



Supported by Different Strokes

Scout Scar - Results 3 January 2016

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
10	613	Charlie	Lowther	Man	31:22	Eden Runners	
11	702	Bruce	Duncan	Man	31:31	Helm Hill	
12	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
13	562	Will	Sisson	Man	31:43	Kendal	
14	656	Michael	Greaves	Man	31:45	Helm Hill	
15	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
16	634	Lee	Parrington	Man	32:05	Barlick	
17	604	Derek	Hurton	MV40	32:06	Eden Runners	
18	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
19	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
20	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
21	580	Matthew	Senior	Man	32:25	Helm Hill	
22	594	Ryan	Everett	Man	32:30	Barrow Strider	
23	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
24	542	Ian	Willis	MV40	32:34	Kendal	
25	596	Mark	Benson	Man	32:36	UA	
26	721	David	Cope	Man	32:37	Howgill Harrier	
27	571	Andrew	Slattery	MV40	32:41	Keswick	
28	731	Rick	Stuart	MV50	32:49	Helm Hill	
29	641	Jim	Andrews	MV50	33:00	Coniston	
30	599	Samuel	Russell	Man	33:16	Amble	
31	504	Craig	Burrows	MV40	33:19	Helm Hill	
32	682	Paul	Singleton	MV40	33:22	Amble	
33	693	Fraser	Davies	Man	33:24	UA	
34	669	Paul	MacFarlane	Man	33:25	Helm Hill	
35	530	James	Graham	MV40	33:30	UA	
36	698	Johnny	Marchant	MV40	33:31	Helm Hill	
37	687	Ben	Jackson	Man	33:33	UA	
38	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
39	545	Jacob	Dyer	MV40	33:42	Helm Hill	
40	637	James	Gray	Man	33:43	UA	
41	600	Tom	Hartley	Man	33:46	Kendal	
42	611	David	Goadby	Man	33:52	Helm Hill	
43	655	James	Edwards	MV40	34:06	Lonsdale	
44	652	Andy	Thompson	Man	34:08	Helm Hill	
45	573	Anthony	Bowness	MV40	34:11	Kendal	
46	700	Tim	Roe	Man	34:13	Helm Hill	
47	528	Mark	Harris	MV40	34:16	Helm Hill	
48	541	Scott	Umpleby	MV50	34:17	Kendal	
49	644	Mike	Gilpin	Man	34:19	Helm Hill	
50	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
51	560	Luke	Appleyard	Man	34:49	Wharfedale	
52	710	Darren	Little	Man	34:49	Kendal Tri	
53	681	Mike	Berners-Lee	MV50	35:00	UA	

54	711	Jonathan	Boadle	Man	35:00	UA	
55	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
56	708	Joss	Addison	Man	35:03	UA	
57	538	Tom	Harkes	Man	35:10	Dallam	
58	626	Russell	Owen	MV50	35:12	Eryri	
59	579	Andrea	Tridimas	Lady	35:14	UA	
60	612	John	Rainford	MV50	35:18	Preston	
61	694	Ian	Harrington	MV40	35:19	Helm Hill	
62	639	James	Barron	MV40	35:21	Helm Hill	
63	564	Steven	Procter	Man	35:26	Settle	
64	509	John	Armistead	Man	35:41	Helm Hill	
65	588	Robert	Crawford	MV40	35:43	Coniston	
66	565	Peter	German	Man	35:47	Helm Hill	
67	514	Pete	Marston	MV40	35:49	Helm Hill	
68	685	Jo	Scott	LV40	35:53	Helm Hill	1st LV40
69	643	Stuart	Allan	MV40	35:55	Helm Hill	
70	569	David	Houlsworth	MV50	36:03	UA	
71	689	Andrew	Hebson	Man	36:10	UA	
72	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
73	527	Sean	Robinson	Man	36:24	Howgill Harrier	
74	512	Mark	Mason	MV40	36:33	Kendal	
75	606	Paul	Lambert	MV50	36:42	Wharfedale	
76	676	Peter	Lawson	Man	36:44	UA	
77	561	George	Arbuckle	MV40	36:46	Amphill	
78	563	Adam	Procter	Man	36:50	Settle	
79	553	Gary	Thorpe	MV50	36:54	Ambleside	
80	646	Dave	Wilkinson	MV50	36:55	Kendal	
81	507	Shaun	Addison	MV50	36:59	Helm Hill	
82	661	Rosie	Watson	Lady	37:04	Doss AC	
83	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
84	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
85	577	Debs	Greaves	LV40	37:19	Howgill Harrier	
86	607	David	Griffin	MV50	37:20	Dallam	
87	666	Catherine	Niblock	Lady	37:25	Helm Hill	
88	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
89	582	Paul	Senior	MV40	37:29	Helm Hill	
90	503	Ali	Richards	LV40	37:36	Helm Hill	
91	546	Richard	Wells	MV40	37:41	UA	
92	595	Mat	Crawford	Man	37:53	Coniston	
93	654	Wilfred	Bell	MV60	37:57	UA	
94	574	Gary	Jackson	Man	37:59	Eden Runners	
95	683	John	Robson	MV50	38:02	Helm Hill	
96	518	Carol	Evans	LV50	38:05	Settle	1st LV50
97	627	Richard	Duckett	Man	38:09	UA	
98	524	Stephen	Roberts	MV40	38:19	Kendal	
99	583	Michael	Toman	MV50	38:20	Rossendale	
100	680	Simon	Milligan	MV50	38:23	Helm Hill	
101	592	William	Coupe	MV50	38:24	Helm Hill	
102	522	Chris	Schofield	MV50	38:26	Helm Hill	
103	608	Carlos	Sanchez	Man	38:27	UA	
104	567	Roger	Aubrey	MV50	38:37	Helm Hill	
105	551	Paul	Jackson	MV40	38:38	Helm Hill	
106	519	Owen	Mills	MV40	38:47	Keighley and Craven	
107	695	Paul	Davison	Man	39:05	Howgill Harrier	
108	672	Stephen	Moor	MV50	39:12	Settle	
109	660	Emily	Simpson	Lady	39:15	UA	
110	537	Debbie	Copley	LV50	39:17	Dallam	
111	539	Peter	Singleton	MV50	39:19	Blackpool	
112	645	Carrie	Gibson	LV40	39:21	Helm Hill	
113	679	Patrick	Willink	MV50	39:33	Helm Hill	
114	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
115	665	Richard	Knight	Man	39:41	Kendal	

116	674	Stuart	McGurk	MV50	39:50	Kendal	
117	696	Caroline	Holmes	Lady	39:55	Helm Hill	
118	724	Steph	Jones	Lady	39:57	Ambleside	
119	505	Tim	Murray	MV50	39:58	Helm Hill	
120	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
121	640	Michael	Duncan	Man	40:02	UA	
122	709	Matt	Davis	Man	40:12	Howgill Harrier	
123	506	Caroline	Holden	LV40	40:21	Helm Hill	
124	720	Sean	Gibson	Man	40:30	UA	
125	554	Duncan	Copley	MV40	40:32	Dallam	
126	619	Grace	Leedham	LV40	40:34	Dallam	
127	508	Jo	Wilcox	LV40	40:39	Helm Hill	
128	677	Gary	Lane	MV40	40:51	Coniston	
129	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
130	572	Andy	Bennett	MV40	40:58	Helm Hill	
131	713	Mike	Woodbridge	MV40	40:59	Dallam	
132	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
133	678		Lobb	MV40	41:10	Coniston	
134	558	Chloe	Routledge	Lady	41:20	Ambleside	
135	690	Allan	Miller	MV50	41:24	Kendal	
136	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
137	610	Stephen	Taylor	MV50	41:33	Preston	
138	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
139	667	Ben	Waller	Man	41:42	Helm Hill	
140	691	Brian	Thompson	MV60	41:46	Helm Hill	
141	628	Mark	Charnley	MV40	41:48	Settle	
142	624	Cliff	Etherden	MV60	41:58	LOC	
143	609	Sharron	Lewis	LV40	41:59	UA	
144	626	Russell	Owen	MV50	42:09	Eryri	
145	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
146	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
147	547	Mike	Troup	MV60	42:16	Ambleside	
148	650	Wendy	Matier	LV40	42:28	Eden Runners	
149	722	Will	Buckton	Man	42:30	Settle	
150	614	Michael	McLoughlin	MV60	42:46	Preston	
151	555	Ann-Marie	Swallow	LV40	42:46	UA	
152	525	Angela	Davies	Lady	42:47	Keswick	
153	576	Andy	Dickson	MV50	42:50	Coniston	
154	502	Amanda	Burrows	LV40	42:54	Helm Hill	
155	520	Eleanor	Knowles	LV40	43:02	Ambleside	
156	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
157	648	John	Taylor	MV60	43:12	Bowland	
158	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
159	532	Jayne	Rigby	LV40	43:21	Helm Hill	
160	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
161	684	Marie	Robson	LV40	43:28	Helm Hill	
162	670	Sarah	Thompson	Lady	43:30	Dallam	
163	733	Annie	Carrington	LV50	43:33	Settle	
164	511	Dave	Appleyard	MV50	43:40	Helm Hill	
165	533	Sarah	Folks	LV40	43:43	UA	
166	647	John	Armstrong	MV60	43:47	Rochdale	
167	697	Caroline	Wade	Lady	44:02	Helm Hill	
168	556	Russell	Cannon	MV50	44:07	Helm Hill	
169	699	Mike	Hind	MV60	44:24	Borrowdale	
170	717	Jack	Taylor	Man	44:25	UA	
171	622	Nikki	Roberts	Lady	44:31	UA	
172	615	Tarren	Wolstencroft	Man	44:38	UA	
173	658	Samuel	Panter	Man	44:41	Coniston	
174	642	Daniel	Rayson	MV40	44:43	UA	
175	716	David	Mainwaring	MV50	44:46	UA	
176	728	Niall	Johnson	MV40	44:49	UA	
177	662	Graham	Watson	MV50	44:51	CFR	

178	730	Jill	Eccleston	LV40	44:55	Settle	
179	602	Gregory	Tagney	MV60	44:58	Dallam	
180	673	Victoria	Upton	Lady	45:01	Helm Hill	
181	549	Tim	Thom	MV40	45:13	Keighley and Craven	
182	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70
183	633	Richard	Alderson	MV50	45:28	ABFR	
184	664	Chris	Beesley	MV60	45:35	Settle	
185	515	Niki	Rylance	LV40	45:44	Ambleside	
186	692	Emma	Gill	LV40	45:47	Helm Hill	
187	536	Jan	Wulf	LV40	46:14	Settle	
188	601	John	Hodgson	MV60	46:17	Dallam	
189	701	Stephen	Fish	MV60	46:23	Clayton	
190	663	Debbie	Watson	LV50	46:33	West Cumberland	
191	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
192	657	Vicky	Kirkwood	LV40	46:54	Dallam	
193	531	Lorna	Askew	LV40	46:59	Helm Hill	
194	548	Andrew	Biddle	MV60	47:05	West Pennine	
195	559	Carolyn	Meschino	Lady	47:13	Ambleside	
196	727	Andrew	Shepherd	Man	47:14	UA	
197	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
198	593	Alice	Steele	Lady	47:24	Dallam	
199	649	Jo	Taylor	LV50	47:32	Bowland	
200	732	Mark	Cropper	MV40	47:38	Helm Hill	
201	688	Karen	Gates	LV50	47:40	Dallam	
202	631	G	Parrington	MV60	48:13	Lancaster and Morecambe	
203	581	Sarah	Senior	LV40	48:20	Helm Hill	
204	598	Selwyn	Wright	MV60	48:41	Amble	
205	529	Su	Thompson	LV40	48:47	Wharfedale	
206	535	Joanne	Wulf	LV40	48:51	Settle	
207	704	Ian	Peters	MV60	48:58	Hoad Hill Harriers	
208	651	Tracey	Apperley	LV40	49:06	Settle	
209	618	Penny	Attwood	LV50	49:12	Dallam	
210	591	Dave	Hewitt	MV50	50:50	Dallam	
211	568	Rebecca	Hodgson	Lady	50:55	UA	
212	638	Elizabeth	Adams	LV40	51:02	Helm Hill	
213	521	Paula	Bowen	LV40	51:13	Ambleside	
214	712	Elizabeth	Hindle	LV60	51:24	Dallam	
215	659	Tamar	Bobbett	Man	51:37	UA	
216	718	Lindsay	Harrod	LV40	51:48	Helm Hill	
217	719	Anthony	Dawson	Man	52:14	Fell Ponies	
218	714	Darren	Carradice	MV40	52:16	Dallam	
219	706	Isabel	Berry	Lady	52:34	UA	
220	501	Anna	Stevens	LV40	53:17	Helm Hill	
221	715	Sarah	Spalding	Lady	53:35	UA	
222	523	Peta	Rowand	LV40	53:47	Ambleside	
223	543	Caroline	Nussey	Lady	53:51	Dallam	
224	623	Phil	Kirby	MV60	54:30	Coniston	
225	513	Julie	Laverock	LV40	54:42	Salford Harriers	
226	590	Lorna	Hewitt	LV40	55:01	Dallam	
227	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
228	725	G	Remmington	Man	56:28	UA	
229	534	Jo	Matthew	LV40	58:45	UA	
230	686	Rebecca	Maidment	Lady	1:02:23	UA	
231	703	Christopher	Carlisle	Man	1:02:23	UA	
232	616	Gordon	Thompson	MV50	DNF	Preston	
233	570	Rachel	Slattery	LV40	DNF	Helm Hill	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	154	Elliott	Matier	Boy	17:03	Eden Runners	1st Boy
2	43	Luke	Bowen	Boy	17:07	Ambleside	2nd Boy
3	44	Oliver	Gajdowski	Boy	17:16	Ambleside	3rd Boy
4	13	Joe	Edmondson	Boy	17:18	Ambleside	
5	69	Thomas	Nelson	Boy	17:31	Wharfedale	
6	28	Scarlet	Dale	Girl	17:38	Lancaster and Morecambe	1st Girl
7	134	Reuben	Fox Copley	Boy	18:01	Dallam	
8	14	Tom	Marchant	Boy	18:26	Pendle	
9	153	Jack	Byrne	Boy	18:42	Helm Hill	
10	84	Martin	Askew	Boy	18:43	UA	
11	139	Jacob	Aubrey	Boy	18:57	Helm Hill	
12	140	George	Attwood	Boy	19:00	Dallam	
13	55	Will	Howard	Boy	19:16	Lancaster and Morecambe	
14	9	Jake	Wren	Boy	19:50	Helm Hill	
15	150	Michael	Dugdale	Boy	20:01	Helm Hill	
16	149	Connie	Hurton	Girl	20:08	Eden Runners	2nd Girl
17	53	Jake	Shuttleworth	Boy	20:16	Ambleside	
18	128	Jamie	Macleod	Boy	20:32	Dallam	
19	2	Imogen	Burrow	Girl	20:36	Helm Hill	3rd Girl
20	143	Lewis	Bowness	Boy	21:01	Helm Hill	
21	147	Jake	Cooper	Boy	21:21	Barrow Strider	
22	126	Sam	Thom	Boy	23:00	Keighley and Craven	
23	113	Joey	Umpleby	Boy	23:31	Kendal	
24	145	Mia	Senior	Girl	23:57	Helm Hill	
25	151	Katie	Thurlow	Girl	24:23	Helm Hill	
26	142	Amy	Slattery	Girl	24:28	Helm Hill	
27	148	Georgia	Cooper	Girl	24:38	Barrow Strider	
28	152	Benjamin	Winterburn	Boy	25:03	Lancaster and Morecambe	
29	131	Honor	Jeffrey	Girl	25:59	Settle	
30	155	Katie	Russell	Girl	28:28	Helm Hill	
31	141	Grace	Attwood	Girl	31:20	Dallam	
32	117	Alana	Willis	Girl	31:27	Keighley and Craven	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	08:40	Ambleside	1st Boy
2	82	Fraser	Sproul	Boy	09:04	Kendal	2nd Boy
3	79	Charlie	Harding	Boy	09:17	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	09:27	Kendal	
5	21	Sebastian	Segger-Stavely	Boy	09:35	Settle	
6	88	Daniel	Sanderson	Boy	09:48	Ambleside	
7	47	Josh	Roelants	Boy	09:52	Helm Hill	
8	23	Chloe	Rylance	Girl	09:55	Ambleside	1st Girl
9	121	Barnaby	Walkingshaw	Boy	09:56	Eden Runners	
10	31	Bob	Evans	Boy	10:11	Settle	
11	133	Alfie	Thorpe	Boy	10:21	Broughton	
12	136	Abbie	Allan	Girl	10:22	Kendal	2nd Girl
13	112	Toby	Umpleby	Boy	10:28	Kendal	
14	50	Matt	Holdroyd	Boy	10:40	Settle	
15	33	Maia	Doherty	Girl	10:42	Helm Hill	3rd Girl
16	96	Annabelle	Taylor	Girl	10:42	Helm Hill	
17	97	Toby	Winnard	Boy	10:46	Settle	
18	146	Harvey	Cooper	Boy	10:47	Barrow Strider	
19	49	Brodie	Weymouth	Girl	10:48	Aragons Junior Tri	
20	25	Matthew	Thornley	Boy	10:54	Ambleside	
21	70	Daniel	Harris	Boy	11:04	Helm Hill	
22	87	Harry	Sanderson	Boy	11:07	Ambleside	
23	10	Elliot	Wren	Boy	11:12	Helm Hill	
24	65	Lottie	Beardwood	Girl	11:13	Helm Hill	
25	108	Tom	Duke	Boy	11:14	Settle	
26	144	Lydia	Shenton	Girl	11:21	UA	
27	76	Erin	Bagge	Girl	11:23	Helm Hill	
28	130	Charlotte	Barrett	Girl	11:28	Wharfedale	
29	67	Lily	Maiden	Girl	11:38	Helm Hill	
30	18	Vaughan	Samson	Boy	11:45	Helm Hill	
31	22	Courtney	Hutchinson	Girl	12:08	Ambleside	
32	103	Harvey	Coates	Boy	12:19	Helm Hill	
33	17	Bethan	Rowley	Girl	12:24	Ambleside	
34	52	Jack	Hill	Boy	12:37	Aragons Junior Tri	
35	1	Emelia	Stevens	Girl	12:48	Helm Hill	
36	8	Jodie	Ritchie	Girl	12:53	Hoad Hill Harriers	
37	118	Lottie	Hunter	Girl	13:03	Helm Hill	
38	137	Giselle	Meschino	Girl	13:19	Ambleside	
39	125	Beckie	Dyer	Girl	13:33	Helm Hill	
40	51	Alexa	Weymouth	Girl	17:13	Aragons Junior Tri	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	06:31	Ambleside	1st Boy
2	41	Sam	Smith	Boy	06:34	Wharfedale	2nd Boy
3	46	Harry	Bowen	Boy	06:42	Ambleside	3rd Boy
4	15	Ollie	Sanders	Boy	06:53	Helm Hill	
5	6	Henry	Hunter	Boy	06:57	Helm Hill	
6	99	Alex	Tallon	Boy	07:00	UA	
7	27	James	Thornley	Boy	07:10	Ambleside	
8	102	Sonny	Ashton-Fitch	Boy	07:12	Settle	
9	36	Joseph	Clayton	Boy	07:17	Hoad Hill Harriers	
10	5	James	Duffy	Boy	07:18	CVFR	
11	4	Emily	Swarbrick	Girl	07:19	Broughton	1st Girl
12	109	Euan	Allan	Boy	07:23	Helm Hill	
13	116	Addison	Willis	Boy	07:25	Keighley and Craven	
14	66	Warren	Flemming	Boy	07:26	Hoad Hill Harriers	
15	72	Scott	Fisher	Boy	07:27	Hoad Hill Harriers	
16	35	Olesia	Winder	Girl	07:30	Hoad Hill Harriers	2nd Girl
17	34	Evan	Mills	Boy	07:32	Keighley and Craven	
18	24	Sophie	Rylance	Girl	07:33	Ambleside	3rd Girl
19	58	Ben	Smith	Boy	07:34	Kendal	
20	60	Oliver	Smith	Boy	07:37	Kendal	
21	56	Charlie	Barry	Boy	07:39	Settle	
22	20	Douglas	Segger-Stavely	Boy	07:50	Settle	
23	85	Joseph	Rigby	Boy	08:00	Helm Hill	
24	93	Alex	Matthew	Boy	08:02	Lancaster and Morecambe	
25	138	Matthew	Pedleby	Boy	08:04	Howgill Harrier	
26	59	Sarah	Smith	Girl	08:06	Kendal	
27	83	Alistair	Barr	Boy	08:09	Howgill Harrier	
28	32	Zach	Doherty	Boy	08:10	Dallam	
29	19	Clara	Samson	Girl	08:11	Helm Hill	
30	64	Ella	Beardwood	Girl	08:12	Helm Hill	
31	7	Nathan	Richie	Boy	08:14	Hoad Hill Harriers	
32	29	Bethan	Saunders	Girl	08:17	Hoad Hill Harriers	
33	11	Jessica	Edmondson	Girl	08:20	Ambleside	
34	104	Ella	Park	Girl	08:20	Helm Hill	
35	89	Melissa	McIntosh	Girl	08:27	Border Harriers	
36	81	Alex	Graham	Boy	08:28	Ambleside	
37	42	Gordon	Blackburn	Boy	08:32	Ambleside	
38	16	Alex	Jackson	Boy	08:33	Ambleside	
39	135	Johnny	Swallow	Boy	08:34	UA	
40	26	Sam	Thornley	Boy	08:35	Ambleside	
41	73	Isaac	Robinson	Boy	08:39	Howgill Harrier	
42	119	Grace	Wells	Girl	08:42	Howgill Harrier	
43	3	Olivia	Swarbrick	Girl	08:44	Broughton	
44	37	Charlie	Clayton	Boy	08:47	Hoad Hill Harriers	
45	78	Oliver	Sampson	Boy	08:48	Settle	
46	71	Jamie	Harris	Boy	08:49	Hoad Hill Harriers	
47	127	Sam	Jackson	Boy	08:50	Helm Hill	
48	100	Alfie	Wilkin	Boy	08:52	UA	
49	98	Elisie	Tallon	Girl	08:54	UA	
50	62	Archie	Clark	Boy	08:55	Settle	
51	90	Ewan	Magri	Boy	08:56	UA	
52	122	Beau	Walkingshaw	Girl	08:57	Eden Runners	
53	39	Rory	Knowles	Boy	09:03	Ambleside	
54	75	Leo	Ranner	Boy	09:04	Helm Hill	
55	63	Marvin	Gibbs	Boy	09:07	Helm Hill	
56	48	Oliver	Oldham	Boy	09:10	Hoad Hill Harriers	
57	123	Esme	Walkingshaw	Girl	09:19	Eden Runners	
58	110	Tara	Allan	Girl	09:22	Helm Hill	
59	54	Oliver	Willoghby	Boy	09:24	Helm Hill	
60	132	Rowan	Ashworth	Boy	09:25	Ambleside	

61	106	Oscar	Wulf	Boy	09:26	Settle	
62	68	Jonah	Maiden	Boy	09:30	Hoad Hill Harriers	
63	114	Maesie	Evans	Girl	09:32	Ambleside	
64	124	Reuben	Dyer	Boy	09:34	UA	
65	51	Alexa	Weymouth	Girl	09:35	Aragons Junior Tri	
66	111	Josie	Nittsche	Girl	09:41	Settle	
67	107	Freya	Richards	Girl	09:47	Helm Hill	
68	120	Toby	Harper	Boy	09:49	UA	
69	30	Lauren	Evans	Girl	09:49	Settle	
70	80	Archie	Harding	Boy	09:49	Eden Runners	
71	91	Charlotte	Pearl	Girl	09:56	Settle	
72	95	Connie	Maye	Girl	10:00	UA	
73	115	Joss	Evans	Girl	10:04	Ambleside	
74	86	Benji	Grundy	Boy	10:05	Keighley and Craven	
75	74	Theo	Robinson	Boy	10:06	Howgill Harrier	
76	38	Matthew	Wright	Boy	10:14	Helm Hill	
77	77	Dylan	Sampson	Boy	10:41	Settle	
78	40	Mollie	Smith	Girl	11:45	Wharfedale	
79	92	Cate	Matthew	Girl	12:26	Lancaster and Morecambe	
80	105	Laura	Bethal	Girl	12:47	UA	
81	94	Peony	Chen	Girl		Ambleside	
82	129	Hayden	Nussey	Boy		UA	
83	101	Isabelle	Helm	Girl		UA	

Scout Scar 2016 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
10	613	Charlie	Lowther	Man	31:22	Eden Runners	
11	702	Bruce	Duncan	Man	31:31	Helm Hill	
12	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
13	562	Will	Sisson	Man	31:43	Kendal	
14	656	Michael	Greaves	Man	31:45	Helm Hill	
15	634	Lee	Parrington	Man	32:05	Barlick	
16	604	Derek	Hurton	MV40	32:06	Eden Runners	
17	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
18	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
19	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
20	580	Matthew	Senior	Man	32:25	Helm Hill	
21	594	Ryan	Everett	Man	32:30	Barrow Strider	
22	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
23	542	Ian	Willis	MV40	32:34	Kendal	
24	596	Mark	Benson	Man	32:36	UA	
25	721	David	Cope	Man	32:37	Howgill Harrier	
26	571	Andrew	Slattery	MV40	32:41	Keswick	
27	731	Rick	Stuart	MV50	32:49	Helm Hill	
28	641	Jim	Andrews	MV50	33:00	Coniston	
29	599	Samuel	Russell	Man	33:16	Amble	
30	504	Craig	Burrows	MV40	33:19	Helm Hill	
31	682	Paul	Singleton	MV40	33:22	Amble	
32	693	Fraser	Davies	Man	33:24	UA	
33	669	Paul	MacFarlane	Man	33:25	Helm Hill	
34	530	James	Graham	MV40	33:30	UA	
35	698	Johnny	Marchant	MV40	33:31	Helm Hill	
36	687	Ben	Jackson	Man	33:33	UA	
37	545	Jacob	Dyer	MV40	33:42	Helm Hill	
38	637	James	Gray	Man	33:43	UA	
39	600	Tom	Hartley	Man	33:46	Kendal	
40	611	David	Goadby	Man	33:52	Helm Hill	
41	655	James	Edwards	MV40	34:06	Lonsdale	
42	652	Andy	Thompson	Man	34:08	Helm Hill	
43	573	Anthony	Bowness	MV40	34:11	Kendal	
44	700	Tim	Roe	Man	34:13	Helm Hill	
45	528	Mark	Harris	MV40	34:16	Helm Hill	
46	541	Scott	Umpleby	MV50	34:17	Kendal	
47	644	Mike	Gilpin	Man	34:19	Helm Hill	
48	560	Luke	Appleyard	Man	34:49	Wharfedale	
49	710	Darren	Little	Man	34:49	Kendal Tri	
50	681	Mike	Berners-Lee	MV50	35:00	UA	
51	711	Jonathan	Boadle	Man	35:00	UA	
52	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
53	708	Joss	Addison	Man	35:03	UA	
54	538	Tom	Harkes	Man	35:10	Dallam	
55	626	Russell	Owen	MV50	35:12	Eryri	
56	612	John	Rainford	MV50	35:18	Preston	
57	694	Ian	Harrington	MV40	35:19	Helm Hill	
58	639	James	Barron	MV40	35:21	Helm Hill	

59	564	Steven	Procter	Man	35:26	Settle	
60	509	John	Armistead	Man	35:41	Helm Hill	
61	588	Robert	Crawford	MV40	35:43	Coniston	
62	565	Peter	German	Man	35:47	Helm Hill	
63	514	Pete	Marston	MV40	35:49	Helm Hill	
64	643	Stuart	Allan	MV40	35:55	Helm Hill	
65	569	David	Houlsworth	MV50	36:03	UA	
66	689	Andrew	Hebson	Man	36:10	UA	
67	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
68	527	Sean	Robinson	Man	36:24	Howgill Harrier	
69	512	Mark	Mason	MV40	36:33	Kendal	
70	606	Paul	Lambert	MV50	36:42	Wharfedale	
71	676	Peter	Lawson	Man	36:44	UA	
72	561	George	Arbuckle	MV40	36:46	Amphill	
73	563	Adam	Procter	Man	36:50	Settle	
74	553	Gary	Thorpe	MV50	36:54	Ambleside	
75	646	Dave	Wilkinson	MV50	36:55	Kendal	
76	507	Shaun	Addison	MV50	36:59	Helm Hill	
77	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
78	607	David	Griffin	MV50	37:20	Dallam	
79	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
80	582	Paul	Senior	MV40	37:29	Helm Hill	
81	546	Richard	Wells	MV40	37:41	UA	
82	595	Mat	Crawford	Man	37:53	Coniston	
83	654	Wilfred	Bell	MV60	37:57	UA	
84	574	Gary	Jackson	Man	37:59	Eden Runners	
85	683	John	Robson	MV50	38:02	Helm Hill	
86	627	Richard	Duckett	Man	38:09	UA	
87	524	Stephen	Roberts	MV40	38:19	Kendal	
88	583	Michael	Toman	MV50	38:20	Rosendale	
89	680	Simon	Milligan	MV50	38:23	Helm Hill	
90	592	William	Coupe	MV50	38:24	Helm Hill	
91	522	Chris	Schofield	MV50	38:26	Helm Hill	
92	608	Carlos	Sanchez	Man	38:27	UA	
93	567	Roger	Aubrey	MV50	38:37	Helm Hill	
94	551	Paul	Jackson	MV40	38:38	Helm Hill	
95	519	Owen	Mills	MV40	38:47	Keighley and Craven	
96	695	Paul	Davison	Man	39:05	Howgill Harrier	
97	672	Stephen	Moor	MV50	39:12	Settle	
98	539	Peter	Singleton	MV50	39:19	Blackpool	
99	679	Patrick	Willink	MV50	39:33	Helm Hill	
100	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
101	665	Richard	Knight	Man	39:41	Kendal	
102	674	Stuart	McGurk	MV50	39:50	Kendal	
103	505	Tim	Murray	MV50	39:58	Helm Hill	
104	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
105	640	Michael	Duncan	Man	40:02	UA	
106	709	Matt	Davis	Man	40:12	Howgill Harrier	
107	720	Sean	Gibson	Man	40:30	UA	
108	554	Duncan	Copley	MV40	40:32	Dallam	
109	677	Gary	Lane	MV40	40:51	Coniston	
110	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
111	572	Andy	Bennett	MV40	40:58	Helm Hill	
112	713	Mike	Woodbridge	MV40	40:59	Dallam	
113	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
114	678		Lobb	MV40	41:10	Coniston	
115	690	Allan	Miller	MV50	41:24	Kendal	
116	610	Stephen	Taylor	MV50	41:33	Preston	
117	667	Ben	Waller	Man	41:42	Helm Hill	
118	691	Brian	Thompson	MV60	41:46	Helm Hill	
119	628	Mark	Charnley	MV40	41:48	Settle	
120	624	Cliff	Etherden	MV60	41:58	LOC	

121	626	Russell	Owen	MV50	42:09	Eryri	
122	547	Mike	Troup	MV60	42:16	Ambleside	
123	722	Will	Buckton	Man	42:30	Settle	
124	614	Michael	McLoughlin	MV60	42:46	Preston	
125	576	Andy	Dickson	MV50	42:50	Coniston	
126	648	John	Taylor	MV60	43:12	Bowland	
127	511	Dave	Appleyard	MV50	43:40	Helm Hill	
128	647	John	Armstrong	MV60	43:47	Rochdale	
129	556	Russell	Cannon	MV50	44:07	Helm Hill	
130	699	Mike	Hind	MV60	44:24	Borrowdale	
131	717	Jack	Taylor	Man	44:25	UA	
132	615	Tarren	Wolstencroft	Man	44:38	UA	
133	658	Samuel	Panter	Man	44:41	Coniston	
134	642	Daniel	Rayson	MV40	44:43	UA	
135	716	David	Mainwaring	MV50	44:46	UA	
136	728	Niall	Johnson	MV40	44:49	UA	
137	662	Graham	Watson	MV50	44:51	CFR	
138	602	Gregory	Tagney	MV60	44:58	Dallam	
139	549	Tim	Thom	MV40	45:13	Keighley and Craven	
140	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70
141	633	Richard	Alderson	MV50	45:28	ABFR	
142	664	Chris	Beesley	MV60	45:35	Settle	
143	601	John	Hodgson	MV60	46:17	Dallam	
144	701	Stephen	Fish	MV60	46:23	Clayton	
145	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
146	548	Andrew	Biddle	MV60	47:05	West Pennine	
147	727	Andrew	Shepherd	Man	47:14	UA	
148	732	Mark	Cropper	MV40	47:38	Helm Hill	
149	631	G	Parrington	MV60	48:13	Lancaster and Morecambe	
150	598	Selwyn	Wright	MV60	48:41	Amble	
151	704	Ian	Peters	MV60	48:58	Hoad Hill Harriers	
152	591	Dave	Hewitt	MV50	50:50	Dallam	
153	659	Tamar	Bobbett	Man	51:37	UA	
154	719	Anthony	Dawson	Man	52:14	Fell Ponies	
155	714	Darren	Carradice	MV40	52:16	Dallam	
156	623	Phil	Kirby	MV60	54:30	Coniston	
157	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
158	725	G	Remmington	Man	56:28	UA	
159	703	Christopher	Carlisle	Man	1:02:23	UA	
DNF	616	Gordon	Thompson	MV50	DNF	Preston	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	613	Charlie	Lowther	Man	31:22	Eden Runners	
10	702	Bruce	Duncan	Man	31:31	Helm Hill	
11	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
12	562	Will	Sisson	Man	31:43	Kendal	
13	656	Michael	Greaves	Man	31:45	Helm Hill	
14	634	Lee	Parrington	Man	32:05	Barlick	
15	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
16	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
17	580	Matthew	Senior	Man	32:25	Helm Hill	
18	594	Ryan	Everett	Man	32:30	Barrow Strider	
19	596	Mark	Benson	Man	32:36	UA	
20	721	David	Cope	Man	32:37	Howgill Harrier	
21	599	Samuel	Russell	Man	33:16	Amble	
22	693	Fraser	Davies	Man	33:24	UA	
23	669	Paul	MacFarlane	Man	33:25	Helm Hill	
24	687	Ben	Jackson	Man	33:33	UA	
25	637	James	Gray	Man	33:43	UA	
26	600	Tom	Hartley	Man	33:46	Kendal	
27	611	David	Goadby	Man	33:52	Helm Hill	
28	652	Andy	Thompson	Man	34:08	Helm Hill	
29	700	Tim	Roe	Man	34:13	Helm Hill	
30	644	Mike	Gilpin	Man	34:19	Helm Hill	
31	560	Luke	Appleyard	Man	34:49	Wharfedale	
32	710	Darren	Little	Man	34:49	Kendal Tri	
33	711	Jonathan	Boadle	Man	35:00	UA	
34	708	Joss	Addison	Man	35:03	UA	
35	538	Tom	Harkes	Man	35:10	Dallam	
36	564	Steven	Procter	Man	35:26	Settle	
37	509	John	Armistead	Man	35:41	Helm Hill	
38	565	Peter	German	Man	35:47	Helm Hill	
39	689	Andrew	Hebson	Man	36:10	UA	
40	527	Sean	Robinson	Man	36:24	Howgill Harrier	
41	676	Peter	Lawson	Man	36:44	UA	
42	563	Adam	Procter	Man	36:50	Settle	
43	595	Mat	Crawford	Man	37:53	Coniston	
44	574	Gary	Jackson	Man	37:59	Eden Runners	
45	627	Richard	Duckett	Man	38:09	UA	
46	608	Carlos	Sanchez	Man	38:27	UA	
47	695	Paul	Davison	Man	39:05	Howgill Harrier	
48	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
49	665	Richard	Knight	Man	39:41	Kendal	
50	640	Michael	Duncan	Man	40:02	UA	
51	709	Matt	Davis	Man	40:12	Howgill Harrier	
52	720	Sean	Gibson	Man	40:30	UA	
53	667	Ben	Waller	Man	41:42	Helm Hill	
54	722	Will	Buckton	Man	42:30	Settle	
55	717	Jack	Taylor	Man	44:25	UA	
56	615	Tarren	Wolstencroft	Man	44:38	UA	
57	658	Samuel	Panter	Man	44:41	Coniston	
58	727	Andrew	Shepherd	Man	47:14	UA	
59	659	Tamar	Bobbett	Man	51:37	UA	
60	719	Anthony	Dawson	Man	52:14	Fell Ponies	

61	725	G	Remmington	Man	56:28	UA	
62	703	Christopher	Carlisle	Man	1:02:23	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
2	604	Derek	Hurton	MV40	32:06	Eden Runners	
3	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
4	542	Ian	Willis	MV40	32:34	Kendal	
5	571	Andrew	Slattery	MV40	32:41	Keswick	
6	504	Craig	Burrows	MV40	33:19	Helm Hill	
7	682	Paul	Singleton	MV40	33:22	Amble	
8	530	James	Graham	MV40	33:30	UA	
9	698	Johnny	Marchant	MV40	33:31	Helm Hill	
10	545	Jacob	Dyer	MV40	33:42	Helm Hill	
11	655	James	Edwards	MV40	34:06	Lonsdale	
12	573	Anthony	Bowness	MV40	34:11	Kendal	
13	528	Mark	Harris	MV40	34:16	Helm Hill	
14	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
15	694	Ian	Harrington	MV40	35:19	Helm Hill	
16	639	James	Barron	MV40	35:21	Helm Hill	
17	588	Robert	Crawford	MV40	35:43	Coniston	
18	514	Pete	Marston	MV40	35:49	Helm Hill	
19	643	Stuart	Allan	MV40	35:55	Helm Hill	
20	512	Mark	Mason	MV40	36:33	Kendal	
21	561	George	Arbuckle	MV40	36:46	Amphill	
22	582	Paul	Senior	MV40	37:29	Helm Hill	
23	546	Richard	Wells	MV40	37:41	UA	
24	524	Stephen	Roberts	MV40	38:19	Kendal	
25	551	Paul	Jackson	MV40	38:38	Helm Hill	
26	519	Owen	Mills	MV40	38:47	Keighley and Craven	
27	554	Duncan	Copley	MV40	40:32	Dallam	
28	677	Gary	Lane	MV40	40:51	Coniston	
29	572	Andy	Bennett	MV40	40:58	Helm Hill	
30	713	Mike	Woodbridge	MV40	40:59	Dallam	
31	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
32	678		Lobb	MV40	41:10	Coniston	
33	628	Mark	Charnley	MV40	41:48	Settle	
34	642	Daniel	Rayson	MV40	44:43	UA	
35	728	Niall	Johnson	MV40	44:49	UA	
36	549	Tim	Thom	MV40	45:13	Keighley and Craven	
37	732	Mark	Cropper	MV40	47:38	Helm Hill	
38	714	Darren	Carradice	MV40	52:16	Dallam	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
2	731	Rick	Stuart	MV50	32:49	Helm Hill	
3	641	Jim	Andrews	MV50	33:00	Coniston	
4	541	Scott	Umpleby	MV50	34:17	Kendal	
5	681	Mike	Berners-Lee	MV50	35:00	UA	
6	626	Russell	Owen	MV50	35:12	Eryri	
7	612	John	Rainford	MV50	35:18	Preston	
8	569	David	Houlsworth	MV50	36:03	UA	
9	606	Paul	Lambert	MV50	36:42	Wharfedale	
10	553	Gary	Thorpe	MV50	36:54	Ambleside	
11	646	Dave	Wilkinson	MV50	36:55	Kendal	
12	507	Shaun	Addison	MV50	36:59	Helm Hill	
13	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
14	607	David	Griffin	MV50	37:20	Dallam	
15	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
16	683	John	Robson	MV50	38:02	Helm Hill	
17	583	Michael	Toman	MV50	38:20	Rosendale	
18	680	Simon	Milligan	MV50	38:23	Helm Hill	
19	592	William	Coupe	MV50	38:24	Helm Hill	
20	522	Chris	Schofield	MV50	38:26	Helm Hill	
21	567	Roger	Aubrey	MV50	38:37	Helm Hill	
22	672	Stephen	Moor	MV50	39:12	Settle	
23	539	Peter	Singleton	MV50	39:19	Blackpool	
24	679	Patrick	Willink	MV50	39:33	Helm Hill	
25	674	Stuart	McGurk	MV50	39:50	Kendal	
26	505	Tim	Murray	MV50	39:58	Helm Hill	
27	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
28	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
29	690	Allan	Miller	MV50	41:24	Kendal	
30	610	Stephen	Taylor	MV50	41:33	Preston	
31	626	Russell	Owen	MV50	42:09	Eryri	
32	576	Andy	Dickson	MV50	42:50	Coniston	
33	511	Dave	Appleyard	MV50	43:40	Helm Hill	
34	556	Russell	Cannon	MV50	44:07	Helm Hill	
35	716	David	Mainwaring	MV50	44:46	UA	
36	662	Graham	Watson	MV50	44:51	CFR	
37	633	Richard	Alderson	MV50	45:28	ABFR	
38	591	Dave	Hewitt	MV50	50:50	Dallam	
39	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
DNF	616	Gordon	Thompson	MV50	DNF	Preston	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
2	654	Wilfred	Bell	MV60	37:57	UA	
3	691	Brian	Thompson	MV60	41:46	Helm Hill	
4	624	Cliff	Etherden	MV60	41:58	LOC	
5	547	Mike	Troup	MV60	42:16	Ambleside	
6	614	Michael	McLoughlin	MV60	42:46	Preston	
7	648	John	Taylor	MV60	43:12	Bowland	
8	647	John	Armstrong	MV60	43:47	Rochdale	
9	699	Mike	Hind	MV60	44:24	Borrowdale	
10	602	Gregory	Tagney	MV60	44:58	Dallam	
11	664	Chris	Beesley	MV60	45:35	Settle	
12	601	John	Hodgson	MV60	46:17	Dallam	
13	701	Stephen	Fish	MV60	46:23	Clayton	
14	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
15	548	Andrew	Biddle	MV60	47:05	West Pennine	
16	631	G	Parrington	MV60	48:13	Lancaster and Morecambe	
17	598	Selwyn	Wright	MV60	48:41	Amble	
18	704	Ian	Peters	MV60	48:58	Hoad Hill Harriers	
19	623	Phil	Kirby	MV60	54:30	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
4	579	Andrea	Tridimas	Lady	35:14	UA	
5	685	Jo	Scott	LV40	35:53	Helm Hill	1st LV40
6	661	Rosie	Watson	Lady	37:04	Doss AC	
7	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
8	577	Debs	Greaves	LV40	37:19	Howgill Harrier	
9	666	Catherine	Niblock	Lady	37:25	Helm Hill	
10	503	Ali	Richards	LV40	37:36	Helm Hill	
11	518	Carol	Evans	LV50	38:05	Settle	1st LV50
12	660	Emily	Simpson	Lady	39:15	UA	
13	537	Debbie	Copley	LV50	39:17	Dallam	
14	645	Carrie	Gibson	LV40	39:21	Helm Hill	
15	696	Caroline	Holmes	Lady	39:55	Helm Hill	
16	724	Steph	Jones	Lady	39:57	Ambleside	
17	506	Caroline	Holden	LV40	40:21	Helm Hill	
18	619	Grace	Leedham	LV40	40:34	Dallam	
19	508	Jo	Wilcox	LV40	40:39	Helm Hill	
20	558	Chloe	Routledge	Lady	41:20	Ambleside	
21	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
22	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
23	609	Sharron	Lewis	LV40	41:59	UA	
24	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
25	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
26	650	Wendy	Matier	LV40	42:28	Eden Runners	
27	555	Ann-Marie	Swallow	LV40	42:46	UA	
28	525	Angela	Davies	Lady	42:47	Keswick	
29	502	Amanda	Burrows	LV40	42:54	Helm Hill	
30	520	Eleanor	Knowles	LV40	43:02	Ambleside	
31	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
32	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
33	532	Jayne	Rigby	LV40	43:21	Helm Hill	
34	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
35	684	Marie	Robson	LV40	43:28	Helm Hill	
36	670	Sarah	Thompson	Lady	43:30	Dallam	
37	733	Annie	Carrington	LV50	43:33	Settle	
38	533	Sarah	Folks	LV40	43:43	UA	
39	697	Caroline	Wade	Lady	44:02	Helm Hill	
40	622	Nikki	Roberts	Lady	44:31	UA	
41	730	Jill	Eccleston	LV40	44:55	Settle	
42	673	Victoria	Upton	Lady	45:01	Helm Hill	
43	515	Niki	Rylance	LV40	45:44	Ambleside	
44	692	Emma	Gill	LV40	45:47	Helm Hill	
45	536	Jan	Wulf	LV40	46:14	Settle	
46	663	Debbie	Watson	LV50	46:33	West Cumberland	
47	657	Vicky	Kirkwood	LV40	46:54	Dallam	
48	531	Lorna	Askew	LV40	46:59	Helm Hill	
49	559	Carolyn	Meschino	Lady	47:13	Ambleside	
50	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
51	593	Alice	Steele	Lady	47:24	Dallam	
52	649	Jo	Taylor	LV50	47:32	Bowland	
53	688	Karen	Gates	LV50	47:40	Dallam	
54	581	Sarah	Senior	LV40	48:20	Helm Hill	
55	529	Su	Thompson	LV40	48:47	Wharfedale	
56	535	Joanne	Wulf	LV40	48:51	Settle	
57	651	Tracey	Apperley	LV40	49:06	Settle	
58	618	Penny	Attwood	LV50	49:12	Dallam	
59	568	Rebecca	Hodgson	Lady	50:55	UA	
60	638	Elizabeth	Adams	LV40	51:02	Helm Hill	

61	521	Paula	Bowen	LV40	51:13	Ambleside	
62	712	Elizabeth	Hindle	LV60	51:24	Dallam	
63	718	Lindsay	Harrod	LV40	51:48	Helm Hill	
64	706	Isabel	Berry	Lady	52:34	UA	
65	501	Anna	Stevens	LV40	53:17	Helm Hill	
66	715	Sarah	Spalding	Lady	53:35	UA	
67	523	Peta	Rowand	LV40	53:47	Ambleside	
68	543	Caroline	Nussey	Lady	53:51	Dallam	
69	513	Julie	Laverock	LV40	54:42	Salford Harriers	
70	590	Lorna	Hewitt	LV40	55:01	Dallam	
71	534	Jo	Matthew	LV40	58:45	UA	
72	686	Rebecca	Maidment	Lady	1:02:23	UA	
DNF	570	Rachel	Slattery	LV40	DNF	Helm Hill	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
4	579	Andrea	Tridimas	Lady	35:14	UA	
5	661	Rosie	Watson	Lady	37:04	Doss AC	
6	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
7	666	Catherine	Niblock	Lady	37:25	Helm Hill	
8	660	Emily	Simpson	Lady	39:15	UA	
9	696	Caroline	Holmes	Lady	39:55	Helm Hill	
10	724	Steph	Jones	Lady	39:57	Ambleside	
11	558	Chloe	Routledge	Lady	41:20	Ambleside	
12	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
13	525	Angela	Davies	Lady	42:47	Keswick	
14	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
15	670	Sarah	Thompson	Lady	43:30	Dallam	
16	697	Caroline	Wade	Lady	44:02	Helm Hill	
17	622	Nikki	Roberts	Lady	44:31	UA	
18	673	Victoria	Upton	Lady	45:01	Helm Hill	
19	559	Carolyn	Meschino	Lady	47:13	Ambleside	
20	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
21	593	Alice	Steele	Lady	47:24	Dallam	
22	568	Rebecca	Hodgson	Lady	50:55	UA	
23	706	Isabel	Berry	Lady	52:34	UA	
24	715	Sarah	Spalding	Lady	53:35	UA	
25	543	Caroline	Nussey	Lady	53:51	Dallam	
26	686	Rebecca	Maidment	Lady	1:02:23	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	685	Jo	Scott	LV40	35:53	Helm Hill	1st LV40
2	577	Debs	Greaves	LV40	37:19	Howgill Harrier	
3	503	Ali	Richards	LV40	37:36	Helm Hill	
4	645	Carrie	Gibson	LV40	39:21	Helm Hill	
5	506	Caroline	Holden	LV40	40:21	Helm Hill	
6	619	Grace	Leedham	LV40	40:34	Dallam	
7	508	Jo	Wilcox	LV40	40:39	Helm Hill	
8	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
9	609	Sharron	Lewis	LV40	41:59	UA	
10	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
11	650	Wendy	Matier	LV40	42:28	Eden Runners	
12	555	Ann-Marie	Swallow	LV40	42:46	UA	
13	502	Amanda	Burrows	LV40	42:54	Helm Hill	
14	520	Eleanor	Knowles	LV40	43:02	Ambleside	
15	532	Jayne	Rigby	LV40	43:21	Helm Hill	
16	684	Marie	Robson	LV40	43:28	Helm Hill	
17	533	Sarah	Folks	LV40	43:43	UA	
18	730	Jill	Eccleston	LV40	44:55	Settle	
19	515	Niki	Rylance	LV40	45:44	Ambleside	
20	692	Emma	Gill	LV40	45:47	Helm Hill	
21	536	Jan	Wulf	LV40	46:14	Settle	
22	657	Vicky	Kirkwood	LV40	46:54	Dallam	
23	531	Lorna	Askew	LV40	46:59	Helm Hill	
24	581	Sarah	Senior	LV40	48:20	Helm Hill	
25	529	Su	Thompson	LV40	48:47	Wharfedale	
26	535	Joanne	Wulf	LV40	48:51	Settle	
27	651	Tracey	Apperley	LV40	49:06	Settle	
28	638	Elizabeth	Adams	LV40	51:02	Helm Hill	
29	521	Paula	Bowen	LV40	51:13	Ambleside	
30	718	Lindsay	Harrod	LV40	51:48	Helm Hill	
31	501	Anna	Stevens	LV40	53:17	Helm Hill	
32	523	Peta	Rowand	LV40	53:47	Ambleside	
33	513	Julie	Laverock	LV40	54:42	Salford Harriers	
34	590	Lorna	Hewitt	LV40	55:01	Dallam	
35	534	Jo	Matthew	LV40	58:45	UA	
DNF	570	Rachel	Slattery	LV40	DNF	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	Carol	Evans	LV50	38:05	Settle	1st LV50
2	537	Debbie	Copley	LV50	39:17	Dallam	
3	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
4	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
5	733	Annie	Carrington	LV50	43:33	Settle	
6	663	Debbie	Watson	LV50	46:33	West Cumberland	
7	649	Jo	Taylor	LV50	47:32	Bowland	
8	688	Karen	Gates	LV50	47:40	Dallam	
9	618	Penny	Attwood	LV50	49:12	Dallam	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
2	712	Elizabeth	Hindle	LV60	51:24	Dallam	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	154	Elliott	Matier	Boy	17:03	Eden Runners	1st Boy
2	43	Luke	Bowen	Boy	17:07	Ambleside	2nd Boy
3	44	Oliver	Gajdowski	Boy	17:16	Ambleside	3rd Boy
4	13	Joe	Edmondson	Boy	17:18	Ambleside	
5	69	Thomas	Nelson	Boy	17:31	Wharfedale	
6	134	Reuben	Fox Copley	Boy	18:01	Dallam	
7	14	Tom	Marchant	Boy	18:26	Pendle	
8	153	Jack	Byrne	Boy	18:42	Helm Hill	
9	84	Martin	Askew	Boy	18:43	UA	
10	139	Jacob	Aubrey	Boy	18:57	Helm Hill	
11	140	George	Attwood	Boy	19:00	Dallam	
12	55	Will	Howard	Boy	19:16	Lancaster and Morecambe	
13	9	Jake	Wren	Boy	19:50	Helm Hill	
14	150	Michael	Dugdale	Boy	20:01	Helm Hill	
15	53	Jake	Shuttleworth	Boy	20:16	Ambleside	
16	128	Jamie	Macleod	Boy	20:32	Dallam	
17	143	Lewis	Bowness	Boy	21:01	Helm Hill	
18	147	Jake	Cooper	Boy	21:21	Barrow Strider	
19	126	Sam	Thom	Boy	23:00	Keighley and Craven	
20	113	Joey	Umpleby	Boy	23:31	Kendal	
21	152	Benjamin	Winterburn	Boy	25:03	Lancaster and Morecambe	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	28	Scarlet	Dale	Girl	17:38	Lancaster and Morecambe	1st Girl
2	149	Connie	Hurton	Girl	20:08	Eden Runners	2nd Girl
3	2	Imogen	Burrow	Girl	20:36	Helm Hill	3rd Girl
4	145	Mia	Senior	Girl	23:57	Helm Hill	
5	151	Katie	Thurlow	Girl	24:23	Helm Hill	
6	142	Amy	Slattery	Girl	24:28	Helm Hill	
7	148	Georgia	Cooper	Girl	24:38	Barrow Strider	
8	131	Honor	Jeffrey	Girl	25:59	Settle	
9	155	Katie	Russell	Girl	28:28	Helm Hill	
10	141	Grace	Attwood	Girl	31:20	Dallam	
11	117	Alana	Willis	Girl	31:27	Keighley and Craven	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	08:40	Ambleside	1st Boy
2	82	Fraser	Sproul	Boy	09:04	Kendal	2nd Boy
3	79	Charlie	Harding	Boy	09:17	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	09:27	Kendal	
5	21	Sebastian	Segger-Stavely	Boy	09:35	Settle	
6	88	Daniel	Sanderson	Boy	09:48	Ambleside	
7	47	Josh	Roelants	Boy	09:52	Helm Hill	
8	121	Barnaby	Walkingshaw	Boy	09:56	Eden Runners	
9	31	Bob	Evans	Boy	10:11	Settle	
10	133	Alfie	Thorpe	Boy	10:21	Broughton	
11	112	Toby	Umpleby	Boy	10:28	Kendal	
12	50	Matt	Holdroyd	Boy	10:40	Settle	
13	97	Toby	Winnard	Boy	10:46	Settle	
14	146	Harvey	Cooper	Boy	10:47	Barrow Strider	
15	25	Matthew	Thornley	Boy	10:54	Ambleside	
16	70	Daniel	Harris	Boy	11:04	Helm Hill	
17	87	Harry	Sanderson	Boy	11:07	Ambleside	
18	10	Elliot	Wren	Boy	11:12	Helm Hill	
19	108	Tom	Duke	Boy	11:14	Settle	
20	18	Vaughan	Samson	Boy	11:45	Helm Hill	
21	103	Harvey	Coates	Boy	12:19	Helm Hill	
22	52	Jack	Hill	Boy	12:37	Aragons Junior Tri	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Chloe	Rylance	Girl	09:55	Ambleside	1st Girl
2	136	Abbie	Allan	Girl	10:22	Kendal	2nd Girl
3	33	Maia	Doherty	Girl	10:42	Helm Hill	3rd Girl
4	96	Annabelle	Taylor	Girl	10:42	Helm Hill	
5	49	Brodie	Weymouth	Girl	10:48	Aragons Junior Tri	
6	65	Lottie	Beardwood	Girl	11:13	Helm Hill	
7	144	Lydia	Shenton	Girl	11:21	UA	
8	76	Erin	Bagge	Girl	11:23	Helm Hill	
9	130	Charlotte	Barrett	Girl	11:28	Wharfedale	
10	67	Lily	Maiden	Girl	11:38	Helm Hill	
11	22	Courtney	Hutchinson	Girl	12:08	Ambleside	
12	17	Bethan	Rowley	Girl	12:24	Ambleside	
13	1	Emelia	Stevens	Girl	12:48	Helm Hill	
14	8	Jodie	Ritchie	Girl	12:53	Hoad Hill Harriers	
15	118	Lottie	Hunter	Girl	13:03	Helm Hill	
16	137	Giselle	Meschino	Girl	13:19	Ambleside	
17	125	Beckie	Dyer	Girl	13:33	Helm Hill	
18	51	Alexa	Weymouth	Girl	17:13	Aragons Junior Tri	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	06:31	Ambleside	1st Boy
2	41	Sam	Smith	Boy	06:34	Wharfedale	2nd Boy
3	46	Harry	Bowen	Boy	06:42	Ambleside	3rd Boy
4	15	Ollie	Sanders	Boy	06:53	Helm Hill	
5	6	Henry	Hunter	Boy	06:57	Helm Hill	
6	99	Alex	Tallon	Boy	07:00	UA	
7	27	James	Thornley	Boy	07:10	Ambleside	
8	102	Sonny	Ashton-Fitch	Boy	07:12	Settle	
9	36	Joseph	Clayton	Boy	07:17	Hoad Hill Harriers	
10	5	James	Duffy	Boy	07:18	CVFR	
11	109	Euan	Allan	Boy	07:23	Helm Hill	
12	116	Addison	Willis	Boy	07:25	Keighley and Craven	
13	66	Warren	Flemming	Boy	07:26	Hoad Hill Harriers	
14	72	Scott	Fisher	Boy	07:27	Hoad Hill Harriers	
15	34	Evan	Mills	Boy	07:32	Keighley and Craven	
16	58	Ben	Smith	Boy	07:34	Kendal	
17	60	Oliver	Smith	Boy	07:37	Kendal	
18	56	Charlie	Barry	Boy	07:39	Settle	
19	20	Douglas	Segger-Stavely	Boy	07:50	Settle	
20	85	Joseph	Rigby	Boy	08:00	Helm Hill	
21	93	Alex	Matthew	Boy	08:02	Lancaster and Morecambe	
22	138	Matthew	Pedleby	Boy	08:04	Howgill Harrier	
23	83	Alistair	Barr	Boy	08:09	Howgill Harrier	
24	32	Zach	Doherty	Boy	08:10	Dallam	
25	7	Nathan	Richie	Boy	08:14	Hoad Hill Harriers	
26	81	Alex	Graham	Boy	08:28	Ambleside	
27	42	Gordon	Blackburn	Boy	08:32	Ambleside	
28	16	Alex	Jackson	Boy	08:33	Ambleside	
29	135	Johnny	Swallow	Boy	08:34	UA	
30	26	Sam	Thornley	Boy	08:35	Ambleside	
31	73	Isaac	Robinson	Boy	08:39	Howgill Harrier	
32	37	Charlie	Clayton	Boy	08:47	Hoad Hill Harriers	
33	78	Oliver	Sampson	Boy	08:48	Settle	
34	71	Jamie	Harris	Boy	08:49	Hoad Hill Harriers	
35	127	Sam	Jackson	Boy	08:50	Helm Hill	
36	100	Alfie	Wilkin	Boy	08:52	UA	
37	62	Archie	Clark	Boy	08:55	Settle	
38	90	Ewan	Magri	Boy	08:56	UA	
39	39	Rory	Knowles	Boy	09:03	Ambleside	
40	75	Leo	Ranner	Boy	09:04	Helm Hill	
41	63	Marvin	Gibbs	Boy	09:07	Helm Hill	
42	48	Oliver	Oldham	Boy	09:10	Hoad Hill Harriers	
43	54	Oliver	Willoghby	Boy	09:24	Helm Hill	
44	132	Rowan	Ashworth	Boy	09:25	Ambleside	
45	106	Oscar	Wulf	Boy	09:26	Settle	
46	68	Jonah	Maiden	Boy	09:30	Hoad Hill Harriers	
47	124	Reuben	Dyer	Boy	09:34	UA	
48	120	Toby	Harper	Boy	09:49	UA	
49	80	Archie	Harding	Boy	09:49	Eden Runners	
50	86	Benji	Grundy	Boy	10:05	Keighley and Craven	
51	74	Theo	Robinson	Boy	10:06	Howgill Harrier	
52	38	Matthew	Wright	Boy	10:14	Helm Hill	
53	77	Dylan	Sampson	Boy	10:41	Settle	
	129	Hayden	Nussey	Boy		UA	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Emily	Swarbrick	Girl	07:19	Broughton	1st Girl
2	35	Olesia	Winder	Girl	07:30	Hoad Hill Harriers	2nd Girl
3	24	Sophie	Rylance	Girl	07:33	Ambleside	3rd Girl
4	59	Sarah	Smith	Girl	08:06	Kendal	
5	19	Clara	Samson	Girl	08:11	Helm Hill	
6	64	Ella	Beardwood	Girl	08:12	Helm Hill	
7	29	Bethan	Saunders	Girl	08:17	Hoad Hill Harriers	
8	11	Jessica	Edmondson	Girl	08:20	Ambleside	
9	104	Ella	Park	Girl	08:20	Helm Hill	
10	89	Melissa	McIntosh	Girl	08:27	Border Harriers	
11	119	Grace	Wells	Girl	08:42	Howgill Harrier	
12	3	Olivia	Swarbrick	Girl	08:44	Broughton	
13	98	Elisie	Tallon	Girl	08:54	UA	
14	122	Beau	Walkingshaw	Girl	08:57	Eden Runners	
15	123	Esme	Walkingshaw	Girl	09:19	Eden Runners	
16	110	Tara	Allan	Girl	09:22	Helm Hill	
17	114	Maesie	Evans	Girl	09:32	Ambleside	
18	51	Alexa	Weymouth	Girl	09:35	Aragons Junior Tri	
19	111	Josie	Nittsche	Girl	09:41	Settle	
20	107	Freya	Richards	Girl	09:47	Helm Hill	
21	30	Lauren	Evans	Girl	09:49	Settle	
22	91	Charlotte	Peart	Girl	09:56	Settle	
23	95	Connie	Maye	Girl	10:00	UA	
24	115	Joss	Evans	Girl	10:04	Ambleside	
25	40	Mollie	Smith	Girl	11:45	Wharfedale	
26	92	Cate	Matthew	Girl	12:26	Lancaster and Morecambe	
27	105	Laura	Bethal	Girl	12:47	UA	
	94	Peony	Chen	Girl		Ambleside	
	101	Isabelle	Helm	Girl		UA	