

# Mid Lancs Cross Country League at Thorncliffe, Barrow on Saturday 11th January 2014

## Under 11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1447	Amy Davies	Blackburn Harriers & Ac	7:09	16	1849	Georgia Norman	Lytham St Annes Rr Club	9:14
2	1911	Erin Moffatt	Lancaster & Morecambe Ac	7:13	17	326	Olivia Aberra	Lytham St Annes Rr Club	9:14
3	583	Kirsty Hamilton	Lancaster & Morecambe Ac	7:18	18	2616	\$Minke Tencate	Unattached	9:26
4	1803	Maisy Vasic	Rosendale Harriers & Ac	7:39	19	2123	Tilly Percy	Lancaster & Morecambe Ac	9:29
5	1847	Hollie Winstanley	Lytham St Annes Rr Club	7:44	20	2056	Kate Cookson	Blackburn Harriers & Ac	9:30
6	2609	\$Olesia Winder	Unattached	7:50	21	1619	Megan Howarth	Southport Waterloo Ac	9:40
7	1620	Lilly-Ann Grayson	Southport Waterloo Ac	8:06	22	1301	Olivia Baker	Horwich R M I Harriers	9:47
8	1621	Niamh Edmunds	Southport Waterloo Ac	8:09	23	2614	\$Maddy White	Unattached	9:48
9	1617	Freya Walsh	Southport Waterloo Ac	8:10	24	47	Anwen ButlerChatteu	Preston Harriers & Ac	9:58
10	1510	Mary Campell	Border Harriers & Ac	8:13	25	585	Macy Hinnigan	Lancaster & Morecambe Ac	10:34
11	1848	Rosie Taylor	Lytham St Annes Rr Club	8:29	26	1891	Alice Lodge	Red Rose Road Runners	10:42
12	1850	Rebecca Tate	Lytham St Annes Rr Club	8:31	27	1802	Shelley Newell	Rosendale Harriers & Ac	10:51
13	2116	Kirsty Maher	Lancaster & Morecambe Ac	8:40	28	2133	Hannah Bosman	Red Rose Road Runners	11:12
14	1190	Natalie Luczak	Blackpool Wyre & Fylde Ac	8:46	29	2612	\$Abby Trowse	Unattached	12:28
15	2122	Holly Murray	Barrow & Furness Striders	8:52					

## Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1771	George Owen	Hyndburn Ac	6:41	17	1833	Ryan Heneghan	Rosendale Harriers & Ac	7:58
2	1241	James Smith	Blackpool Wyre & Fylde Ac	6:49	18	1499	Edward Lee	Blackburn Harriers & Ac	8:06
3	162	Kyle Jones	Leigh Harriers & Ac	6:57	19	342	Harry Booth	Lytham St Annes Rr Club	8:07
4	2040	Gregor Anderson	Lytham St Annes Rr Club	6:59	20	652	Thomas Dowthwaite	Lancaster & Morecambe Ac	8:10
5	1498	Jamie Teare	Blackburn Harriers & Ac	7:00	21	2118	Jacob Nelson	Barrow & Furness Striders	8:16
6	1243	Tim Woodman	Blackpool Wyre & Fylde Ac	7:08	22	1909	Rory Teare	Blackburn Harriers & Ac	8:17
7	122	Thomas Durney	Preston Harriers & Ac	7:17	23	2126	Thomas Perks	Chorley	8:21
8	2125	Louis Eunson	Lytham St Annes Rr Club	7:23	24	2135	Toby Umpleby	Kendal AAC	8:29
9	1693	Sam Coupland	Southport Waterloo Ac	7:23	25	1692	Lewis McMahon	Southport Waterloo Ac	8:39
10	2033	Daniel Lilley	Chorley	7:24	26	2611	\$Lewis Trowse	Unattached	8:39
11	859	Jack Hughes	Chorley	7:25	27	1897	Tobias Rogerson	Lytham St Annes Rr Club	9:08
12	338	Farron O'Higgins	Lytham St Annes Rr Club	7:34	28	121	Aaron Halliday	Preston Harriers & Ac	9:38
13	343	Simon Holt	Lytham St Annes Rr Club	7:36	29	2610	\$Lewis Cross	Unattached	9:53
14	255	Harvey Cooper	Barrow & Furness Striders	7:45	30	2137	Jacob Preston	Lancaster & Morecambe Ac	10:50
15	1895	Joshua Roelants	Kendal AAC	7:46	31	1875	Harvey Halliday	Preston Harriers & Ac	11:39
16	2041	Cade Anderson	Lytham St Annes Rr Club	7:47					

## Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	41	Jasmine Jolly	Preston Harriers & Ac	8:48	10	1179	Hannah Eadie	Blackpool Wyre & Fylde Ac	10:36
2	569	Emma Whitaker	Lancaster & Morecambe Ac	9:08	11	1183	Isabelle Woodman	Blackpool Wyre & Fylde Ac	10:46
3	2043	Esmé Davies	Team North Cumbria	9:18	12	1347	Imogen Gorst	Kendal AAC	10:48
4	1348	Stephanie Driscoll	Kendal AAC	9:31	13	1300	Ellie Baker	Horwich R M I Harriers	10:48
5	1441	Maddie Elliott	Blackburn Harriers & Ac	9:36	14	1846	Chloe Norman	Lytham St Annes Rr Club	11:12
6	1346	Samantha Bland	Kendal AAC	9:37	15	2615	\$Lizzy White	Unattached	11:20
7	1443	Hannah Cookson	Blackburn Harriers & Ac	9:55	16	2140	Bryony Sharp	Lancaster & Morecambe Ac	11:35
8	1186	Danielle Whipp	Blackpool Wyre & Fylde Ac	9:57	17	2136	Millie Chadwick	Barrow & Furness Striders	13:29
9	1380	Ruby Schofield	Pendle Athletic Club	9:59	18	1798	Katrina Newell	Rosendale Harriers & Ac	18:07

## Under 13 Girls — TEAM RESULTS

No complete teams

## Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1407	Kai Atkins	Pendle Athletic Club	10:23	9	1765	Dylan Ross	Hyndburn Ac	12:28
2	923	Jack Deelingham	Wigan & District H & Ac	10:31	10	2115	Brennan Molyneux	Barrow & Furness Striders	13:02
3	253	Jake Cooper	Barrow & Furness Striders	11:29	11	1924	Euan Marsden	Preston Harriers & Ac	13:03
4	1236	George Robinson	Blackpool Wyre & Fylde Ac	11:34	12	1288	Conner O'Hara	Glaxo Hoard Hill Harriers	13:27
5	1406	Timothy Barnes	Pendle Athletic Club	11:57	13	2134	Joey Umpleby	Kendal AAC	14:56
6	155	Joseph Wane	Leigh Harriers & Ac	11:59	14	1829	Ewan Heneghan	Rosendale Harriers & Ac	15:21
7	116	Luke Parker	Preston Harriers & Ac	12:05	15	1287	Alistair Howie	Glaxo Hoard Hill Harriers	15:29
8	846	Ben Hughes	Chorley	12:19					

## Race 4 - Under 13 Boys — TEAM RESULTS

No complete teams

## Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1345	Heidi Murray	Kendal AAC	11:26	7	1745	Emma Guilfoyle	Hyndburn Ac	12:45
2	1610	Emma Alderson	Southport Waterloo Ac	11:44	8	216	Georgia Cooper	Barrow & Furness Striders	12:56
3	1175	Jessica Rogers	Blackpool Wyre & Fylde Ac	11:46	9	1124	Mia Senior	Helm Hill	13:04
4	1437	Megan Clarkson	Blackburn Harriers & Ac	11:58	10	1746	Charlie Coy	Hyndburn Ac	13:04
5	1125	Imogen Burrow	Helm Hill	12:04	11	2119	Gilroykatie	Hyndburn Ac	13:56
6	2613	\$Ellie Lambert	Unattached	12:34	12	2114	Caitlin White	Barrow & Furness Striders	15:56

## Race 4 - Under 15 Girls — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League at Thorncliffe, Barrow on Saturday 11th January 2014

## Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1401	Matthew Barnes	Pendle Athletic Club	12:14	9	249	Jonty Dacre	Barrow & Furness Striders	14:06
2	1399	Thomas Marchant	Pendle Athletic Club	12:33	10	1405	Gregan Baker	Pendle Athletic Club	14:28
3	1400	Tiarnan Crocken	Pendle Athletic Club	13:00	11	1404	Harry Schofield	Pendle Athletic Club	15:24
4	1229	Samuel Matthews	Blackpool Wyre & Fylde Ac	13:09	12	2138	Thomas Edmonds	Barrow & Furness Striders	15:25
5	1228	Thomas Matthews	Blackpool Wyre & Fylde Ac	13:14	13	1227	Alexander Hamilton	Blackpool Wyre & Fylde Ac	15:49
6	1234	Connor Finlayson	Blackpool Wyre & Fylde Ac	13:23	14	1047	Simon Wilshaw	Clayton Le Moors Harriers	16:32
7	1152	Jacob Aubrey	Helm Hill	13:41	15	1547	Aaron Campell	Border Harriers & Ac	20:20
8	1398	Jordan Isherwood	Pendle Athletic Club	13:53					

## Race 5 - Under 15 Boys — TEAM RESULTS

1	Pendle Athletic Club	14 — 1	Matthew Barnes	2	Thomas Marchant	3	Tiarnan Crocken	8	Jordan Isherwood
2	Blackpool Wyre & Fylde Ac	28 — 4	Samuel Matthews	5	Thomas Matthews	6	Connor Finlayson	13	Alexander Hamilton

## Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	555	Mary Hodgson	Lancaster & Morecambe Ac	13:57
2	1780	Rebecca Flanagan	Rosendale Harriers & Ac	15:08
3	212	Sophie Seddon	Barrow & Furness Striders	15:40

## Race 5 - Under 17 Women — TEAM RESULTS

No complete teams

## Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1545	Ciaran Campell	Border Harriers & Ac	16:44	7	1369	Mark Sullian	Kendal AAC	18:19
2	1149	Christopher Richards	Helm Hill	16:52	8	2117	Ryan Everett	Barrow & Furness Striders	18:42
3	1393	James Marchant	Pendle Athletic Club	17:09	9	1763	Callum Ross	Hyndburn Ac	19:08
4	1391	Matthew Dutton	Pendle Athletic Club	17:28	10	538	Jordan Donoghue	Red Rose Road Runners	20:22
5	1148	Matthew S	Helm Hill	17:40	11	1936	Ethan Hodgkinson	Red Rose Road Runners	21:21
6	2139	Matthew Dory	Kendal AAC	18:12	12	1283	Curtis Jackson	Glaxo Hoad Hill Harriers	23:00

## Race 6 - Under 17 Men — TEAM RESULTS

No complete teams

## Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1120	Lauren Munro-Bennett	L20 1	Helm Hill	18:53
2	15	Laura Sullian	L20 2	Preston Harriers & Ac	22:11
3	1743	Ellen Sagar-Hesketh	L20 3	Hyndburn Ac	23:01

## Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League at Thorncliffe, Barrow on Saturday 11th January 2014

## Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1066	Kirsty Longley	L35	1 Liverpool Pembroke Sefton	18:06	40	2141	Wendy Dodds	L55	4 Clayton Le Moors Harriers	24:25
2	203	Anna Lupton	L35	2 Barrow & Furness Striders	18:24	41	1889	Margaret Lupton	L45	9 Red Rose Road Runners	24:32
3	209	Christina Wiejak	L	3 Barrow & Furness Striders	18:49	42	1294	Christa Whatmough	L35	12 Horwich R M I Harriers	24:35
4	1422	Helen Leigh	L	4 Blackburn Harriers & Ac	18:51	43	182	Danielle Burrows	L	43 Garstang	24:35
5	1120	Lauren Munro-Bennett	L20	1 Helm Hill		44	179	Amy Fisher	L	44 Garstang	24:44
						45	176	Sheena Cottam	L35	13 Garstang	24:49
6	2623	\$Rebecca Sheffield	L	6 Ambleside Ac	18:58	46	183	Amie McAvoy	L	46 Garstang	24:50
7	1163	Caroline Betmead	L35	3 Blackpool Wyre & Fylde Ac	19:15	47	1926	Vicki Sherrington	L35	14 Preston Harriers & Ac	24:52
8	207	Hollie Orr	L	8 Barrow & Furness Striders	19:26	48	480	Teresa Douglas	L55	5 Eden Runners	25:27
9	317	Joanna Goorney	L35	4 Lytham St Annes Rr Club	19:51	49	2059	Gill Hamilton	L35	15 Lancaster & Morecambe Ac	25:32
10	1425	Sarah Toms	L	10 Blackburn Harriers & Ac	20:21	50	315	Julia Rolfe	L45	10 Lytham St Annes Rr Club	25:35
11	206	Katie Savage	L	11 Barrow & Furness Striders	20:46	51	2142	Dawn Bloor	L45	11 Lytham St Annes Rr Club	25:39
12	1168	Emily Japp	L	12 Blackpool Wyre & Fylde Ac	20:53	52	204	Helen Walker	L	52 Barrow & Furness Striders	25:44
13	381	Carmel Sullian	L45	1 Wesham Road Runners	20:56	53	505	Debbie Porter	L35	16 Red Rose Road Runners	25:54
14	199	Kath Crisp	L35	5 Barrow & Furness Striders	21:03	54	734	Christine Sweatman	L55	6 Chorley	26:15
15	1165	Stasia Bligh	L35	6 Blackpool Wyre & Fylde Ac	21:18	55	380	Lisa Minns	L45	12 Wesham Road Runners	26:19
16	1337	Lucy Varney	L45	2 Kendal AAC	21:26	56	934	Georgina Slater	L	56 Clayton Le Moors Harriers	26:43
17	1167	Carly Morgan	L	17 Blackpool Wyre & Fylde Ac	21:46	57	318	Liz Boon	L35	17 Lytham St Annes Rr Club	27:16
18	270	Suzanne Gregory	L35	7 Astley & Tyldesley RR	21:47	58	2617	\$Melissa Greaves	L	58 Parkside Panthers	27:17
19	2	Marian Hesketh	L55	1 Preston Harriers & Ac	21:50	59	1592	Katy Coupland	L35	18 Southport Waterloo Ac	27:36
20	15	Laura Sullian	L20	2 Preston Harriers & Ac	22:11	60	170	Denise Hughes	L45	13 Garstang	27:48
21	1069	Icky Jones	L	21 Liverpool Pembroke Sefton	22:13	61	168	Mary Hewitt	L55	7 Garstang	28:20
22	1917	Irene Roche	L55	2 Clayton Le Moors Harriers	22:51	62	2128	Kalyani Nutt	L	62 Glaxo Hoad Hill Harriers	28:35
23	548	Lauren Gora	L	23 Lancaster & Morecambe Ac	22:55	63	499	Adela Nuttall	L45	14 Red Rose Road Runners	28:59
24	1743	Ellen Sagar-Hesketh	L20	3 Hyndburn Ac	23:01	64	2620	\$Ann Nicholson	L60	1 Unattached	29:15
25	389	Jenn Thompson	L35	8 Wesham Road Runners	23:02	65	2619	\$Aimee Goodings	L	65 Parkside Panthers	29:48
26	2621	\$Sarah Grisdale	L	26 Unattached	23:10	66	1247	Penny Moreton	L45	15 Glaxo Hoad Hill Harriers	29:58
27	1864	Kirsty Mackenzie	L	27 Liverpool Pembroke Sefton	23:13	67	2070	Helen Orson	L35	19 Red Rose Road Runners	30:11
28	1595	Sarah Grayson	L	28 Southport Waterloo Ac	23:22	68	506	Pita Oates	L35	20 Red Rose Road Runners	30:22
29	379	Tracey Hulme	L45	3 Wesham Road Runners	23:28	69	1966	Christine Leatherley	L55	8 Clayton Le Moors Harriers	30:57
30	1161	Andrea Smith	L45	4 Blackpool Wyre & Fylde Ac	23:31	70	507	Wendy Ward	L35	21 Red Rose Road Runners	31:25
31	1250	Joanne McLeod	L45	5 Glaxo Hoad Hill Harriers	23:31	71	377	Kerry Eccles	L45	16 Wesham Road Runners	31:49
32	1978	Vicky Heys	L35	9 Clayton Le Moors Harriers	23:48	72	508	Carole Williams	L35	22 Red Rose Road Runners	32:22
33	1918	Jean Knightley	L55	3 Clayton Le Moors Harriers	23:56	73	2618	\$Michelle Shaw	L	73 Parkside Panthers	33:14
34	1162	Laura Lawler	L45	6 Blackpool Wyre & Fylde Ac	24:03	74	496	Janet Saynor	L55	9 Red Rose Road Runners	33:18
35	200	Sonja Foster	L35	10 Barrow & Furness Striders	24:09	75	1967	Susan Allen	L45	17 Clayton Le Moors Harriers	33:32
36	937	Rebecca Rawcliffe	L	36 Clayton Le Moors Harriers	24:11	76	2132	Kate Bosman	L35	23 Red Rose Road Runners	34:17
37	256	Benda Wane	L45	7 Astley & Tyldesley RR	24:12	77	512	Ann Donoghue	L	77 Red Rose Road Runners	34:34
38	1160	Karen Dunford	L45	8 Blackpool Wyre & Fylde Ac	24:13	78	1931	Joanne Malcolmson	L	78 Red Rose Road Runners	34:46
39	1336	Jacky Waine	L35	11 Kendal AAC	24:14	79	1944	Sue Wickham	L45	18 Preston Harriers & Ac	34:34
						80	310	Dawn Lock	L55	10 Lytham St Annes Rr Club	36:55

## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Barrow & Furness Striders	12 — 2 Anna Lupton	3 Christina Wiejak	7 Hollie Orr
2 Blackpool Wyre & Fylde Ac	31 — 6 Caroline Betmead	11 Emily Japp	14 Stasia Bligh
3 Liverpool Pembroke Sefton	46 — 1 Kirsty Longley	20 Icky Jones	25 Kirsty Mackenzie
4 Barrow & Furness Striders 'B'	56 — 10 Katie Savage	13 Kath Crisp	33 Sonja Foster
5 Wesham Road Runners	63 — 12 Carmel Sullian	24 Jenn Thompson	27 Tracey Hulme
6 Blackpool Wyre & Fylde Ac 'B'	76 — 16 Carly Morgan	28 Andrea Smith	32 Laura Lawler
7 Clayton Le Moors Harriers	82 — 21 Irene Roche	30 Vicky Heys	31 Jean Knightley
8 Preston Harriers & Ac	82 — 18 Marian Hesketh	19 Laura Sullian	45 Vicki Sherrington
9 Lytham St Annes Rr Club	105 — 8 Joanna Goorney	48 Julia Rolfe	49 Dawn Bloor
10 Garstang	126 — 41 Danielle Burrows	42 Amy Fisher	43 Sheena Cottam
11 Clayton Le Moors Harriers 'B'	126 — 34 Rebecca Rawcliffe	38 Wendy Dodds	54 Georgina Slater
12 Glaxo Hoad Hill Harriers	149 — 29 Joanne McLeod	59 Kalyani Nutt	61 Penny Moreton
13 Red Rose Road Runners	150 — 39 Margaret Lupton	51 Debbie Porter	60 Adela Nuttall
14 Garstang 'B'	159 — 44 Amie McAvoy	57 Denise Hughes	58 Mary Hewitt
15 Red Rose Road Runners 'B'	190 — 62 Helen Orson	63 Pita Oates	65 Wendy Ward
16 Red Rose Road Runners 'C'	205 — 67 Carole Williams	68 Janet Saynor	70 Kate Bosman

## Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Blackpool Wyre & Fylde Ac	24 — 3 Caroline Betmead	7 Stasia Bligh	14 Andrea Smith
2 Barrow & Furness Striders	27 — 2 Anna Lupton	6 Kath Crisp	19 Sonja Foster
3 Wesham Road Runners	30 — 5 Carmel Sullian	12 Jenn Thompson	13 Tracey Hulme
4 Clayton Le Moors Harriers	44 — 11 Irene Roche	16 Vicky Heys	17 Jean Knightley
5 Lytham St Annes Rr Club	65 — 4 Joanna Goorney	30 Julia Rolfe	31 Dawn Bloor
6 Preston Harriers & Ac	87 — 10 Marian Hesketh	27 Vicki Sherrington	50 Sue Wickham
7 Red Rose Road Runners	95 — 24 Margaret Lupton	32 Debbie Porter	39 Adela Nuttall
8 Garstang	101 — 26 Sheena Cottam	37 Denise Hughes	38 Mary Hewitt
9 Clayton Le Moors Harriers 'B'	114 — 23 Wendy Dodds	43 Christine Leatherley	48 Susan Allen
10 Red Rose Road Runners 'B'	127 — 41 Helen Orson	42 Pita Oates	44 Wendy Ward
11 Red Rose Road Runners 'C'	142 — 46 Carole Williams	47 Janet Saynor	49 Kate Bosman

## Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton Le Moors Harriers	24 — 4 Irene Roche	8 Jean Knightley	12 Wendy Dodds
2 Wesham Road Runners	24 — 1 Carmel Sullian	5 Tracey Hulme	18 Lisa Minns
3 Blackpool Wyre & Fylde Ac	26 — 6 Andrea Smith	9 Laura Lawler	11 Karen Dunford
4 Red Rose Road Runners	59 — 13 Margaret Lupton	21 Adela Nuttall	25 Janet Saynor
5 Lytham St Annes Rr Club	59 — 15 Julia Rolfe	16 Dawn Bloor	28 Dawn Lock

## Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton Le Moors Harriers	9 — 2 Irene Roche	3 Jean Knightley	4 Wendy Dodds
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**Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)**

**Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight**

# Mid Lancs Cross Country League

## at Thorncliffe, Barrow on Saturday 11th January 2014

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time	
1	1529	James Douglas		Border Harriers & Ac	30:06	84	403	John Collier	V60 2	Wesham Road Runners	38:29
2	1145	Tom Addison		Helm Hill	30:36	85	281	Shaun Moran	V50 11	Astley & Tyldesley RR	38:35
3	1660	James Tarrt		Southport Waterloo Ac	30:44	86	2121	Danny Bouffler		Barrow & Furness Striders	38:42
4	1329	Chris Farrell		Horwich R M I Harriers	30:46	87	1204	Gary Johnston	V50 12	Blackpool Wyre & Fylde Ac	38:47
5	2148	Joe Mercer		Horwich R M I Harriers	31:25	88	1551	Matt Hamer		Lancaster University	38:59
6	91	Daniel Bebbington	U20 1	Preston Harriers & Ac	31:50	89	238	James Jordan		Barrow & Furness Striders	39:03
7	1461	Matt Nuttall	V40 1	Blackburn Harriers & Ac	31:58	90	1725	Derek Walkden	V40 22	Barlick Fr	39:09
8	222	Bob Atkinson	V50 1	Barrow & Furness Striders	31:59	91	905	Richard Noone	V40 23	Wigan & District H & Ac	39:17
9	1645	Matt Thompson	V40 2	Southport Waterloo Ac	32:03	92	327	Graham Webster	V60 3	Lytham St Annes Rr Club	39:29
10	240	Phil Waite		Barrow & Furness Striders	32:14	93	187	Graham Tagg	V40 24	Garstang	39:38
11	1462	Paul Guinan	V40 3	Blackburn Harriers & Ac	32:16	94	2105	Ian Newcombe	V50 13	Astley & Tyldesley RR	39:40
12	606	Steven Worthington		Lancaster & Morecambe Ac	32:19	95	523	Philip Butler	V50 14	Red Rose Road Runners	39:41
13	916	Andrew Kaufman		Wigan & District H & Ac	32:23	96	328	Terry Helling	V50 15	Lytham St Annes Rr Club	39:54
14	1526	John Mason		Border Harriers & Ac	32:27	97	54	Alan Appleby	V60 4	Preston Harriers & Ac	40:03
15	2624	\$Mark Chippendale	V45 1	Bowland Fell Runners	32:45	98	799	Paul Wareing	V50 16	Chorley	40:15
16	1732	Nick Treitl		Barlick Fr	32:46	99	1006	Michael Hogan	V40 25	Clayton Le Moors Harriers	40:29
17	239	Todd Oates		Barrow & Furness Striders	33:03	100	1280	Tom Southward		Glaxo Hoad Hill Harriers	40:29
18	1478	Thomas Blaney		Blackburn Harriers & Ac	33:05	101	2095	Cian Nutt		Glaxo Hoad Hill Harriers	40:33
19	708	Daniel Taylor		Wigan Phoenix	33:12	102	526	Stu Cann	V40 26	Red Rose Road Runners	40:34
20	1664	Patrick Vis		Southport Waterloo Ac	33:19	103	73	Neil McDonald	V40 27	Preston Harriers & Ac	40:43
21	1320	David Jackson	V40 4	Horwich R M I Harriers	33:21	104	891	Barry Abram	V50 17	Wigan & District H & Ac	40:46
22	1324	Alastair Murray		Horwich R M I Harriers	33:23	105	2120	Ian Sadler	V40 28	Barrow & Furness Striders	40:53
23	2098	Jonathan Bruton		Horwich R M I Harriers	33:23	106	820	Jonathon Burgess		Chorley	40:55
24	1470	Shaun Livesey		Blackburn Harriers & Ac	33:25	107	1274	Erk Hampton	V40 29	Glaxo Hoad Hill Harriers	40:58
25	77	Gethin Butler	V40 5	Preston Harriers & Ac	33:29	108	2060	Kevin Ashworth	V40 30	Lytham St Annes Rr Club	41:06
26	1211	Malc Eadie	V40 6	Blackpool Wyre & Fylde Ac	33:36	109	330	Willie Richmond	V50 18	Lytham St Annes Rr Club	41:08
27	1472	Chris Davies		Blackburn Harriers & Ac	33:41	110	1266	Graham Pinder	V50 19	Glaxo Hoad Hill Harriers	41:27
28	1532	Will Nicolson		Border Harriers & Ac	33:42	111	2130	Dave Maudsley	V40 31	Red Rose Road Runners	41:37
29	694	John Morrissey		Wigan Phoenix	33:47	112	2124	Neil Tate		Lytham St Annes Rr Club	41:49
30	1970	Mike McIver		Barrow & Furness Striders	33:55	113	1471	Allan Hartley		Blackburn Harriers & Ac	41:58
31	1554	Phil Robertson		Lancaster University	33:56	114	1733	James Fent		Barlick Fr	42:01
32	1278	Dave Fulford		Glaxo Hoad Hill Harriers	34:07	115	1275	Andy Jackson	V40 32	Glaxo Hoad Hill Harriers	42:04
33	897	Mark Rogers	V40 7	Wigan & District H & Ac	34:08	116	1259	Pat Thomas	V60 5	Glaxo Hoad Hill Harriers	42:07
34	225	Ray Jones	V50 2	Barrow & Furness Striders	34:32	117	903	Graham Millington	V40 33	Wigan & District H & Ac	42:10
35	81	Christopher Tully		Preston Harriers & Ac	34:36	118	1760	David Moynihan	V40 34	Hyndburn Ac	42:13
36	1972	Joe Greenwood		Lytham St Annes Rr Club	34:36	119	406	John Bertenshaw	V50 20	Wesham Road Runners	42:29
37	1473	Chris Barnes		Blackburn Harriers & Ac	34:56	120	184	Tony Pritchard	V60 6	Garstang	42:32
38	914	Gary Fitzpatrick		Wigan & District H & Ac	34:57	121	2143	Dean Atherton		Wigan & District H & Ac	42:38
39	2147	Luke Parker		Southport Waterloo Ac	35:09	122	2150	David Cutts		Southport Waterloo Ac	42:42
40	1281	Mark Saunders		Glaxo Hoad Hill Harriers	35:14	123	890	Andrew Eccles	V50 21	Wigan & District H & Ac	42:54
41	1518	Jason Holmes	V40 8	Border Harriers & Ac	35:18	124	1357	John Jones	V50 22	Kendal AAC	42:55
42	1737	Robert Weir		Barlick Fr	35:23	125	524	Frank Nightingale	V40 35	Red Rose Road Runners	43:03
43	248	Will Rigg	U20 2	Barrow & Furness Striders	35:28	126	984	Peter Browning	V50 23	Clayton Le Moors Harriers	43:07
44	915	Christopher Burgess		Wigan & District H & Ac	35:32	127	1261	Adrian Newnham	V60 7	Glaxo Hoad Hill Harriers	43:08
45	1997	Tim Campbell	V40 9	Astley & Tyldesley RR	35:39	128	196	Chris Airey		Garstang	43:17
46	1362	Stephen Potter		Kendal AAC	35:44	129	1740	Scott Baistow	U20 3	Barlick Fr	43:20
47	2127	Alex Davies	V40 10	Team North Cumbria	35:54	130	2081	Stephen Roberts	V40 36	Kendal AAC	43:25
48	1556	Ryan Stevenson		Lancaster University	36:05	131	2144	Daniel Preston	U20 4	Lancaster University	43:40
49	1316	Andy Townsend	V40 11	Horwich R M I Harriers	36:24	132	1356	Peter Ackland	V50 24	Kendal AAC	43:47
50	2622	\$Paul Neild	V40 12	Bowland Fell Runners	36:33	133	1553	Nicholas Barton		Lancaster University	43:55
51	904	Mike Harris	V40 13	Wigan & District H & Ac	36:36	134	1993	Ben Seed		Garstang	43:59
52	2625	\$Lee Parrington		Unattached	36:37	135	2149	Mark Walker	V50 25	Kendal AAC	44:08
53	1268	Gary Doer	V40 14	Glaxo Hoad Hill Harriers	36:39	136	1999	Scott Priestley		Astley & Tyldesley RR	44:10
54	1739	Daniel Taylor		Barlick Fr	36:47	137	962	David Scott	V60 8	Clayton Le Moors Harriers	44:11
55	298	Simon Ford		Astley & Tyldesley RR	36:52	138	404	Alan Glasgow	V50 26	Wesham Road Runners	44:12
56	1217	James Unsworth		Blackpool Wyre & Fylde Ac	36:56	139	783	Barry Chester	V60 9	Chorley	44:27
57	1659	Matthew Goddard		Southport Waterloo Ac	37:02	140	593	Mike Peat	V50 27	Lancaster & Morecambe Ac	45:02
58	57	Kevin Hesketh	V50 3	Preston Harriers & Ac	37:07	141	1457	Richard Taylor	V40 37	Blackburn Harriers & Ac	45:13
59	1269	Sean Dixon	V40 15	Glaxo Hoad Hill Harriers	37:10	142	972	Melyn Thistlethwaite	V60 10	Clayton Le Moors Harriers	45:25
60	336	Thomas Howarth		Lytham St Annes Rr Club	37:16	143	1353	Paul Percival Smith	V50 28	Kendal AAC	45:41
61	1351	Mike Walsh	V60 1	Kendal AAC	37:16	144	1304	Pete Bland	V60 11	Horwich R M I Harriers	46:07
62	1627	Rob Johnson	V50 4	Southport Waterloo Ac	37:22	145	785	Graham Schofield	V60 12	Chorley	46:17
63	1984	Chris Wales	V40 16	Preston Harriers & Ac	37:24	146	1455	Ian Clarkson	V40 38	Blackburn Harriers & Ac	46:18
64	2106	Neil Hughes		Astley & Tyldesley RR	37:24	147	2012	Jonathan Evans	V40 39	Red Rose Road Runners	46:21
65	600	Kevin Wilson	V40 17	Lancaster & Morecambe Ac	37:25	148	2129	Alan Wilson	V40 40	Glaxo Hoad Hill Harriers	47:14
66	1277	Steve Young		Glaxo Hoad Hill Harriers	37:27	149	1306	Gordon Stone	V50 29	Horwich R M I Harriers	47:40
67	1272	Christopher Howie	V40 18	Glaxo Hoad Hill Harriers	37:29	150	1636	John Vis	V50 30	Southport Waterloo Ac	47:50
68	532	Ben Donoghue		Red Rose Road Runners	37:29	151	2146	Dave Worthington	V60 13	Lancaster & Morecambe Ac	48:12
69	285	Mark Riches	V50 5	Astley & Tyldesley RR	37:31	152	1623	Stephen James	V60 14	Southport Waterloo Ac	48:27
70	1534	Tom Nicolson		Border Harriers & Ac	37:35	153	400	Peter Bartlett	V60 15	Wesham Road Runners	48:31
71	2145	Richard Smith		Preston Harriers & Ac	37:35	154	488	Albert Douglas	V60 16	Eden Runners	48:41
72	1474	Andrew Heys		Blackburn Harriers & Ac	37:43	155	417	Christopher Moss	V40 41	Wesham Road Runners	48:46
73	1015	Alex Cran	V40 19	Clayton Le Moors Harriers	37:44	156	673	Roy Hart	V60 17	Wigan Phoenix	48:47
74	518	Joe Swarbrick	V50 6	Red Rose Road Runners	37:47	157	530	Rob Mather	V40 42	Red Rose Road Runners	49:18
75	987	Mark Wightman	V50 7	Clayton Le Moors Harriers	37:48	158	1514	Peter Campbell	V50 31	Border Harriers & Ac	49:24
76	993	Kevin Daies	V50 8	Clayton Le Moors Harriers	37:52	159	598	Charlie Satterly	V40 43	Lancaster & Morecambe Ac	49:30
77	516	Ken Addison	V50 9	Red Rose Road Runners	38:01	160	2027	Andy Speer	V40 44	Red Rose Road Runners	49:32
78	1273	Jeffrey Chadwick	V40 20	Glaxo Hoad Hill Harriers	38:13	161	790	Phil McCullough	V50 32	Chorley	49:44
79	1950	Gareth Presch		Border Harriers & Ac	38:15	162	587	George Parrington	V60 18	Lancaster & Morecambe Ac	49:58
80	82	Andy Grimshaw		Preston Harriers & Ac	38:21	163	1198	Alan Wilkinson	V60 19	Blackpool Wyre & Fylde Ac	50:03
81	1208	Trevor Uttley	V40 21	Blackpool Wyre & Fylde Ac	38:22	164	1200	Peter Gibson	V60 20	Blackpool Wyre & Fylde Ac	50:04
82	2073	Danny Gilbody		Liverpool Pembroke Sefton	38:25	165	1267	Ken Lamb	V50 33	Glaxo Hoad Hill Harriers	50:18
83	1311	Doug Fleming	V50 10	Horwich R M I Harriers	38:28	166	332	Greg Oulton	V40 45	Lytham St Annes Rr Club	50:23

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167 1521 Andrew Field	Border Harriers & Ac	51:00	172 2011 Gavin Beetham	V50 35 Red Rose Road Runners	53:33
168 1262 John Barstow	V60 21 Glaxo Hoad Hill Harriers	51:12	173 1276 Karl Fursey	V40 46 Glaxo Hoad Hill Harriers	54:37
169 970 Robert Hirst	V60 22 Clayton Le Moors Harriers	51:23	174 1194 John Winters	V60 24 Blackpool Wyre & Fylde Ac	55:58
170 2097 David Jones	V50 34 Glaxo Hoad Hill Harriers	51:34	175 2096 Cormac Murray	Glaxo Hoad Hill Harriers	56:31
171 1302 John Parker	V60 23 Horwich R M I Harriers	51:37	176 531 Luke Bosman	V40 47 Red Rose Road Runners	58:13

### Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Blackburn Harriers & Ac	120 — 7 Matt Nuttall	11 Paul Guinan	17 Thomas Blaney	23 Shaun Livesey	26 Chris Davies	36 Chris Barnes
2 Horwich R M I Harriers	120 — 4 Chris Farrell	5 Joe Mercer	20 David Jackson	21 Alastair Murray	22 Jonathan Bruton	48 Andy Townsend
3 Barrow & Furness Striders	138 — 8 Bob Atkinson	10 Phil Waite	16 Todd Oates	29 Mike McIver	33 Ray Jones	42 Will Rigg
4 Southport Waterloo Ac	182 — 3 James Tartt	9 Matt Thompson	19 Patrick Vis	38 Luke Parker	54 Matthew Goddard	59 Rob Johnson
5 Border Harriers & Ac	225 — 1 James Douglas	14 John Mason	27 Will Nicolson	40 Jason Holmes	67 Tom Nicolson	76 Gareth Presch
6 Preston Harriers & Ac	247 — 6 Daniel Bebbington	24 Gethin Butler	34 Christopher Tully	55 Kevin Hesketh	60 Chris Wales	68 Richard Smith
7 Wigan & District H & Ac	262 — 13 Andrew Kaufman	32 Mark Rogers	37 Gary Fitzpatrick	43 Christopher Burgess	49 Mike Harris	88 Richard Noone
8 Glaxo Hoad Hill Harriers	303 — 31 Dave Fulford	39 Mark Saunders	50 Gary Doer	56 Sean Dixon	63 Steve Young	64 Christopher Howie
9 Astley & Tyldesley RR	396 — 44 Tim Campbell	52 Simon Ford	61 Neil Hughes	66 Mark Riches	82 Shaun Moran	91 Ian Newcombe
10 Barlick Fr	431 — 15 Nick Treilt	41 Robert Weir	51 Daniel Taylor	87 Derek Walkden	111 James Fent	126 Scott Baistow
11 Lytham St Annes Rr Club	485 — 35 Joe Greenwood	57 Thomas Howarth	89 Graham Webster	93 Terry Hellings	105 Kevin Ashworth	106 Willie Richmond
12 Red Rose Road Runners	509 — 65 Ben Donoghue	71 Joe Swarbrick	74 Ken Addison	92 Philip Butler	99 Stu Cann	108 Dave Maudsley
13 Blackpool Wyre & Fylde Ac	561 — 25 Malc Eadie	53 James Unsworth	78 Trevor Uttley	84 Gary Johnston	160 Alan Wilkinson	161 Peter Gibson
14 Clayton Le Moors Harriers	568 — 70 Alex Cran	72 Mark Wightman	73 Kevin Daies	96 Michael Hogan	123 Peter Browning	134 David Scott
15 Glaxo Hoad Hill Harriers 'B'	593 — 75 Jeffrey Chadwick	97 Tom Southward	98 Cian Nutt	104 Erik Hampton	107 Graham Pinder	112 Andy Jackson
16 Kendal AAC	612 — 45 Stephen Potter	58 Mike Walsh	121 John Jones	127 Stephen Roberts	129 Peter Ackland	132 Mark Walker
17 Lancaster & Morecambe Ac	674 — 12 Steven Worthington	62 Kevin Wilson	137 Mike Peat	148 Dave Worthington	156 Charlie Satterly	159 George Parrington
18 Glaxo Hoad Hill Harriers 'C'	876 — 113 Pat Thomas	124 Adrian Newnham	145 Alan Wilson	162 Ken Lamb	165 John Barstow	167 David Jones
19 Red Rose Road Runners 'B'	919 — 122 Frank Nightingale	144 Jonathan Evans	154 Rob Mather	157 Andy Speer	169 Gavin Beetham	173 Luke Bosman

### Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	91	Daniel Bebbington	U20	1 Preston Harriers & Ac	31:50
2	248	Will Rigg	U20	2 Barrow & Furness Striders	35:28
3	1740	Scott Baistow	U20	3 Barlick Fr	43:20
4	2144	Daniel Preston	U20	4 Lancaster University	43:40

### Senior Men under 20 — TEAM RESULTS

No complete teams

### Senior Men (Vets) over 40 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Glaxo Hoad Hill Harriers	83 — 15 Gary Doer	17 Sean Dixon	22 Christopher Howie	29 Jeffrey Chadwick
2 Preston Harriers & Ac	84 — 6 Gethin Butler	16 Kevin Hesketh	20 Chris Wales	42 Alan Appleby
3 Wigan & District H & Ac	105 — 8 Mark Rogers	14 Mike Harris	36 Richard Noone	47 Barry Abram
4 Astley & Tyldesley RR	106 — 11 Tim Campbell	23 Mark Riches	33 Shaun Moran	39 Ian Newcombe
5 Clayton Le Moors Harriers	121 — 24 Alex Cran	26 Mark Wightman	27 Kevin Daies	44 Michael Hogan
6 Horwich R M I Harriers	124 — 5 David Jackson	13 Andy Townsend	31 Doug Fleming	75 Pete Bland
7 Red Rose Road Runners	138 — 25 Joe Swarbrick	28 Ken Addison	40 Philip Butler	45 Stu Cann
8 Blackburn Harriers & Ac	154 — 1 Matt Nuttall	4 Paul Guinan	72 Richard Taylor	77 Ian Clarkson
9 Blackpool Wyre & Fylde Ac	165 — 7 Malc Eadie	30 Trevor Uttley	34 Gary Johnston	94 Alan Wilkinson
10 Lytham St Annes Rr Club	179 — 37 Graham Webster	41 Terry Hellings	50 Kevin Ashworth	51 Willie Richmond
11 Southport Waterloo Ac	186 — 3 Matt Thompson	19 Rob Johnson	81 John Vis	83 Stephen James
12 Glaxo Hoad Hill Harriers 'B'	210 — 49 Erik Hampton	52 Graham Pinder	54 Andy Jackson	55 Pat Thomas
13 Kendal AAC	210 — 18 Mike Walsh	61 John Jones	65 Stephen Roberts	66 Peter Ackland
14 Wesham Road Runners	243 — 32 John Collier	58 John Bertenshaw	69 Alan Glasgow	84 Peter Bartlett
15 Lancaster & Morecambe Ac	264 — 21 Kevin Wilson	71 Mike Peat	82 Dave Worthington	90 Charlie Satterly
16 Red Rose Road Runners 'B'	281 — 53 Dave Maudsley	62 Frank Nightingale	78 Jonathan Evans	88 Rob Mather
17 Chorley	281 — 43 Paul Wareing	70 Barry Chester	76 Graham Schofield	92 Phil McCullaugh
18 Clayton Le Moors Harriers 'B'	303 — 63 Peter Browning	68 David Scott	73 Melyn Thistlethwaite	99 Robert Hirst
19 Glaxo Hoad Hill Harriers 'C'	337 — 64 Adrian Newnham	79 Alan Wilson	96 Ken Lamb	98 John Barstow

### Senior Men (Vets) over 50 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Red Rose Road Runners	34 — 7 Joe Swarbrick	10 Ken Addison	17 Philip Butler
2 Astley & Tyldesley RR	35 — 6 Mark Riches	13 Shaun Moran	16 Ian Newcombe
3 Clayton Le Moors Harriers	46 — 8 Mark Wightman	9 Kevin Daies	29 Peter Browning
4 Lytham St Annes Rr Club	55 — 15 Graham Webster	18 Terry Hellings	22 Willie Richmond
5 Kendal AAC	63 — 4 Mike Walsh	28 John Jones	31 Peter Ackland
6 Wesham Road Runners	71 — 12 John Collier	25 John Bertenshaw	34 Alan Glasgow
7 Glaxo Hoad Hill Harriers	77 — 23 Graham Pinder	24 Pat Thomas	30 Adrian Newnham
8 Horwich R M I Harriers	91 — 11 Doug Fleming	39 Pete Bland	41 Gordon Stone
9 Southport Waterloo Ac	91 — 5 Rob Johnson	42 John Vis	44 Stephen James
10 Chorley	95 — 20 Paul Wareing	35 Barry Chester	40 Graham Schofield
11 Blackpool Wyre & Fylde Ac	117 — 14 Gary Johnston	51 Alan Wilkinson	52 Peter Gibson
12 Clayton Le Moors Harriers 'B'	125 — 33 David Scott	37 Melyn Thistlethwaite	55 Robert Hirst
13 Lancaster & Morecambe Ac	129 — 36 Mike Peat	43 Dave Worthington	50 George Parrington
14 Glaxo Hoad Hill Harriers 'B'	163 — 53 Ken Lamb	54 John Barstow	56 David Jones

### Senior Men (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Glaxo Hoad Hill Harriers	33 — 5 Pat Thomas	7 Adrian Newnham	21 John Barstow
2 Clayton Le Moors Harriers	40 — 8 David Scott	10 Melyn Thistlethwaite	22 Robert Hirst
3 Blackpool Wyre & Fylde Ac	63 — 19 Alan Wilkinson	20 Peter Gibson	24 John Winters