



Supported by Different Strokes

## Barbondale - Results 11 February 2018

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	59	Joshua	Jardine	Man	21:56	Helm Hill	1st Man
2	244	Adam	Perry	Man	21:59	Helm Hill	2nd Man
3	51	Tom	Addison	Man	22:13	Helm Hill	3rd Man
4	4	Michael	Ainsworth	Man	22:17	Helm Hill	
5	416	Jack	Eyre	Man	23:10	Eden Runners	
6	368	Harry	Shuell	Man	23:26	Ambleside	
7	280	Harvey	Lord	Man	23:33	Black Combe	
8	1152	Benjamin	Forrest	MU21	23:35	Rosendale	1st MU21
9	270	Paul	Aitken	Man	23:37	Helm Hill	
10	29	Jon	Rylance	MV40	23:40	Ambleside	1st MV40
11	185	Jacob	Aubrey	MU21	23:56	Helm Hill	
12	310	Robert	Askew	MU21	24:00	Helm Hill	
13	417	James	Harris	Man	24:06	Black Combe	
14	248	Tim	Cowin	MV40	24:14	Helm Hill	
15	418	Andrew	Livingstone	Man	24:36	Annan & District	
16	196	Doug	Love	Man	24:39	Bowland	
17	414	Simon	Mounsey	MV40	25:03	Howgill Harriers	
18	361	George	Attwood	MU21	25:07	Dallam	
19	73	Rod	Scott	MV40	25:11		
20	87	Scott	Umpleby	MV50	25:12	Kendal AAC	1st MV50
21	99	Phil	Mather	Man	25:13	Lonsdale	
22	423	Phil	Winskill	MV40	25:15	Keswick AC	
23	426	James	Stokes	Man	25:18		
24	253	Jack	Simpson	Man	25:30	Helm Hill	
25	30	Brian	Pennington	MV40	25:49	Howgill Harriers	
26	425	Hannah	Russell	LU21	26:03	Helm Hill	1st Lady/1st LU21
27	297	Darren	Fishwick	MV40	26:21	Chorley	
28	422	Oliver	Waters	MV40	26:32	Helm Hill	
29	77	Rob	Crawford	MV40	26:32	Howgill Harriers	
30	342	Andrew	Holt	MV40	26:35	Clayton le Moors	
31	379	Ben	Oldham	MV40	26:37	Hoad Hill Harriers	
32	136	Declan	Bulmer	Man	26:38	Wharfedale	
33	61	Wayne	Dunn	Man	26:39	Settle	
34	95	Jonathon	Lowther	Man	26:48	Helm Hill	
35	433	Jacob	Snochowski	Man	26:53	Ambleside	
36	412	Jethro	Whitfield	Man	26:53		
37	104	Alan	Smaly	MV60	27:05	Blackpool	1st MV60
38	45	James	Baron	MV50	27:08	Helm Hill	
39	419	Chris	Jackson	Man	27:28	Pennine	
40	53	Steven	Middleton	MV40	27:43	Howgill Harriers	
41	183	Ben	Whitham	Man	27:58		
42	69	Sam	Thom	MU21	28:00	KCAC	
43	429	Paul	Scully	MV40	28:07	Helm Hill	
44	217	Robert	Moffat	Man	28:07	Howgill Harriers	
45	84	Tom	Smith	MV50	28:12	Bowland	
46	25	Tom	Matthew	MV40	28:15	Bowland	
47	308	Stephen	Nicholls	Man	28:20	Wigan & District	
48	71	Sean	Robinson	Man	28:20	Howgill Harriers	
49	428	Pete	Marston	MV40	28:26	Helm Hill	
50	98	Rowan	Wood	Man	28:32	Lonsdale	
51	234	Justin	Evans	Man	28:34	Helm Hill	
52	263	Tim	Pickering	Man	28:38	Helm Hill	
53	127	John	Rainford	MV50	28:41	Preston Harriers	

54	252	Rachel	Simpson	Lady	28:44	Helm hill	2nd Lady
55	336	John	Osborne	MV50	28:49	Settle	
56	50	Rob	Harper	MV40	29:05	Ambleside	
57	174	Alistair	Hearn	MV40	29:05	Helm Hill	
58	35	Craig	Peart	Man	29:06	Lancaster & Morecambe	
59	430	Jenny	Rice	Lady	29:08	Helm Hill	3rd Lady
60	413	Catherine	Niblock	Lady	29:11	Helm Hill	
61	362	Mark	Cropper	MV40	29:18	Helm Hill	
62	299	Karl	Robb	Man	29:23		
63	314	Ray	Gill	MV50	29:54	Dallam	
64	300	Andy	Bennett	MV40	30:04	Helm Hill	
65	409	Eve	Pannone	LU21	30:08	Eden	
66	184	Roger	Aubrey	MV50	30:37	Helm Hill	
67	1190	Ben	Kirkman	MU21	30:46	Rossendale	
68	142	Michael	Toman	MV50	30:56	Rossendale	
69	86	Joey	Umpleby	MU21	31:01	Kendal AAC	
70	12	Tim	Murray	MV50	31:02	Helm Hill	
71	128	James	Coulthard	MV40	31:06	Howgill Harriers	
72	391	Richard	Wilkinson	MV50	31:10	Longeaton	
73	1138	David	Goadby	Man	31:30	Helm Hill	
74	62	David	Appleyard	MV50	31:33	Helm Hill	
75	17	Ali	Richards	LV40	31:37	Helm Hill	1st LV40
76	85	Ian	Hutchinson	MV50	31:47	Bowland Fell Runners	
77	364	Brian	Kennedy	MV50	31:52	Settle	
78	353	Jo	Wilcox	LV50	31:55	Helm Hill	1st LV50
79	261	Emma	Johnston	Lady	32:03	Helm Hill	
80	421	Keeley	Smith	Lady	32:36	Helm Hill	
81	415	Chris	Roberts	MV60	32:44	Black Combe	
82	420	Cathy	Gill	Lady	32:53	Tunbridge Wells Harriers	
83	8	Jayne	Rigby	LV40	33:12	Helm Hill	
84	179	Wendy	Dodds	LV60	33:13	Clayton Le Moors Harriers	1st LV60
85	343	Mick	Kirkman	MV50	33:38	Rossendale	
86	427	Gordon	Conway	Man	33:44	Knutsford Tri	
87	1209	Thomas	Ward	MU21	33:45	Helm Hill	
88	44	Sam	Gibbs	MV40	33:46	Helm Hill	
89	64	Kate	Brayshaw	LV40	34:14	Helm Hill	
90	432	Charlotte	Seward	Lady	34:46		
91	40	Jonny	Grisedale	MV40	34:52	Helm Hill	
92	431	John	Leech	MV50	34:58	Dallam	
93	102	Jo	Taylor	LV50	35:00	Bowland	
94	242	Richard	Simpson	MV60	35:02	Dallam	
95	28	Niki	Rylance	LV40	35:32	Ambleside	
96	103	John	Taylor	MV60	35:45	Bowland	
97	119	Mark	Charnley	MV40	35:47	Settle	
98	306	Caroline	Holden	LV50	35:51	Helm Hill	
99	264	Anne Marie	Swallow	LV40	35:51		
100	121	Gill	Ramsay	LV50	35:52	Helm Hill	
101	396	Jim	Fisher	MV50	36:19	Howgill Harriers	
102	410	Mark	Pannone	MV40	36:21		
103	118	Katy	Thompson	LV60	36:23	Clayton le Moors	
104	33	Leah	Albion	LU21	37:20	Broughton	
105	70	Tim	Thom	MV50	37:39	KCAC	
106	37	Jo	Cater	Lady	37:45	Helm Hill	
107	158	Paula	Bowen	LV40	37:48	Ambleside	
108	285	Vicky	Atkinson	LV40	37:49	Helm Hill	
109	173	Michael	McLoughlin	MV60	38:03	Preston Harriers	
110	334	Elizabeth	Adams	LV40	38:18	Helm Hill	
111	132	Robin	Haywood	MV40	38:46	Howgill Harriers	
112	6	David	Barnes	MV60	38:49	Horwich	
113	246	John	Hodgson	MV70	38:56	Dallam	1st MV70
114	385	Olga	Wiggins	Lady	39:02	Preston Harriers	
115	82	Graham	Breeze	MV70	39:39	Wharfedale	

116	133	Gareth	Bradburn-Sims	MV40	39:50	Howgill Harriers	
117	273	Trevor	Metcalfe	MV60	40:04	Wharfedale	
118	245	Patty	Davies	LV50	40:33	Helm Hill	
119	125	Mark	Birbeck	MV50	41:02	Achille Ratti	
120	434	Sabina	Sojka	Lady	41:05	Ambleside	
121	3	May	Crawford	Lady	41:05	Helm Hill	
122	262	Lindsay	Harrod	LV50	41:19	Helm Hill	
123	93	Jill	Gates	LV50	42:29	Settle	
124	359	James	Gooding	Man	42:41		
125	408	Heidi	Litrizza-Ball	LV40	43:03		
126	424	Denis	Boyd-Carson	MV60	43:18		
127	155	Miriam	Rosen	LV60	44:00	Lancaster & Morecambe	
128	411	Cal	Pannone	LV40	45:36		
129	120	Philip	Kirkby	MV60	47:15	Coniston	
130	7	Anna	Stevens	LV40	48:36	Helm hill	
131	198	Richard	Handford	MV60	48:53	Settle	
132	2	Wendy	Smith	LV40	49:22	Helm Hill	
133	154	David	Rosen	MV60	53:20	Lancaster & Morecambe	
134	146	Martin	Askew	MU21	DNF	Helm Hill	

**Under 17 Race**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1133	Toby	Umpleby	Boy	16:15	Kendal AAC	1st Boy
2	1064	Daniel	Sanderson	Boy	16:31	Ambleside	2nd Boy
3	1189	Eric	Beaumont	Boy	17:57	KCAC	3rd Boy
4	1178	Matthew	Holroyd	Boy	18:05	Settle	
5	1029	Chloe	Rylance	Girl	18:28	Ambleside	1st Girl
6	1182	Brodie	Weymouth	Boy	19:16		
7	1261	Briony	Holt	Girl	19:59	Clayton le Moors	2nd Girl
8	1231	Oliver	Saxon	Boy	19:59	Eden Runners	
9	1087	Josh	Roelants	Boy	20:17	Helm Hill	
10	1154	Daniel	Harris	Boy	22:35	Helm Hill	
11	1074	Maia	Doherty	Girl	23:34	Helm Hill	3rd Girl
12	1120	Adam	Scott	Boy	24:08	Kendal	
13	1101	Annabelle	Taylor	Girl	27:05	Helm Hill	
14	1187	Jack	Hill	Boy	27:52		
15	1134	Emily	Crossley	Girl	28:56	Settle	

### Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1159	James	Bowen	Boy	09:46	Ambleside	1st Boy
2	1050	William	Hall	Boy	09:49	Calder Valley	2nd Boy
3	1225	Charlie	Allmond	Boy	09:51	Ambleside	3rd Boy
4	1212	James	Dufty	Boy	10:06	Calder Valley	
5	1227	Harry	Bowen	Boy	10:06	Ambleside	
6	1054	Alex	Tallon	Boy	10:37	Helm Hill	
7	1037	Ben	Smith	Boy	10:57	Kendal AAC	
8	1180	Sonny	Ashton-Fitch	Boy	11:00	Settle	
9	1179	Jack	Villiers	Boy	11:22	Barlick Fell Runners	
10	1003	Henry	Hunter	Boy	11:24	Helm Hill	
11	1030	Sophie	Rylance	Girl	12:06	Ambleside	1st Girl
12	1045	Dylan	Cater	Boy	12:14	Helm Hill	
13	1028	Holly	Dobson	Girl	13:24	Ambleside	2nd Girl
14	1230	Barney	Pannone	Boy	14:06	Eden	
15	1076	Zach	Doherty	Boy	14:26	Dallam	
16	1040	John	Bardsley	Boy	15:14	Unattached	
17	1084	Jack	Collett	Boy	15:20	Lancaster & Morecambe	
18	1051	Finley	Grisedale	Boy	17:21	Helm Hill	
19	1121	Benjamin	Grundy	Boy	25:15	Wharfedale	
20	1104	Jacob	Saunders	Boy	25:24		

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1025	Rowan	Ashworth	Boy	05:10	Ambleside	1st Boy
2	1141	Alex	Graham	Boy	05:21	Ambleside	2nd Boy
3	1063	Patrick	Casey	Boy	05:30	Calder Valley	3rd Boy
4	1164	Harry	Ewbank	Boy	05:35	Eden	
5	1198	Evie	Taylor	Girl	05:54	Rossendale	1st Girl
6	1027	Tom	Ashworth	Boy	05:57	Ambleside	
7	1001	Joseph	Rigby	Boy	05:59	Helm Hill	
8	1082	Jody	Middleton	Boy	06:06	Howgill Harriers	
9	1210	Ben	Almond	Boy	06:35	Ambleside	
10	1056	Elise	Tallon	Girl	06:37	Helm Hill	2nd Girl
11	1089	Callum	Osborne	Boy	06:38	Trawden	
12	1199	Oliver	Ball	Boy	06:39	Lancaster & Morecambe	
13	1229	Amelie	Lane	Girl	06:41	Wharfedale	3rd Girl
14	1022	Jamie	Graham	Boy	06:41	Ambleside	
15	1148	Jack	Sanderson	Boy	06:43	Settle	
16	1062	Bethan	Saunders	Girl	06:46	Leven Valley	
17	1123	Isaac	Robinson	Boy	06:53	Howgill Harriers	
18	1077	Vicky	Woolf	Girl	07:00	Howgill Harriers	
19	1217	Oliver	Oldham	Boy	07:01	Hoad Hill Harriers	
20	1091	Ella	Martindale	Girl	07:08	Helm Hill	
21	1052	Harvey	Shaw	Boy	07:14	Ambleside	
22	1228	Andrew	Mitchell	Boy	07:21	Howgill Harriers	
23	1057	Toby	Acland	Boy	07:26	Helm Hill	
24	1095	Thomas	Hearn	Boy	07:27	Helm Hill	
25	1078	Toby	Harper	Boy	07:37	Ambleside	
26	1103	Joel	Saunders	Boy	07:39	Helm Hill	
27	1153	Finlay	Aitken	Boy	07:53	Helm Hill	
28	1066	Ewan	Black	Boy	07:59	Helm Hill	
29	1235	Jem	Cropper	Boy	08:00	Helm Hill	
30	1114	Will	Brayshaw	Boy	08:05	Helm Hill	
31	1136	Beau	Walkingshaw	Girl	08:09	Eden	
32	1233	Garth	Duffy	Boy	08:17	Barlick Fell Runners	
33	1137	Esme	Walkingshaw	Girl	08:21	Eden	
34	1093	Charlotte	Peart	Girl	08:35	Settle	
35	1118	Connie-May	Scott	Girl	08:43	Kendal	
36	1092	Madeleine	Martindale	Girl	08:48		
37	1232	Lucille	Pickles	Girl	08:49	Barlick Fell Runners	
38	1222	Louis	Hollingham	Boy	08:49	Helm Hill	
39	1012	Emily	Peart	Girl	08:50	Lancaster & Morecambe	
40	1105	Sophie	Goodall	Girl	08:53		
41	1172	Arran	Goodall	Boy	08:54		
42	1070	Seren	Green	Girl	08:55	Ambleside	
43	1125	Theo	Robinson	Boy	09:00	Howgill Harriers	
44	1094	Sophie	Hearn	Girl	09:30		
45	1200	Harry	Ball	Boy	09:39	Lancaster & Morecambe	
46	1236	Jody	Whitfield	Girl	09:42	Barlick Fell Runners	
47	1234	Ciara	Duffy	Girl	09:43	Barlick Fell Runners	
48	1075	Katie	Lewis	Girl	09:47	Howgill Harriers	
49	1096	Alicia	Crawford	Girl	09:53	Helm Hill	
50	1102	Ava	Saunders	Girl	11:06		
51	1237	Zach	Thomas	Boy	12:47		

# Barbondale 2018 Category Results

## ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	59	Joshua	Jardine	Man	21:56	Helm Hill	1st Man
2	244	Adam	Perry	Man	21:59	Helm Hill	2nd Man
3	51	Tom	Addison	Man	22:13	Helm Hill	3rd Man
4	4	Michael	Ainsworth	Man	22:17	Helm Hill	
5	416	Jack	Eyre	Man	23:10	Eden Runners	
6	368	Harry	Shuell	Man	23:26	Ambleside	
7	280	Harvey	Lord	Man	23:33	Black Combe	
8	1152	Benjamin	Forrest	MU21	23:35	Rosendale	1st MU21
9	270	Paul	Aitken	Man	23:37	Helm Hill	
10	29	Jon	Rylance	MV40	23:40	Ambleside	1st MV40
11	185	Jacob	Aubrey	MU21	23:56	Helm Hill	
12	310	Robert	Askew	MU21	24:00	Helm Hill	
13	417	James	Harris	Man	24:06	Black Combe	
14	248	Tim	Cowin	MV40	24:14	Helm Hill	
15	418	Andrew	Livingstone	Man	24:36	Annan & District	
16	196	Doug	Love	Man	24:39	Bowland	
17	414	Simon	Mounsey	MV40	25:03	Howgill Harriers	
18	361	George	Attwood	MU21	25:07	Dallam	
19	73	Rod	Scott	MV40	25:11		
20	87	Scott	Umpleby	MV50	25:12	Kendal AAC	1st MV50
21	99	Phil	Mather	Man	25:13	Lonsdale	
22	423	Phil	Winskill	MV40	25:15	Keswick AC	
23	426	James	Stokes	Man	25:18		
24	253	Jack	Simpson	Man	25:30	Helm Hill	
25	30	Brian	Pennington	MV40	25:49	Howgill Harriers	
26	297	Darren	Fishwick	MV40	26:21	Chorley	
27	422	Oliver	Waters	MV40	26:32	Helm Hill	
28	77	Rob	Crawford	MV40	26:32	Howgill Harriers	
29	342	Andrew	Holt	MV40	26:35	Clayton le Moors	
30	379	Ben	Oldham	MV40	26:37	Hoad Hill Harriers	
31	136	Declan	Bulmer	Man	26:38	Wharfedale	
32	61	Wayne	Dunn	Man	26:39	Settle	
33	95	Jonathon	Lowther	Man	26:48	Helm Hill	
34	433	Jacob	Snochowski	Man	26:53	Ambleside	
35	412	Jethro	Whitfield	Man	26:53		
36	104	Alan	Smaly	MV60	27:05	Blackpool	1st MV60
37	45	James	Baron	MV50	27:08	Helm Hill	
38	419	Chris	Jackson	Man	27:28	Pennine	
39	53	Steven	Middleton	MV40	27:43	Howgill Harriers	
40	183	Ben	Whitham	Man	27:58		
41	69	Sam	Thom	MU21	28:00	KCAC	
42	429	Paul	Scully	MV40	28:07	Helm Hill	
43	217	Robert	Moffat	Man	28:07	Howgill Harriers	
44	84	Tom	Smith	MV50	28:12	Bowland	
45	25	Tom	Matthew	MV40	28:15	Bowland	
46	308	Stephen	Nicholls	Man	28:20	Wigan & District	
47	71	Sean	Robinson	Man	28:20	Howgill Harriers	
48	428	Pete	Marston	MV40	28:26	Helm Hill	
49	98	Rowan	Wood	Man	28:32	Lonsdale	
50	234	Justin	Evans	Man	28:34	Helm Hill	
51	263	Tim	Pickering	Man	28:38	Helm Hill	
52	127	John	Rainford	MV50	28:41	Preston Harriers	
53	336	John	Osborne	MV50	28:49	Settle	
54	50	Rob	Harper	MV40	29:05	Ambleside	
55	174	Alistair	Hearn	MV40	29:05	Helm Hill	
56	35	Craig	Peart	Man	29:06	Lancaster & Morecambe	
57	362	Mark	Cropper	MV40	29:18	Helm Hill	
58	299	Karl	Robb	Man	29:23		

59	314	Ray	Gill	MV50	29:54	Dallam	
60	300	Andy	Bennett	MV40	30:04	Helm Hill	
61	184	Roger	Aubrey	MV50	30:37	Helm Hill	
62	1190	Ben	Kirkman	MU21	30:46	Rossendale	
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76	44	Sam	Gibbs	MV40	33:46	Helm Hill	
77	40	Jonny	Grisedale	MV40	34:52	Helm Hill	
78	431	John	Leech	MV50	34:58	Dallam	
79	242	Richard	Simpson	MV60	35:02	Dallam	
80	103	John	Taylor	MV60	35:45	Bowland	
81	119	Mark	Charnley	MV40	35:47	Settle	
82	396	Jim	Fisher	MV50	36:19	Howgill Harriers	
83	410	Mark	Pannone	MV40	36:21		
84	70	Tim	Thom	MV50	37:39	KCAC	
85	173	Michael	McLoughlin	MV60	38:03	Preston Harriers	
86	132	Robin	Haywood	MV40	38:46	Howgill Harriers	
87	6	David	Barnes	MV60	38:49	Horwich	
88	246	John	Hodgson	MV70	38:56	Dallam	1st MV70
89	82	Graham	Breeze	MV70	39:39	Wharfedale	
90	133	Gareth	Bradburn-Sims	MV40	39:50	Howgill Harriers	
91	273	Trevor	Metcalfe	MV60	40:04	Wharfedale	
92	125	Mark	Birbeck	MV50	41:02	Achille Ratti	
93	359	James	Gooding	Man	42:41		
94	424	Denis	Boyd-Carson	MV60	43:18		
95	120	Philip	Kirkby	MV60	47:15	Coniston	
96	198	Richard	Handford	MV60	48:53	Settle	
97	154	David	Rosen	MV60	53:20	Lancaster & Morecambe	
DNF	146	Martin	Askew	MU21	DNF	Helm Hill	



**MEN**

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1	59	Joshua	Jardine	Man	21:56	Helm Hill	1st Man
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28	308	Stephen	Nicholls	Man	28:20	Wigan & District	
29	71	Sean	Robinson	Man	28:20	Howgill Harriers	
30	98	Rowan	Wood	Man	28:32	Lonsdale	
31	234	Justin	Evans	Man	28:34	Helm Hill	
32	263	Tim	Pickering	Man	28:38	Helm Hill	
33	35	Craig	Peart	Man	29:06	Lancaster & Morecambe	
34	299	Karl	Robb	Man	29:23		
35	1190	Ben	Kirkman	MU21	30:46	Rosendale	
36	86	Joey	Umpleby	MU21	31:01	Kendal AAC	
37	1138	David	Goadby	Man	31:30	Helm Hill	
38	427	Gordon	Conway	Man	33:44	Knutsford Tri	
39	1209	Thomas	Ward	MU21	33:45	Helm Hill	
40	359	James	Gooding	Man	42:41		
DNF	146	Martin	Askew	MU21	DNF	Helm Hill	

**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1152	Benjamin	Forrest	MU21	23:35	Rosendale	1st MU21
2	185	Jacob	Aubrey	MU21	23:56	Helm Hill	
3	310	Robert	Askew	MU21	24:00	Helm Hill	
4	361	George	Attwood	MU21	25:07	Dallam	
5	69	Sam	Thom	MU21	28:00	KCAC	
6	1190	Ben	Kirkman	MU21	30:46	Rosendale	
7	86	Joey	Umpleby	MU21	31:01	Kendal AAC	
8	1209	Thomas	Ward	MU21	33:45	Helm Hill	
DNF	146	Martin	Askew	MU21	DNF	Helm Hill	

**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	23:40	Ambleside	1st MV40
2	248	Tim	Cowin	MV40	24:14	Helm Hill	
3	414	Simon	Mounsey	MV40	25:03	Howgill Harriers	
4	73	Rod	Scott	MV40	25:11		
5	423	Phil	Winskill	MV40	25:15	Keswick AC	
6	30	Brian	Pennington	MV40	25:49	Howgill Harriers	
7	297	Darren	Fishwick	MV40	26:21	Chorley	
8	422	Oliver	Waters	MV40	26:32	Helm Hill	
9	77	Rob	Crawford	MV40	26:32	Howgill Harriers	
10	342	Andrew	Holt	MV40	26:35	Clayton le Moors	
11	379	Ben	Oldham	MV40	26:37	Hoad Hill Harriers	
12	53	Steven	Middleton	MV40	27:43	Howgill Harriers	
13	429	Paul	Scully	MV40	28:07	Helm Hill	
14	25	Tom	Matthew	MV40	28:15	Bowland	
15	428	Pete	Marston	MV40	28:26	Helm Hill	
16	50	Rob	Harper	MV40	29:05	Ambleside	
17	174	Alistair	Hearn	MV40	29:05	Helm Hill	
18	362	Mark	Cropper	MV40	29:18	Helm Hill	
19	300	Andy	Bennett	MV40	30:04	Helm Hill	
20	128	James	Coulthard	MV40	31:06	Howgill Harriers	
21	44	Sam	Gibbs	MV40	33:46	Helm Hill	
22	40	Jonny	Grisedale	MV40	34:52	Helm Hill	
23	119	Mark	Charnley	MV40	35:47	Settle	
24	410	Mark	Pannone	MV40	36:21		
25	132	Robin	Haywood	MV40	38:46	Howgill Harriers	
26	133	Gareth	Bradburn-Sims	MV40	39:50	Howgill Harriers	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	87	Scott	Umpleby	MV50	25:12	Kendal AAC	1st MV50
2	45	James	Baron	MV50	27:08	Helm Hill	
3	84	Tom	Smith	MV50	28:12	Bowland	
4	127	John	Rainford	MV50	28:41	Preston Harriers	
5	336	John	Osborne	MV50	28:49	Settle	
6	314	Ray	Gill	MV50	29:54	Dallam	
7	184	Roger	Aubrey	MV50	30:37	Helm Hill	
8	142	Michael	Toman	MV50	30:56	Rossendale	
9	12	Tim	Murray	MV50	31:02	Helm Hill	
10	391	Richard	Wilkinson	MV50	31:10	Long Eaton	
11	62	David	Appleyard	MV50	31:33	Helm Hill	
12	85	Ian	Hutchinson	MV50	31:47	Bowland Fell Runners	
13	364	Brian	Kennedy	MV50	31:52	Settle	
14	343	Mick	Kirkman	MV50	33:38	Rossendale	
15	431	John	Leech	MV50	34:58	Dallam	
16	396	Jim	Fisher	MV50	36:19	Howgill Harriers	
17	70	Tim	Thom	MV50	37:39	KCAC	
18	125	Mark	Birbeck	MV50	41:02	Achille Ratti	

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	104	Alan	Smaly	MV60	27:05	Blackpool	1st MV60
2	415	Chris	Roberts	MV60	32:44	Black Combe	
3	242	Richard	Simpson	MV60	35:02	Dallam	
4	103	John	Taylor	MV60	35:45	Bowland	
5	173	Michael	McLoughlin	MV60	38:03	Preston Harriers	
6	6	David	Barnes	MV60	38:49	Horwich	
7	273	Trevor	Metcalf	MV60	40:04	Wharfedale	
8	424	Denis	Boyd-Carson	MV60	43:18		
9	120	Philip	Kirkby	MV60	47:15	Coniston	
10	198	Richard	Handford	MV60	48:53	Settle	
11	154	David	Rosen	MV60	53:20	Lancaster & Morecambe	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	246	John	Hodgson	MV70	38:56	Dallam	1st MV70
2	82	Graham	Breeze	MV70	39:39	Wharfedale	

**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	26:03	Helm Hill	1st Lady/1st LU21
2	252	Rachel	Simpson	Lady	28:44	Helm hill	2nd Lady
3	430	Jenny	Rice	Lady	29:08	Helm Hill	3rd Lady
4	413	Catherine	Niblock	Lady	29:11	Helm Hill	
5	409	Eve	Pannone	LU21	30:08	Eden	
6	17	Ali	Richards	LV40	31:37	Helm Hill	1st LV40
7	353	Jo	Wilcox	LV50	31:55	Helm Hill	1st LV50
8	261	Emma	Johnston	Lady	32:03	Helm Hill	
9	421	Keeley	Smith	Lady	32:36	Helm Hill	
10	420	Cathy	Gill	Lady	32:53	Tunbridge Wells Harriers	
11	8	Jayne	Rigby	LV40	33:12	Helm Hill	
12	179	Wendy	Dodds	LV60	33:13	Clayton Le Moors Harriers	1st LV60
13	64	Kate	Brayshaw	LV40	34:14	Helm Hill	
14	432	Charlotte	Seward	Lady	34:46		
15	102	Jo	Taylor	LV50	35:00	Bowland	
16	28	Niki	Rylance	LV40	35:32	Ambleside	
17	306	Caroline	Holden	LV50	35:51	Helm Hill	
18	264	Anne Marie	Swallow	LV40	35:51		
19	121	Gill	Ramsay	LV50	35:52	Helm Hill	
20	118	Katy	Thompson	LV60	36:23	Clayton le Moors	
21	33	Leah	Albion	LU21	37:20	Broughton	
22	37	Jo	Cater	Lady	37:45	Helm Hill	
23	158	Paula	Bowen	LV40	37:48	Ambleside	
24	285	Vicky	Atkinson	LV40	37:49	Helm Hill	
25	334	Elizabeth	Adams	LV40	38:18	Helm Hill	
26	385	Olga	Wiggins	Lady	39:02	Preston Harriers	
27	245	Patty	Davies	LV50	40:33	Helm Hill	
28	434	Sabina	Sojka	Lady	41:05	Ambleside	
29	3	May	Crawford	Lady	41:05	Helm Hill	
30	262	Lindsay	Harrod	LV50	41:19	Helm Hill	
31	93	Jill	Gates	LV50	42:29	Settle	
32	408	Heidi	Litrezza-Ball	LV40	43:03		
33	155	Miriam	Rosen	LV60	44:00	Lancaster & Morecambe	
34	411	Cal	Pannone	LV40	45:36		
35	7	Anna	Stevens	LV40	48:36	Helm hill	
36	2	Wendy	Smith	LV40	49:22	Helm Hill	

**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	26:03	Helm Hill	1st Lady/1st LU21
2	252	Rachel	Simpson	Lady	28:44	Helm hill	2nd Lady
3	430	Jenny	Rice	Lady	29:08	Helm Hill	3rd Lady
4	413	Catherine	Niblock	Lady	29:11	Helm Hill	
5	409	Eve	Pannone	LU21	30:08	Eden	
6	261	Emma	Johnston	Lady	32:03	Helm Hill	
7	421	Keeley	Smith	Lady	32:36	Helm Hill	
8	420	Cathy	Gill	Lady	32:53	Tunbridge Wells Harriers	
9	432	Charlotte	Seward	Lady	34:46		
10	33	Leah	Albion	LU21	37:20	Broughton	
11	37	Jo	Cater	Lady	37:45	Helm Hill	
12	385	Olga	Wiggins	Lady	39:02	Preston Harriers	
13	434	Sabina	Sojka	Lady	41:05	Ambleside	
14	3	May	Crawford	Lady	41:05	Helm Hill	



**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	26:03	Helm Hill	1st Lady/1st LU21
2	409	Eve	Pannone	LU21	30:08	Eden	
3	33	Leah	Albion	LU21	37:20	Broughton	

**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ali	Richards	LV40	31:37	Helm Hill	1st LV40
2	8	Jayne	Rigby	LV40	33:12	Helm Hill	
3	64	Kate	Brayshaw	LV40	34:14	Helm Hill	
4	28	Niki	Rylance	LV40	35:32	Ambleside	
5	264	Anne Marie	Swallow	LV40	35:51		
6	158	Paula	Bowen	LV40	37:48	Ambleside	
7	285	Vicky	Atkinson	LV40	37:49	Helm Hill	
8	334	Elizabeth	Adams	LV40	38:18	Helm Hill	
9	408	Heidi	Litrezza-Ball	LV40	43:03		
10	411	Cal	Pannone	LV40	45:36		
11	7	Anna	Stevens	LV40	48:36	Helm hill	
12	2	Wendy	Smith	LV40	49:22	Helm Hill	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	353	Jo	Wilcox	LV50	31:55	Helm Hill	1st LV50
2	102	Jo	Taylor	LV50	35:00	Bowland	
3	306	Caroline	Holden	LV50	35:51	Helm Hill	
4	121	Gill	Ramsay	LV50	35:52	Helm Hill	
5	245	Patty	Davies	LV50	40:33	Helm Hill	
6	262	Lindsay	Harrod	LV50	41:19	Helm Hill	
7	93	Jill	Gates	LV50	42:29	Settle	

**LADIES - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	179	Wendy	Dodds	LV60	33:13	Clayton Le Moors Harriers	1st LV60
2	118	Katy	Thompson	LV60	36:23	Clayton le Moors	
3	155	Miriam	Rosen	LV60	44:00	Lancaster & Morecambe	

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1133	Toby	Umpleby	Boy	16:15	Kendal AAC	1st Boy
2	1064	Daniel	Sanderson	Boy	16:31	Ambleside	2nd Boy
3	1189	Eric	Beaumont	Boy	17:57	KCAC	3rd Boy
4	1178	Matthew	Holroyd	Boy	18:05	Settle	
5	1182	Brodie	Weymouth	Boy	19:16		
6	1231	Oliver	Saxon	Boy	19:59	Eden Runners	
7	1087	Josh	Roelants	Boy	20:17	Helm Hill	
8	1154	Daniel	Harris	Boy	22:35	Helm Hill	
9	1120	Adam	Scott	Boy	24:08	Kendal	
10	1187	Jack	Hill	Boy	27:52		

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1029	Chloe	Rylance	Girl	18:28	Ambleside	1st Girl
2	1261	Briony	Holt	Girl	19:59	Clayton le Moors	2nd Girl
3	1074	Maia	Doherty	Girl	23:34	Helm Hill	3rd Girl
4	1101	Annabelle	Taylor	Girl	27:05	Helm Hill	
5	1134	Emily	Crossley	Girl	28:56	Settle	

**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1159	James	Bowen	Boy	09:46	Ambleside	1st Boy
2	1050	William	Hall	Boy	09:49	Calder Valley	2nd Boy
3	1225	Charlie	Allmond	Boy	09:51	Ambleside	3rd Boy
4	1212	James	Dufty	Boy	10:06	Calder Valley	
5	1227	Harry	Bowen	Boy	10:06	Ambleside	
6	1054	Alex	Tallon	Boy	10:37	Helm Hill	
7	1037	Ben	Smith	Boy	10:57	Kendal AAC	
8	1180	Sonny	Ashton-Fitch	Boy	11:00	Settle	
9	1179	Jack	Villiers	Boy	11:22	Barlick Fell Runners	
10	1003	Henry	Hunter	Boy	11:24	Helm Hill	
11	1045	Dylan	Cater	Boy	12:14	Helm Hill	
12	1230	Barney	Pannone	Boy	14:06	Eden	
13	1076	Zach	Doherty	Boy	14:26	Dallam	
14	1040	John	Bardsley	Boy	15:14	Unattached	
15	1084	Jack	Collett	Boy	15:20	Lancaster & Morecambe	
16	1051	Finley	Grisedale	Boy	17:21	Helm Hill	
17	1121	Benjamin	Grundy	Boy	25:15	Wharfedale	
18	1104	Jacob	Saunders	Boy	25:24		

**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1030	Sophie	Rylance	Girl	12:06	Ambleside	1st Girl
2	1028	Holly	Dobson	Girl	13:24	Ambleside	2nd Girl



**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1025	Rowan	Ashworth	Boy	05:10	Ambleside	1st Boy
2	1141	Alex	Graham	Boy	05:21	Ambleside	2nd Boy
3	1063	Patrick	Casey	Boy	05:30	Calder Valley	3rd Boy
4	1164	Harry	Ewbank	Boy	05:35	Eden	
5	1027	Tom	Ashworth	Boy	05:57	Ambleside	
6	1001	Joseph	Rigby	Boy	05:59	Helm Hill	
7	1082	Jody	Middleton	Boy	06:06	Howgill Harriers	
8	1210	Ben	Almond	Boy	06:35	Ambleside	
9	1089	Callum	Osborne	Boy	06:38	Trawden	
10	1199	Oliver	Ball	Boy	06:39	Lancaster & Morecambe	
11	1022	Jamie	Graham	Boy	06:41	Ambleside	
12	1148	Jack	Sanderson	Boy	06:43	Settle	
13	1123	Isaac	Robinson	Boy	06:53	Howgill Harriers	
14	1217	Oliver	Oldham	Boy	07:01	Hoad Hill Harriers	
15	1052	Harvey	Shaw	Boy	07:14	Ambleside	
16	1228	Andrew	Mitchell	Boy	07:21	Howgill Harriers	
17	1057	Toby	Acland	Boy	07:26	Helm Hill	
18	1095	Thomas	Hearn	Boy	07:27	Helm Hill	
19	1078	Toby	Harper	Boy	07:37	Ambleside	
20	1103	Joel	Saunders	Boy	07:39	Helm Hill	
21	1153	Finlay	Aitken	Boy	07:53	Helm Hill	
22	1066	Ewan	Black	Boy	07:59	Helm Hill	
23	1235	Jem	Cropper	Boy	08:00	Helm Hill	
24	1114	Will	Brayshaw	Boy	08:05	Helm Hill	
25	1233	Garth	Duffy	Boy	08:17	Barlick Fell Runners	
26	1222	Louis	Hollingham	Boy	08:49	Helm Hill	
27	1172	Arran	Goodall	Boy	08:54		
28	1125	Theo	Robinson	Boy	09:00	Howgill Harriers	
29	1200	Harry	Ball	Boy	09:39	Lancaster & Morecambe	
30	1237	Zach	Thomas	Boy	12:47		

**UNDER 13 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1198	Evie	Taylor	Girl	05:54	Rossendale	1st Girl
2	1056	Elise	Tallon	Girl	06:37	Helm Hill	2nd Girl
3	1229	Amelie	Lane	Girl	06:41	Wharfedale	3rd Girl
4	1062	Bethan	Saunders	Girl	06:46	Leven Valley	
5	1077	Vicky	Woof	Girl	07:00	Howgill Harriers	
6	1091	Ella	Martindale	Girl	07:08	Helm Hill	
7	1136	Beau	Walkingshaw	Girl	08:09	Eden	
8	1137	Esme	Walkingshaw	Girl	08:21	Eden	
9	1093	Charlotte	Peart	Girl	08:35	Settle	
10	1118	Connie-May	Scott	Girl	08:43	Kendal	
11	1092	Madeleine	Martindale	Girl	08:48		
12	1232	Lucille	Pickles	Girl	08:49	Barlick Fell Runners	
13	1012	Emily	Peart	Girl	08:50	Lancaster & Morecambe	
14	1105	Sophie	Goodall	Girl	08:53		
15	1070	Seren	Green	Girl	08:55	Ambleside	
16	1094	Sophie	Hearn	Girl	09:30		
17	1236	Jody	Whitfield	Girl	09:42	Barlick Fell Runners	
18	1234	Ciara	Duffy	Girl	09:43	Barlick Fell Runners	
19	1075	Katie	Lowis	Girl	09:47	Howgill Harriers	
20	1096	Alicia	Crawford	Girl	09:53	Helm Hill	
21	1102	Ava	Saunders	Girl	11:06		