncan Birtwistle	Telford AC	M	15:29
11	126	John Helme	Ambleside	M40	15:33
12	35	Edward Cleadowe	Black Combe Runners	M	15:38
13	20	Harry Shuell	Ambleside	M	15:49
14	136	Nigel Wood	Helm Hill Harriers	M40	16:22
15	122	Kirk Wadsworth	Helm Hill Harriers	M40	16:35
16	32	Chris Edis	Keswick AC	M	16:36
17	130	Paul Reilly	Helm Hill Harriers	M40	16:39
18	24	Will Marshall	Eden	M	16:44
19	33	Tom Day	Keswick AC	M	16:52
20	21	Andrew Cox	Moorfoot Runners	M	16:59
21	10	Martin Askew	Helm Hill Harriers	M	17:07
22	40	Arthur Raffle	Altrincham	M	17:10
23	13	Joe Kenny	Helm Hill Harriers	M	17:18
24	206	Kelli Roberts	Helm Hill Harriers	F	17:21
25	7	Joseph Waller	Rosendale Harriers	M	17:23
26	14	Rupert Allison	Dark Peak Fell Runners	M	17:38
27	48	William Weatherill		M	17:47
28	106	James Freeman		M40	18:03
29	36	Andy McMurdo	Pennine	M	18:12
30	205	Ruby Sykes	Holmfirth Harriers AC	F	18:17
31	135	James Baron	Helm Hill Harriers	M40	18:19
32	28	Mark Uckermann		M	18:24
33	26	Tim Bevan	Oucc	M	18:39
34	12	James Kelly		M	18:48
35	201	Sharon Taylor	Helm Hill Harriers	F	18:49
36	117	Sean Robinson	Howgill Harriers	M40	18:55
37	15	Nick Parkes		M	18:57
38	23	Chris Dunkerley		M	19:03
39	119	Virgill Barton	Barlick Fell Runners	M40	19:04
40	210	Catherine Spurder	Keswick AC	F	19:07
41	134	Martin Kenyon		M40	19:07
42	34	James Carradice		M	19:19
43	8	Ellis Bland	Colt	M	19:22
44	25	Will Wheeler	Oucc	M	19:31
45	50	Danny Murphy		M	19:32
46	118	Paul Chamberlain		M40	19:32
47	17	Simon Whittaker	Helm Hill Harriers	M	19:40
48	112	Jonathan Heaney	North Sheilds Ploy	M40	19:45
49	140	David Middlemas	Valley Striders AC	M40	19:48
50	39	Rhys Morris	Keswick AC	M	20:02
51	114	Lee Sice	Cumberland Fell Runners	M40	20:03
52	133	Andrew Shelbourne	Holmfirth Harriers AC	M40	20:03
53	109	Damian Boyle	Bournemouth AC	M40	20:09
54	4	Lewis-Dale Graham	North Sheilds Ploy	M	20:14
55	213	Lucy Spain	Helm Hill Harriers	F	20:22
56	41	Will Spain	Dark Peak Fell Runners	M	20:25
57	203	Jenny Rice	Helm Hill Harriers	F	20:28

58	5	James Holden	Salford Lads Club	M	20:29
59	22	Scott Collier		M	20:30
60	120	David Harte	Bournville Harriers	M40	20:31
61	138	Andy Bennett	Helm Hill Harriers	M40	20:33
62	137	Chris Schofield	Helm Hill Harriers	M40	20:34
63	3	Matthew Jackman		M	20:39
64	211	Catherine Niblouk	Helm Hill Harriers	W	20:50
65	42	Harry Blenkinship		M	20:51
66	30	Tom Partington	Keswick AC	M	20:53
67	143	Gary Mason	Keswick AC	M40	20:54
68	131	Mike Walker	Barnet and District	M40	21:07
69	212	Anne Edwards		F	21:15
70	104	Neil McGurk	TRI Lakeland	M40	21:17
71	102	Nigel McGurk		M40	21:24
72	132	William Coupe	Helm Hill Harriers	M40	21:30
73	264	Julie Darigala	Penistone FRAC	W40	21:53
74	11	Robert Askew	Helm Hill Harriers	M	21:56
75	124	Hal Sclater		M40	22:02
76	141	Graham Moffat	Howgill Harriers	M40	22:25
77	45	Chris Owens	Spectrum Striders	M	22:28
78	256	Lindsay Buck	Cumberland Fell Runners	W40	22:31
79	37	John Clarke		M	22:44
80	125	James Morrison	Tiverton Harriers	M40	22:48
81	52	Richard Hanley	North Sheilds Ploy	M	23:01
82	139	Brent Lindsay	Penistone FRAC	M40	23:16
83	257	Deborah Millington	Mercia FR	W	23:26
84	53	Shaun Mason		M	23:29
85	209	Nicola Kelly		W	23:31
86	123	Dom Kershaw		M40	23:34
87	121	Nigel Eldridge	Ryde Harriers	M40	23:37
88	214	Gemma Nelson	Southnille Running Club	W	23:38
89	128	Andrew Hearle	Mercia FR	M40	23:39
90	29	James Lam	OUMC	M	23:44
91	215	Abigail Kerr		W	24:02
92	259	Lorna Askew	Helm Hill Harriers	W40	24:21
93	202	Alice Steele	Dallam RC	W	24:43
94	263	Lesley Malarkey	Keswick AC	W50	24:50
95	116	Paul Wilson	Whaefedale Harriers	M40	25:05
96	16	Mark Cullen		M	25:29
97	208	Sarah Sams	Poteland Runners	W	25:45
98	204	Alice Korshaw		W	25:47
99	266	Kate O'Donoghue	Thames Valley	W40	25:58
100	165	Keith Fazey	Grasmere	M40	26:02
101	258	Vicky Sproson	Nics Nordic Walkers	W40	26:11
102	252	Libby Dixon	Ambleside	W40	26:20
103	251	Paula Bowen	Ambleside	W40	26:21
104	107	Gary Burns	Fellardale	M40	26:45
105	261	Patty Davues	Helm Hill Harriers	W40	26:48
106	108	Richard Evelyn	Coniston Fell Runners	M40	26:57
107	207	May Crawford	Helm Hill Harriers	W	27:42
108	101	Richard Stokes	Fell Runners Ass	M40	27:51
109	262	Elizabeth Adams	Helm Hill Harriers	W40	28:01
110	103	Ian Priddle		M40	28:08
111	1	Paul Whurr		M40	28:15
112	27	Michael Hill	Forton Running Club	M	28:29
113	129	Tim Farron	Dallam RC	M40	29:00
114	127	Howard Shepherd	Heywood	M40	31:36
115	253	Jo Evelyn	Oxford Tri	W40	31:45
116	260	Rosie Eldridge	Ryde Harriers	W40	35:41
117	265	Anna Stevens	Helm Hill Harriers	W40	36:00
118	115	John Jackson	Team Toch	M40	44:37
119	18	Dave Chris		M	44:47
120	19	Harry Nathan		M	Retired
121	142	Mark McGlincy		M40	Retired