

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2013

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	583	Kirsty Hamilton	Lancaster & Morecambe Ac	7:46
2	1447	Amy Davies	Blackburn Harriers & Ac	7:48
3	1911	Erin Moffatt	Lancaster & Morecambe Ac	8:02
4	2702	Erin SwordGargan	Liverpool Harriers & Ac	8:04
5	1620	Lilly-Ann Grayson	Southport Waterloo Ac	8:05
6	1621	NiamhEdmunds	Southport Waterloo Ac	8:06
7	2703	Ellie Young	Liverpool Harriers & Ac	8:08
8	1847	Hollie Winstanley	Lytham St Annes Rr Club	8:09
9	2704	Runner 1743	Liverpool Harriers & Ac	8:11
10	1448	Eleesha Charnley	Blackburn Harriers & Ac	8:17
11	1905	Amy Dowsing	Blackburn Harriers & Ac	8:18
12	2706	Annabel Pennington	Liverpool Harriers & Ac	8:18
13	1617	Freya Walsh	Southport Waterloo Ac	8:18
14	44	Annie Duffy	Preston Harriers & Ac	8:23
15	2708	Sofia Rowley	Liverpool Harriers & Ac	8:30
16	1510	MaryCampell	Border Harriers & Ac	8:34
17	1188	Maisie Rogers	Blackpool Wyre & Fylde Ac	8:38
18	1848	Rosie Taylor	Lytham St Annes Rr Club	8:42
19	42	Darcey Lonsdale	Preston Harriers & Ac	8:43
20	1839	Olivia Logan	Southport Waterloo Ac	8:46
21	1863	Isabel Fearon	Liverpool Pembroke Sefton	8:48
22	2710	Soffie Kerr	Liverpool Harriers & Ac	8:48
23	2711	Holly Leadbetter	Liverpool Harriers & Ac	8:49
24	2712	Isabel Leadbetter	Liverpool Harriers & Ac	8:50
25	1622	Annabel Riding	Southport Waterloo Ac	8:52
26	1190	Natalie Luczak	Blackpool Wyre & Fylde Ac	8:54
27	2713	Beth Doubtfire	Liverpool Harriers & Ac	8:57
28	2714	Emily Armstrong	Southport Waterloo Ac	9:01
29	1867	Cleo Hanafin	Lancaster & Morecambe Ac	9:02
30	1189	Minnie Rogers	Blackpool Wyre & Fylde Ac	9:02
31	2715	Jo Carden	Liverpool Harriers & Ac	9:09
32	2716	Holly Murphy	Liverpool Harriers & Ac	9:10
33	1449	Eleanor Allsop	Blackburn Harriers & Ac	9:12
34	1840	Grace Tobin	Southport Waterloo Ac	9:14
35	2717	Jess Murphy	Liverpool Harriers & Ac	9:18
36	955	Roanna Holdsworth	Clayton Le Moors Harriers	9:22
37	326	Olivia Aberra	Lytham St Annes Rr Club	9:26
38	1850	Rebecca Tate	Lytham St Annes Rr Club	9:29
39	2718	Holly Murray	Barrow & Furness Striders	9:38
40	2719	Kate Cookson	Blackburn Harriers & Ac	9:45
41	772	Amber Boardman	Chorley	9:46
42	47	Anwen ButlerChatteu	Preston Harriers & Ac	9:52
43	1913	Larissa Hannam	Lancaster & Morecambe Ac	9:57
44	1849	Georgia Norman	Lytham St Annes Rr Club	10:00
45	2721	ImogenFearon	Liverpool Pembroke Sefton	10:04
46	1301	Olivia Baker	Horwich R M I Harriers	10:10
47	585	Macy Hinnigan	Lancaster & Morecambe Ac	10:11
48	1802	Shelley Newell	Rossendale Harriers & Ac	10:16
49	1384	Ella Atkins	Pendle Athletic Club	10:20
50	1450	Alanya Irvine	Blackburn Harriers & Ac	10:33
51	1891	Alice Lodge	Red Rose Road Runners	10:54
52	2723	Hannah Bosman	Red Rose Road Runners	10:54
53	770	Emily Hunter	Chorley	10:55

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1375	Fraser Sproul	Kendal AAC	6:53
2	655	Rhys Ashton	Lancaster & Morecambe Ac	7:12
3	1241	James Smith	Blackpool Wyre & Fylde Ac	7:12
4	1770	Jack Hutchinson	Hyndburn Ac	7:14
5	1771	George Owen	Hyndburn Ac	7:21
6	162	Kyle Jones	Leigh Harriers & Ac	7:22
7	165	Josef Short	Leigh Harriers & Ac	7:33
8	2724	Noah Taiulo	Southport Waterloo Ac	7:36
9	2725	Anervin Carrell	Preston Harriers & Ac	7:37
10	163	SheaMellor	Leigh Harriers & Ac	7:39
11	1498	Jamie Teare	Blackburn Harriers & Ac	7:41
12	119	Liam Blackwell	Preston Harriers & Ac	7:46
13	1243	TimWoodman	Blackpool Wyre & Fylde Ac	7:46
14	1242	Jamie Jackson	Blackpool Wyre & Fylde Ac	7:46
15	1899	RobertEllis	Preston Harriers & Ac	7:47
16	254	Charley Thompson	Barrow & Furness Striders	7:53
17	338	Farron O'Higgins	Lytham St Annes Rr Club	7:54
18	255	Harvey Cooper	Barrow & Furness Striders	8:01
19	859	Jack Hughes	Chorley	8:03
20	122	Thomas Dumey	Preston Harriers & Ac	8:03
21	340	Archie Dowds	Lytham St Annes Rr Club	8:03
22	2727	Tom Yoxhall	Liverpool Harriers & Ac	8:06
23	928	Matthew Baptista	Wigan & District H & Ac	8:07
24	2728	Louis Eunson	Lytham St Annes Rr Club	8:07
25	1895	Joshua Roelants	Kendal AAC	8:10
26	1155	ElliotWren	HelmHill	8:11
27	1693	Sam Coupland	Southport Waterloo Ac	8:11
28	343	Simon Holt	Lytham St Annes Rr Club	8:15
29	2729	Jack Newton	Lancaster & Morecambe Ac	8:15
30	341	James Nicholas	Lytham St Annes Rr Club	8:19
31	1833	Ryan Heneghan	Rossendale Harriers & Ac	8:29
32	1894	Liam Hughes	Lancaster & Morecambe Ac	8:29
33	1332	Toby Middleton	Horwich R M I Harriers	8:30
34	1767	Robert Holt	Hyndburn Ac	8:31
35	1499	Edward Lee	Blackburn Harriers & Ac	8:38
36	2730	Markus Wolhunter	Liverpool Harriers & Ac	8:40
37	1694	Rhys Davies	Southport Waterloo Ac	8:45
38	342	Harry Booth	Lytham St Annes Rr Club	8:53
39	858	Martin Rimmer	Chorley	8:54
40	1843	Joshua Stammers	Southport Waterloo Ac	8:54
41	1909	Rory Teare	Blackburn Harriers & Ac	9:00
42	2733	Sam Fenton	Hyndburn Ac	9:04
43	1696	Patrick Manchester	Southport Waterloo Ac	9:13
44	2734	James Rhodes	Preston Harriers & Ac	9:14
45	1688	Max Davies	Southport Waterloo Ac	9:16
46	1896	Etienne Jones	Lytham St Annes Rr Club	9:31
47	2736	James Corrigan	Blackburn Harriers & Ac	9:33
48	649	Tom Kirkley	Lancaster & Morecambe Ac	9:52
49	2737	Jacob Preston	Lancaster & Morecambe Ac	9:56
50	121	Aaron Halliday	Preston Harriers & Ac	10:13
51	1875	Harvey Halliday	Preston Harriers & Ac	10:29

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2013

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2739	Lucy Miller	Liverpool Harriers & Ac	11:06
2	134	Keely Hodgkinson	Leigh Harriers & Ac	11:28
3	2740	Ireland Fa Alexandra	Liverpool Harriers & Ac	11:30
4	2741	Katie Miller	Liverpool Harriers & Ac	11:30
5	41	Jasmine Jolly	Preston Harriers & Ac	11:39
6	569	Emma Whitaker	Lancaster & Morecambe Ac	11:54
7	1348	Stephanie Driscoll	Kendal AAC	11:56
8	888	Kim Baptista	Wigan & District H & Ac	11:56
9	2742	Ella McNiven	Liverpool Harriers & Ac	11:57
10	325	Ella Moulding	Lytham St Annes Rr Club	11:58
11	1346	Samantha Bland	Kendal AAC	12:02
12	2743	Sarah Atkinson	Carlisle Aspatria AC	12:05
13	2744	Alex Townsend	Liverpool Harriers & Ac	12:06
14	1349	Malisa Sproul	Kendal AAC	12:12
15	1748	Eve Hutchinson	Hyndburn Ac	12:14
16	1874	Jessica Cook	Liverpool Harriers & Ac	12:16
17	949	Briony Holt	Clayton Le Moors Harriers	12:20
18	2746	Natalya Irvine	Blackburn Harriers & Ac	12:21
19	132	Eve Williams	Leigh Harriers & Ac	12:23
20	1443	Hannah Cookson	Blackburn Harriers & Ac	12:28
21	1614	Alex Bunclark	Southport Waterloo Ac	12:33
22	1380	Ruby Schofield	Pendle Athletic Club	12:34
23	1186	Danielle Whipp	Blackpool Wyre & Fylde Ac	12:39
24	2748	Aimee Pierce	Liverpool Harriers & Ac	12:41
25	1090	Francesca Price	Liverpool Pembroke Sefton	12:42
26	1898	Sophie Rotheram	Preston Harriers & Ac	12:43
27	2749	Emily Lucas	Liverpool Harriers & Ac	12:44
28	40	Tegan Maccuras	Preston Harriers & Ac	12:46
29	2750	Faith Crossley	Liverpool Harriers & Ac	12:52
30	1181	Syd Bairstow	Blackpool Wyre & Fylde Ac	12:54
31	947	Eleanor Root	Clayton Le Moors Harriers	12:57
32	2751	Mia Alsamarraie	Liverpool Harriers & Ac	12:59
33	2752	Runner 1760	Liverpool Harriers & Ac	13:06
34	1179	Hannah Eadie	Blackpool Wyre & Fylde Ac	13:08
35	1750	Nicola Moynihan	Hyndburn Ac	13:10
36	571	Ffion Ashton	Lancaster & Morecambe Ac	13:16
37	1347	Imogen Gorst	Kendal AAC	13:17
38	763	Alisha Bibitoye	Chorley	13:18
39	1088	Alex Barnsley	Liverpool Pembroke Sefton	13:19
40	2753	Holly Rylance	Liverpool Pembroke Sefton	13:21
41	1087	Megan Barnsley	Liverpool Pembroke Sefton	13:28
42	1903	Jessica Jackson	Blackpool Wyre & Fylde Ac	13:30
43	2755	Isobel StJohn	Liverpool Harriers & Ac	13:34
44	768	Caitlin McCarrick	Chorley	13:36
45	1836	Yasmin Leece	Southport Waterloo Ac	13:37
46	2756	Eleanor Ward	Preston Harriers & Ac	13:39
47	133	Joanna Smith	Leigh Harriers & Ac	13:43
48	2757	Holly Miller	Liverpool Pembroke Sefton	13:49
49	886	Rebecca Jones	Wigan & District H & Ac	13:53
50	1300	Ellie Baker	Horwich R M I Harriers	13:58
51	1089	Katie Richardson	Liverpool Pembroke Sefton	14:02
52	1615	Molly Riding	Southport Waterloo Ac	14:03
53	1086	Maddy Firth-Cook	Liverpool Pembroke Sefton	14:14
54	2758	Joanna Steiner	Liverpool Harriers & Ac	14:25
55	573	Holly Walsh	Lancaster & Morecambe Ac	14:37
56	1846	Chloe Norman	Lytham St Annes Rr Club	14:42
57	2759	Runner 1752	Liverpool Harriers & Ac	14:44
58	567	Georgia Shepard	Lancaster & Morecambe Ac	14:45
59	2760	Runner 1851	Preston Harriers & Ac	14:52
60	1904	Taylor Holland	Blackpool Wyre & Fylde Ac	14:56
61	1930	Minnie Targett	Rossendale Harriers & Ac	14:59
62	2761	Natasha Wood	Liverpool Harriers & Ac	15:01
63	1747	Eleanor Gaskell	Hyndburn Ac	15:10
64	1883	Abbie Rowland	Preston Harriers & Ac	15:29
65	2763	Erin Birchall	Liverpool Pembroke Sefton	17:11
66	1798	Katrina Newell	Rossendale Harriers & Ac	19:05

Under 13 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	17	—	1	Lucy Miller	3	Ireland Fa Alexandra	4	Katie Miller	9	Ella McNiven
2	Kendal AAC	69	—	7	Stephanie Driscoll	11	Samantha Bland	14	Malisa Sproul	37	Imogen Gorst
3	Liverpool Harriers & Ac 'B'	80	—	13	Alex Townsend	16	Jessica Cook	24	Aimee Pierce	27	Emily Lucas
4	Preston Harriers & Ac	105	—	5	Jasmine Jolly	26	Sophie Rotheram	28	Tegan Maccuras	28	Tegan Maccuras
5	Blackpool Wyre & Fylde Ac	129	—	23	Danielle Whipp	30	Syd Bairstow	34	Hannah Eadie	42	Jessica Jackson
6	Liverpool Harriers & Ac 'C'	137	—	29	Faith Crossley	32	Mia Alsamarraie	33	Runner 1760	43	Isobel StJohn
7	Liverpool Pembroke Sefton	145	—	25	Francesca Price	39	Alex Barnsley	40	Holly Rylance	41	Megan Barnsley
8	Lancaster & Morecambe Ac	155	—	6	Emma Whitaker	36	Ffion Ashton	55	Holly Walsh	58	Georgia Shepard
9	Liverpool Pembroke Sefton 'B'	217	—	48	Holly Miller	51	Katie Richardson	53	Maddy Firth-Cook	65	Erin Birchall

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	923	Jack Deelingham	Wigan & District H & Ac	10:42
2	1407	Kai Atkins	Pendle Athletic Club	10:54
3	2767	Kyle Robinson Murray	Liverpool Pembroke Sefton	11:00
4	2765	Max Brame	Liverpool Harriers & Ac	11:03
5	1240	Benjamin Preddy	Blackpool Wyre & Fylde Ac	11:14
6	154	Kristian Wade	Leigh Harriers & Ac	11:18
7	2768	Daniel Preston	Liverpool Harriers & Ac	11:22
8	1842	Joshua Pieves	Southport Waterloo Ac	11:22
9	631	Shea Hannam	Lancaster & Morecambe Ac	11:31
10	117	Shaun Beckett	Preston Harriers & Ac	11:37
11	638	Kieran Blackburn	Lancaster & Morecambe Ac	11:38
12	927	Scott Thompson	Wigan & District H & Ac	11:38
13	2770	Andrew Grant	Liverpool Harriers & Ac	11:41
14	158	Ben McLaughlin	Leigh Harriers & Ac	11:41
15	2771	Josh Lowe	Liverpool Harriers & Ac	11:41
16	846	Ben Hughes	Chorley	11:46
17	1236	George Robinson	Blackpool Wyre & Fylde Ac	11:46
18	155	Joseph Wane	Leigh Harriers & Ac	11:56
19	1052	Thomas Bradley	Clayton Le Moors Harriers	12:04
20	253	Jake Cooper	Barrow & Furness Striders	12:06
21	2773	Liam Naylor	Liverpool Harriers & Ac	12:08
22	1901	Kieran Dunn	Preston Harriers & Ac	12:09
23	1111	Ross Harrison	Liverpool Pembroke Sefton	12:10
24	1406	Timothy Barnes	Pendle Athletic Club	12:11
25	841	Jack Wilson	Chorley	12:23
26	1765	Dylan Ross	Hyndburn Ac	12:28
27	645	Tyler Hannafin	Lancaster & Morecambe Ac	12:29
28	1116	Tom Dickinson	Liverpool Pembroke Sefton	12:39
29	161	Billy Blain	Leigh Harriers & Ac	12:44
30	1924	Euan Marsden	Preston Harriers & Ac	12:45
31	1827	Harley Place	Rossendale Harriers & Ac	12:58
32	1494	Rhys Chamley	Blackburn Harriers & Ac	13:11
33	849	Scott Gouldthorpe	Chorley	13:32
34	633	Joe Kirkley	Lancaster & Morecambe Ac	13:34
35	1239	William Holmes	Blackpool Wyre & Fylde Ac	13:40
36	639	Matthew Bunce	Lancaster & Morecambe Ac	13:46
37	1411	Harvey Van Geffen	Pendle Athletic Club	14:04
38	2782	Tom Cullen	Barrow & Furness Striders	14:05
39	1862	Matthew Slater	Liverpool Pembroke Sefton	14:11
40	850	Henry Wilson	Chorley	14:13
41	1115	Joe Cotterill	Liverpool Pembroke Sefton	14:32
42	1829	Ewan Heneghan	Rossendale Harriers & Ac	14:33
43	1056	Daniel Bradley	Clayton Le Moors Harriers	14:54
44	852	Nicholas Draper	Chorley	14:55
45	1952	Sam Cain	Southport Waterloo Ac	15:51

Race 4 - Under 13 Boys — TEAM RESULTS

1	Liverpool Harriers & Ac	39	—	4	Max Brame	7	Daniel Preston	13	Andrew Grant	15	Josh Lowe
2	Leigh Harriers & Ac	67	—	6	Kristian Wade	14	Ben McLaughlin	18	Joseph Wane	29	Billy Blain
3	Lancaster & Morecambe Ac	81	—	9	Shea Hannam	11	Kieran Blackburn	27	Tyler Hannafin	34	Joe Kirkley
4	Liverpool Pembroke Sefton	93	—	3	Kyle Robinson Murray	23	Ross Harrison	28	Tom Dickinson	39	Matthew Slater
5	Chorley	114	—	16	Ben Hughes	25	Jack Wilson	33	Scott Gouldthorpe	40	Henry Wilson

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 23rd November 2013

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1432	Elizabeth Greenwood	Blackburn Harriers & Ac	11:02
2	2766	Camilla McKnespiey	Carlisle Aspatria AC	11:17
3	1434	Grace Handley	Blackburn Harriers & Ac	11:24
4	1610	Emma Alderson	Southport Waterloo Ac	11:29
5	2769	Emily Gray	Liverpool Harriers & Ac	11:34
6	33	Charlotte Crook	Preston Harriers & Ac	11:35
7	31	Meg Beckett	Preston Harriers & Ac	11:41
8	1788	Charlotte Waddington	Rossendale Harriers & Ac	11:44
9	2772	Susan Shirling	Liverpool Harriers & Ac	11:50
10	1125	Imogen Burrow	Helm Hill	11:52
11	1175	Jessica Rogers	Blackpool Wyre & Fylde Ac	12:06
12	1345	Heidi Murray	Kendal AAC	12:17
13	1437	Megan Clarkson	Blackburn Harriers & Ac	12:18
14	1791	Shauna Williamson	Rossendale Harriers & Ac	12:22
15	30	Elisha Lyttle	Preston Harriers & Ac	12:22
16	1174	Annie Bradshaw	Blackpool Wyre & Fylde Ac	12:25
17	1790	Sarah Longshaw	Rossendale Harriers & Ac	12:52
18	1745	Emma Guilfoyle	Hyndburn Ac	12:56
19	1078	Charlotte Mawdsley	Liverpool Pembroke Sefton	12:58
20	2774	Mia Perry	Liverpool Harriers & Ac	13:06
21	942	Alice Pier	Clayton Le Moors Harriers	13:08
22	2775	Sarah Goldswain	Rossendale Harriers & Ac	13:09
23	216	Georgia Cooper	Barrow & Furness Striders	13:15
24	2776	Emily Rowe	Liverpool Harriers & Ac	13:18
25	2777	Paige Misund	Liverpool Harriers & Ac	13:20
26	1438	Mollie Morton	Blackburn Harriers & Ac	13:21
27	2778	Amelia McCoy	Liverpool Harriers & Ac	13:33
28	882	Rachel Sidebotham	Wigan & District H & Ac	13:35
29	36	Hannah Mulholland	Preston Harriers & Ac	13:36
30	34	Emily Hall	Preston Harriers & Ac	13:47
31	1079	J Gonzalez Green	Liverpool Pembroke Sefton	13:57
32	2780	Daisy Watson	Liverpool Harriers & Ac	14:02
33	28	Lydia Edmondson	Preston Harriers & Ac	14:16
34	1124	Mia Senior	Helm Hill	14:20
35	2784	Nataya Carlisle	Liverpool Harriers & Ac	14:33
36	1611	Nisha Kumarz-Webster	Southport Waterloo Ac	14:33
37	2785	Heather Quaule	Liverpool Harriers & Ac	14:35

Race 4 - Under 15 Girls — TEAM RESULTS

1	Blackburn Harriers & Ac	43	—	1	Elizabeth Greenwood	3	Grace Handley	13	Megan Clarkson	26	Mollie Morton
2	Preston Harriers & Ac	57	—	6	Charlotte Crook	7	Meg Beckett	15	Elisha Lyttle	29	Hannah Mulholland
3	Liverpool Harriers & Ac	58	—	5	Emily Gray	9	Susan Shirling	20	Mia Perry	24	Emily Rowe
4	Rossendale Harriers & Ac	61	—	8	Charlotte Waddington	14	Shauna Williamson	17	Sarah Longshaw	22	Sarah Goldswain
5	Liverpool Harriers & Ac 'B'	119	—	25	Paige Misund	27	Amelia McCoy	32	Daisy Watson	35	Nataya Carlisle

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2786	Joseph Ford	Liverpool Harriers & Ac	10:05
2	1401	Matthew Barnes	Pendle Athletic Club	10:07
3	103	Paul Blezard	Preston Harriers & Ac	10:08
4	2787	Thomas Rogerson	Liverpool Harriers & Ac	10:08
5	1109	Daniel Slater	Liverpool Pembroke Sefton	10:10
6	2788	Scott Wilson	Carlisle Aspatria AC	10:15
7	1399	Thomas Marchant	Pendle Athletic Club	10:29
8	110	Dean Tierney	Preston Harriers & Ac	10:34
9	2789	Elliott Matier	Carlisle Aspatria AC	10:37
10	1229	Samuel Matthews	Blackpool Wyre & Fylde Ac	10:38
11	1900	Nathan Dunn	Preston Harriers & Ac	10:45
12	2790	Matthew Richardson	Liverpool Pembroke Sefton	10:48
13	2791	Sam Wardle	Leigh Harriers & Ac	10:50
14	1396	Matthew Thompson	Pendle Athletic Club	10:51
15	922	Tim Hartley	Wigan & District H & Ac	10:57
16	1395	Luke Thompson	Pendle Athletic Club	11:00
17	2792	Christian Woods	Liverpool Harriers & Ac	11:03
18	1105	Jack Crook	Liverpool Pembroke Sefton	11:11
19	1228	Thomas Matthews	Blackpool Wyre & Fylde Ac	11:16
20	1685	Joe Gordon	Southport Waterloo Ac	11:22
21	102	George Warburton	Preston Harriers & Ac	11:23
22	1398	Jordan Isherwood	Pendle Athletic Club	11:26
23	1152	Jacob Aubrey	Helm Hill	11:37
24	1371	Robbie Sproul	Kendal AAC	11:42
25	1041	Kenan Eti	Clayton Le Moors Harriers	11:44
26	1403	Joe Lonsdale	Pendle Athletic Club	11:45
27	109	George Ashcroft	Preston Harriers & Ac	11:46
28	339	Ross Hart	Lytham St Annes Rr Club	11:47
29	249	Jonty Dacre	Barrow & Furness Striders	11:48
30	1226	Tom Holmes	Blackpool Wyre & Fylde Ac	11:49
31	1044	Curtis Holt	Clayton Le Moors Harriers	11:52
32	1683	Kieran Vis	Southport Waterloo Ac	11:52
33	1405	Gregan Baker	Pendle Athletic Club	12:03
34	112	Lewis Bernstein	Preston Harriers & Ac	12:04
35	1227	Alexander Hamilton	Blackpool Wyre & Fylde Ac	12:05
36	1404	Harry Schofield	Pendle Athletic Club	12:19
37	1402	Jacob VanGeffen	Pendle Athletic Club	12:22
38	628	Dan Rawlinson	Lancaster & Morecambe Ac	12:24
39	622	Adam Rawlinson	Lancaster & Morecambe Ac	12:36
40	2796	Jhomos Edmonds	Barrow & Furness Striders	12:42
41	1233	Tim Collinson	Blackpool Wyre & Fylde Ac	12:44
42	1047	Simon Wilshaw	Clayton Le Moors Harriers	12:46
43	1493	Jack Wilkinson	Blackburn Harriers & Ac	12:49
44	1110	Joe Marshall	Liverpool Pembroke Sefton	13:31
45	2797	Luke Keith	Southport Waterloo Ac	14:13
46	1106	Max Cotterill	Liverpool Pembroke Sefton	14:28

Race 5 - Under 15 Boys — TEAM RESULTS

1	Pendle Athletic Club	39	—	2	Matthew Barnes	7	Thomas Marchant	14	Matthew Thompson	16	Luke Thompson
2	Preston Harriers & Ac	43	—	3	Paul Blezard	8	Dean Tierney	11	Nathan Dunn	21	George Warburton
3	Liverpool Pembroke Sefton	79	—	5	Daniel Slater	12	Matthew Richardson	18	Jack Crook	44	Joe Marshall
4	Blackpool Wyre & Fylde Ac	94	—	10	Samuel Matthews	19	Thomas Matthews	30	Tom Holmes	35	Alexander Hamilton
5	Pendle Athletic Club 'B'	117	—	22	Jordan Isherwood	26	Joe Lonsdale	33	Gregan Baker	36	Harry Schofield

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1076	Rosie Johnson	Liverpool Pembroke Sefton	16:01
2	2798	Sophia Brennan	Liverpool Harriers & Ac	16:24
3	1171	Molly Betmead	Blackpool Wyre & Fylde Ac	16:37
4	2799	Danielle Webb	Liverpool Harriers & Ac	16:53
5	558	Georgia Hannam	Lancaster & Morecambe Ac	17:05
6	1780	Rebecca Flanagan	Rossendale Harriers & Ac	17:13
7	2800	Leah Peplow	Leigh Harriers & Ac	17:48
8	22	Grace Maddox	Preston Harriers & Ac	17:50
9	1428	Katie Buckingham	Blackburn Harriers & Ac	17:51
10	2801	Hannah Delaney	Liverpool Harriers & Ac	17:53
11	2802	Abbie Gray	Liverpool Harriers & Ac	18:12
12	212	Sophie Seddon	Barrow & Furness Striders	18:37
13	1962	Georgia Finch	Preston Harriers & Ac	18:58
14	2803	Olivia Thompson	Liverpool Harriers & Ac	19:07
15	25	Holly Johnstone	Preston Harriers & Ac	19:14
16	1779	Megan Solomon	Rossendale Harriers & Ac	19:23
17	1429	Rhiannon Wickham	Blackburn Harriers & Ac	19:27
18	1344	Erin Proctor	Kendal AAC	19:31
19	1430	Phoebe Howe	Blackburn Harriers & Ac	19:41
20	941	Bethany Quinn	Clayton Le Moors Harriers	19:49
21	2804	Melanie Cattell	Liverpool Harriers & Ac	20:23
22	24	Maxine Smith	Preston Harriers & Ac	20:26
23	2805	Hannah Goldswain	Rossendale Harriers & Ac	20:27
24	876	Danielle Thompson	Wigan & District H & Ac	20:28
25	1784	Shona Monks	Rossendale Harriers & Ac	20:38
26	2806	Lucy Cattell	Liverpool Harriers & Ac	21:28
27	1744	Hannah Williams	Hyndburn Ac	21:42
28	1781	Chloe Law	Rossendale Harriers & Ac	22:37
29	1173	Rebecca Terras	Blackpool Wyre & Fylde Ac	24:35

Race 5 - Under 17 Women — TEAM RESULTS

1	Liverpool Harriers & Ac	16	—	2	Sophia Brennan	4	Danielle Webb	10	Hannah Delaney
2	Preston Harriers & Ac	36	—	8	Grace Maddox	13	Georgia Finch	15	Holly Johnstone
3	Blackburn Harriers & Ac	45	—	9	Katie Buckingham	17	Rhiannon Wickham	19	Phoebe Howe
4	Rossendale Harriers & Ac	45	—	6	Rebecca Flanagan	16	Megan Solomon	23	Hannah Goldswain
5	Liverpool Harriers & Ac 'B'	46	—	11	Abbie Gray	14	Olivia Thompson	21	Melanie Cattell

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 23rd November 2013

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2807	Patrick Dever	Preston Harriers & Ac	17:35	18	1392	Joshua Ingham	Pendle Athletic Club	20:07
2	99	Fabrice Kisela	Preston Harriers & Ac	18:29	19	1487	Joe Monk	Blackburn Harriers & Ac	20:18
3	100	Chris Durney	Preston Harriers & Ac	18:52	20	1483	Robert Buckley	Blackburn Harriers & Ac	20:20
4	1330	Nathan Townsend	Horwich R M I Harriers	18:58	21	1040	Jordan McDonald	Clayton Le Moors Harriers	20:28
5	615	Matthew Shackleton	Lancaster & Morecambe Ac	19:03	22	1103	Chris Webber	Liverpool Pembroke Sefton	20:29
6	1545	Ciaran Campbell	Border Harriers & Ac	19:04	23	2812	Joe Campbell	Blackburn Harriers & Ac	20:33
7	1484	Jack Hindle	Blackburn Harriers & Ac	19:09	24	1393	James Marchant	Pendle Athletic Club	20:43
8	2809	Callum Davidson	Rossendale Harriers & Ac	19:15	25	1486	Morgan Phillips	Blackburn Harriers & Ac	21:13
9	1817	Matthew Harris	Rossendale Harriers & Ac	19:17	26	1818	Connor Richardson	Rossendale Harriers & Ac	21:26
10	2810	Elliott Colman	Liverpool Harriers & Ac	19:19	27	2813	Tom Smith	Liverpool Harriers & Ac	21:40
11	1391	Matthew Dutton	Pendle Athletic Club	19:20	28	1038	George Pier	Clayton Le Moors Harriers	21:53
12	613	James Riach	Lancaster & Morecambe Ac	19:34	29	1763	Callum Ross	Hyndburn Ac	21:55
13	614	Rob Shaw	Lancaster & Morecambe Ac	19:38	30	101	Robert Bryning	Preston Harriers & Ac	22:09
14	1099	Jonathan Bride	Liverpool Pembroke Sefton	19:49	31	1102	Joseph Chadderton	Liverpool Pembroke Sefton	22:29
15	1452	Joseph Howe	Blackburn Harriers & Ac	19:53	32	538	Jordan Donoghue	Red Rose Road Runners	23:18
16	1101	Ben Singleton	Liverpool Pembroke Sefton	20:01	33	2814	John Halliday	Liverpool Harriers & Ac	24:07
17	97	Dan Whitlock	Preston Harriers & Ac	20:02	34	1936	Ethan Hodgkinson	Red Rose Road Runners	26:30

Race 6 - Under 17 Men — TEAM RESULTS

1	Preston Harriers & Ac	6 — 1	Patrick Dever	2	Fabrice Kisela	3	Chris Durney
2	Lancaster & Morecambe Ac	30 — 5	Matthew Shackleton	12	James Riach	13	Rob Shaw
3	Blackburn Harriers & Ac	41 — 7	Jack Hindle	15	Joseph Howe	19	Joe Monk
4	Rossendale Harriers & Ac	43 — 8	Callum Davidson	9	Matthew Harris	26	Connor Richardson
5	Liverpool Pembroke Sefton	52 — 14	Jonathan Bride	16	Ben Singleton	22	Chris Webber
6	Pendle Athletic Club	53 — 11	Matthew Dutton	18	Joshua Ingham	24	James Marchant
7	Blackburn Harriers & Ac 'B'	68 — 20	Robert Buckley	23	Joe Campbell	25	Morgan Phillips
8	Liverpool Harriers & Ac	70 — 10	Elliott Colman	27	Tom Smith	33	John Halliday

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	2815	Lauren Howarth	L	1 Leigh Harriers & Ac	27:12	54	1917	Irene Roche	L55 3 Clayton Le Moors Harriers	37:54
2	2816	Alison Leonard	L	2 Blackburn Harriers & Ac	29:47	55	2829	Beverley Lowe	L45 5 Liverpool Harriers & Ac	38:11
3	1066	Kirsty Longley	L35	1 Liverpool Pembroke Sefton	30:03	56	937	Rebecca Rawcliffe	L 56 Clayton Le Moors Harriers	38:24
4	123	Laura Riches	L	4 Leigh Harriers & Ac	30:12	57	376	Kath Hoyer	L45 6 Wesham Road Runners	38:26
5	2817	Abigail Howarth	L	5 Leigh Harriers & Ac	30:14	58	260	Kim O'Neil	L45 7 Astley & Tyldesley RR	38:59
6	2818	Rachael Burns	L	6 Liverpool Harriers & Ac	30:23	59	1593	Michelle Spencer	L35 19 Southport Waterloo Ac	39:28
7	1506	Rhiannon Silson	L	7 Border Harriers & Ac	31:11	60	256	Benda Wane	L45 8 Astley & Tyldesley RR	39:36
8	203	Anna Lupton	L35	2 Barrow & Furness Striders	31:12	61	1595	Sarah Grayson	L 61 Southport Waterloo Ac	39:40
9	209	Christina Wiejak	L	9 Barrow & Furness Striders	31:38	62	710	Carole Morris	L45 9 Accrington Road Runners	39:49
10	551	Maria Snell	L	10 Lancaster & Morecambe Ac	31:58	63	200	Sonja Foster	L35 20 Barrow & Furness Striders	39:52
11	1163	Caroline Betmead	L35	3 Blackpool Wyre & Fylde Ac	32:08	64	1585	Helen Lodge	L45 10 Southport Waterloo Ac	39:55
12	1298	Debbie Campbell	L	12 Horwich R M I Harriers	32:13	65	2830	Barbara Holmes	L45 11 Lytham St Annes Rr Club	40:03
13	2819	Ruth Hetherington	L	13 Border Harriers & Ac	32:26	66	497	Anne Wallworth	L55 4 Red Rose Road Runners	40:11
14	317	Joanna Goorney	L35	4 Lytham St Annes Rr Club	32:30	67	1576	Carole James	L45 12 Southport Waterloo Ac	40:21
15	1589	Clare Constable	L35	5 Southport Waterloo Ac	32:39	68	1926	Vicki Sherrington	L35 21 Preston Harriers & Ac	40:23
16	2820	Katherine Brougham	L	16 Wigan & District H & Ac	32:42	69	1918	Jean Knightley	L55 5 Clayton Le Moors Harriers	40:25
17	864	Jayne Taylor	L45	1 Wigan & District H & Ac	32:53	70	1986	Sharon Cooper	L35 22 Wesham Road Runners	40:28
18	1342	Mairead Roche	L	18 Kendal AAC	33:01	71	1162	Laura Lawler	L45 13 Blackpool Wyre & Fylde Ac	40:45
19	1854	Carolyn Baxter	L	19 Lancaster & Morecambe Ac	33:19	72	1889	Margaret Lupton	L45 14 Red Rose Road Runners	40:48
20	659	Gina Senior	L35	6 Wigan Phoenix	33:25	73	1934	Sarah Morton	L 73 Wigan & District H & Ac	40:53
21	1932	Jenny Parker	L	21 Preston Harriers & Ac	33:30	74	175	Lisa Wells	L35 23 Garstang	41:08
22	1168	Emily Japp	L	22 Blackpool Wyre & Fylde Ac	33:35	75	2007	Caz Millican	L 75 Border Harriers & Ac	41:25
23	2822	Zoe Harding	L	23 Lancaster & Morecambe Ac	33:41	76	501	Paula Plowman	L45 15 Red Rose Road Runners	41:37
24	1865	Samantha Wade	L	24 Liverpool Pembroke Sefton	33:57	77	2832	Zoe Hooton	L 77 Lancaster & Morecambe Ac	41:44
25	1338	Allison Daly	L35	7 Kendal AAC	34:34	78	1294	Christa Whatmough	L35 24 Horwich R M I Harriers	41:46
26	1990	Bev Wright	L45	2 Blackpool Wyre & Fylde Ac	34:45	79	176	Sheena Cottam	L35 25 Garstang	41:50
27	14	Nichola Jackson	L	27 Preston Harriers & Ac	34:56	80	1377	Janet Barnes	L45 16 Pendle Athletic Club	41:58
28	1599	Rachel Jacks	L	28 Southport Waterloo Ac	35:05	81	315	Julia Rolfe	L45 17 Lytham St Annes Rr Club	41:59
29	199	Kath Crisp	L35	8 Barrow & Furness Striders	35:08	82	1065	Donna Hoban	L35 26 Liverpool Pembroke Sefton	42:10
30	393	Emma Lund	L	30 Wesham Road Runners	35:13	83	1957	Amanda Bradbury	L 83 Southport Waterloo Ac	42:14
31	1596	Tracey Peters	L	31 Southport Waterloo Ac	35:17	84	734	Christine Sweatman	L55 6 Chorley	42:24
32	2823	Michelle Liddle	L	32 Wigan & District H & Ac	35:32	85	261	Barbara White	L45 18 Astley & Tyldesley RR	42:25
33	867	Tracey Dutton	L35	9 Wigan & District H & Ac	35:36	86	316	Fiona Geldard	L45 19 Lytham St Annes Rr Club	42:32
34	1337	Lucy Varney	L35	10 Kendal AAC	35:43	87	2834	Dawn Bloor	L45 20 Lytham St Annes Rr Club	42:42
35	1167	Carly Morgan	L	35 Blackpool Wyre & Fylde Ac	35:45	88	387	Nikki McLenahan	L35 27 Wesham Road Runners	42:44
36	2	Marion Hesketh	L55	1 Preston Harriers & Ac	35:48	89	201	Sarah Thompson	L35 28 Barrow & Furness Striders	42:57
37	1953	Loy Kalasiram	L35	11 Preston Harriers & Ac	35:50	90	179	Amy Fisher	L 90 Garstang	42:57
38	270	Suzanne Gregory	L35	12 Astley & Tyldesley RR	35:56	91	1561	Sue Stewart	L55 7 Southport Waterloo Ac	42:59
39	1594	Helen Lavelle	L35	13 Southport Waterloo Ac	36:08	92	1416	Jan Buckingham	L45 21 Blackburn Harriers & Ac	43:04
40	1164	Sarah Wetherill	L35	14 Blackpool Wyre & Fylde Ac	36:27	93	1581	Elaine Sutton	L45 22 Southport Waterloo Ac	43:05
41	276	Jackie Price	L35	15 Astley & Tyldesley RR	36:33	94	380	Lisa Minns	L45 23 Wesham Road Runners	43:22
42	389	Jenn Thompson	L35	16 Wesham Road Runners	36:42	95	2835	Claire Bartlett	L35 29 Barrow & Furness Striders	43:26
43	206	Katie Savage	L	43 Barrow & Furness Striders	36:46	96	752	Alison Fowler	L 96 Chorley	43:30
44	323	Katharine Hoyland	L	44 Lytham St Annes Rr Club	36:51	97	934	Georgina Slater	L 97 Clayton Le Moors Harriers	43:43
45	714	Julia Hartley	L35	17 Accrington Road Runners	36:52	98	505	Debbie Porter	L35 30 Red Rose Road Runners	43:46
46	273	Susan Fletcher	L35	18 Astley & Tyldesley RR	36:55	99	2837	Rebecca Willetts	L35 31 Lytham St Annes Rr Club	44:22
47	2828	Vicky Jones	L	47 Liverpool Pembroke Sefton	36:59	100	348	Julie Sherwood	L45 24 Thornton	44:53
48	379	Tracey Hulme	L45	3 Wesham Road Runners	37:14	101	347	Debbie Cardwell	L45 25 Thornton	45:13
49	1604	Stephanie James	L	49 Southport Waterloo Ac	37:30	102	170	Denise Hughes	L45 26 Garstang	45:19
50	1160	Karen Dunford	L45	4 Blackpool Wyre & Fylde Ac	37:30	103	2838	Colette Mallaboum	L35 32 Accrington Road Runners	45:21
51	1333	Dianne Priestley	L55	2 Kendal AAC	37:40	104	1923	Carol Cookson	L35 33 Blackburn Harriers & Ac	45:25
52	872	Rebecca Morton	L	52 Wigan & District H & Ac	37:45	105	183	Amie McAvoy	L 105 Garstang	45:52
53	324	Felicity Wolohan	L	53 Lytham St Annes Rr Club	37:52	106	1572	Jane Blacklin	L45 27 Southport Waterloo Ac	46:03

107 929	Sarah Whittaker	L35	34 Clayton Le Moors Harriers	46:22	119 346	Jo Lickiss	L45	31 Thornton	50:35
108 168	Mary Hewitt	L55	8 Garstang	46:35	120 2842	Bev Foster	L45	32 Thornton	51:00
109 311	Pamela Binns	L55	9 Lytham St Annes Rr Club	48:14	121 507	Wendy Ward	L35	37 Red Rose Road Runners	51:11
110 656	Chris Hart	L55	10 Wigan Phoenix	48:33	122 1946	Kari Edwards	L35	38 Preston Harriers & Ac	51:56
111 498	Karen Clark	L45	28 Red Rose Road Runners	48:34	123 2843	Helen Orson	L45	33 Red Rose Road Runners	52:58
112 1987	Jayne Hurst	L35	35 Wesham Road Runners	48:35	124 2844	Kathryn Bosman	L35	39 Red Rose Road Runners	54:00
113 499	Adela Nuttall	L45	29 Red Rose Road Runners	48:45	125 1991	Deborah Terras	L35	40 Blackpool Wyre & Fylde Ac	54:20
114 861	Pat Cole	L55	11 Wigan & District H & Ac	48:49	126 1944	Sue Wickham	L45	34 Preston Harriers & Ac	54:29
115 862	Pauline Taylor	L55	12 Wigan & District H & Ac	48:49	127 496	Janet Saynor	L55	14 Red Rose Road Runners	55:02
116 377	Kerry Eccles	L45	30 Wesham Road Runners	48:57	128 1931	Joanne Malcolmson	L	128 Red Rose Road Runners	56:50
117 506	Pita Oates	L35	36 Red Rose Road Runners	50:12	129 512	Ann Donoghue	L	129 Red Rose Road Runners	56:50
118 1966	Christine Leatherley	L55	13 Clayton Le Moors Harriers	50:34	130 310	Dawn Lock	L55	15 Lytham St Annes Rr Club	59:04

Race 6 - Ladies over 18 — TEAM RESULTS

1 Leigh Harriers & Ac	10 — 1 Lauren Howarth	4 Laura Riches	5 Abigail Howarth
2 Barrow & Furness Striders	46 — 8 Anna Lupton	9 Christina Wiejak	29 Kath Crisp
3 Lancaster & Morecambe Ac	52 — 10 Maria Snell	19 Carolyn Baxter	23 Zoe Harding
4 Blackpool Wyre & Fylde Ac	59 — 11 Caroline Betmead	22 Emily Japp	26 Bev Wright
5 Wigan & District H & Ac	65 — 16 Katherine Brougham	17 Jayne Taylor	32 Michelle Liddle
6 Southport Waterloo Ac	74 — 15 Clare Constable	28 Rachel Jacks	31 Tracey Peters
7 Liverpool Pembroke Sefton	74 — 3 Kirsty Longley	24 Samantha Wade	47 Vicky Jones
8 Kendal AAC	77 — 18 Mairead Roche	25 Allison Daly	34 Lucy Varney
9 Preston Harriers & Ac	84 — 21 Jenny Parker	27 Nichola Jackson	36 Marion Hesketh
10 Border Harriers & Ac	95 — 7 Rhiannon Silson	13 Ruth Hetherington	75 Caz Millican
11 Lytham St Annes Rr Club	111 — 14 Joanna Goorney	44 Katharine Hoyland	53 Felicity Wolohan
12 Wesham Road Runners	120 — 30 Emma Lund	42 Jenn Thompson	48 Tracey Hulme
13 Astley & Tyldesley RR	125 — 38 Suzanne Gregory	41 Jackie Price	46 Susan Fletcher
14 Blackpool Wyre & Fylde Ac 'B'	125 — 35 Carly Morgan	40 Sarah Wetherill	50 Karen Dunford
15 Southport Waterloo Ac 'B'	147 — 39 Helen Lavelle	49 Stephanie James	59 Michelle Spencer
16 Wigan & District H & Ac 'B'	158 — 33 Tracey Dutton	52 Rebecca Morton	73 Sarah Morton
17 Clayton Le Moors Harriers	179 — 54 Irene Roche	56 Rebecca Rawcliffe	69 Jean Knightley
18 Southport Waterloo Ac 'C'	192 — 61 Sarah Grayson	64 Helen Lodge	67 Carole James
19 Barrow & Furness Striders 'B'	195 — 43 Katie Savage	63 Sonja Foster	89 Sarah Thompson
20 Blackburn Harriers & Ac	198 — 2 Alison Leonard	92 Jan Buckingham	104 Carol Cookson
21 Astley & Tyldesley RR 'B'	203 — 58 Kim O'Neil	60 Benda Wane	85 Barbara White
22 Accrington Road Runners	210 — 45 Julia Hartley	62 Carole Morris	103 Colette Mallabour
23 Red Rose Road Runners	214 — 66 Anne Wallworth	72 Margaret Lupton	76 Paula Plowman
24 Wesham Road Runners 'B'	215 — 57 Kath Hoyer	70 Sharon Cooper	88 Nikki McLenahan
25 Preston Harriers & Ac 'B'	227 — 37 Loy Kalasiram	68 Vicki Sherrington	122 Kari Edwards
26 Lytham St Annes Rr Club 'B'	232 — 65 Barbara Holmes	81 Julia Rolfe	86 Fiona Geldard
27 Garstang	243 — 74 Lisa Wells	79 Sheena Cottam	90 Amy Fisher
28 Southport Waterloo Ac 'D'	267 — 83 Amanda Bradbury	91 Sue Stewart	93 Elaine Sutton
29 Lytham St Annes Rr Club 'C'	295 — 87 Dawn Bloor	99 Rebecca Willetts	109 Pamela Binns
30 Garstang 'B'	315 — 102 Denise Hughes	105 Amie McAvoy	108 Mary Hewitt
31 Thornton	320 — 100 Julie Sherwood	101 Debbie Cardwell	119 Jo Lickiss
32 Red Rose Road Runners 'B'	322 — 98 Debbie Porter	111 Karen Clark	113 Adela Nuttall
33 Wesham Road Runners 'C'	322 — 94 Lisa Minns	112 Jayne Hurst	116 Kerry Eccles
34 Clayton Le Moors Harriers 'B'	322 — 97 Georgina Slater	107 Sarah Whittaker	118 Christine Leatherley
35 Red Rose Road Runners 'C'	361 — 117 Pita Oates	121 Wendy Ward	123 Helen Orson
36 Red Rose Road Runners 'D'	379 — 124 Kathryn Bosman	127 Janet Saynor	128 Joanne Malcolmson

Race 6 - Ladies over 35 — TEAM RESULTS

1 Blackpool Wyre & Fylde Ac	29 — 3 Caroline Betmead	9 Bev Wright	17 Sarah Wetherill
2 Kendal AAC	44 — 8 Allison Daly	12 Lucy Varney	24 Dianne Priestley
3 Barrow & Furness Striders	44 — 2 Anna Lupton	10 Kath Crisp	32 Sonja Foster
4 Southport Waterloo Ac	50 — 5 Clare Constable	16 Helen Lavelle	29 Michelle Spencer
5 Astley & Tyldesley RR	54 — 15 Suzanne Gregory	18 Jackie Price	21 Susan Fletcher
6 Preston Harriers & Ac	64 — 13 Marion Hesketh	14 Loy Kalasiram	37 Vicki Sherrington
7 Wesham Road Runners	68 — 19 Jenn Thompson	22 Tracey Hulme	27 Kath Hoyer
8 Lytham St Annes Rr Club	85 — 4 Joanna Goorney	34 Barbara Holmes	47 Julia Rolfe
9 Wigan & District H & Ac	92 — 6 Jayne Taylor	11 Tracey Dutton	75 Pat Cole
10 Astley & Tyldesley RR 'B'	108 — 28 Kim O'Neil	30 Benda Wane	50 Barbara White
11 Accrington Road Runners	116 — 20 Julia Hartley	31 Carole Morris	65 Colette Mallabour
12 Red Rose Road Runners	119 — 35 Anne Wallworth	41 Margaret Lupton	43 Paula Plowman
13 Southport Waterloo Ac 'B'	124 — 33 Helen Lodge	36 Carole James	55 Sue Stewart
14 Clayton Le Moors Harriers	131 — 25 Irene Roche	38 Jean Knightley	68 Sarah Whittaker
15 Blackpool Wyre & Fylde Ac 'B'	149 — 23 Karen Dunford	40 Laura Lawler	86 Deborah Terras
16 Wesham Road Runners 'B'	150 — 39 Sharon Cooper	53 Nikki McLenahan	58 Lisa Minns
17 Garstang	151 — 42 Lisa Wells	45 Sheena Cottam	64 Denise Hughes
18 Lytham St Annes Rr Club 'B'	164 — 51 Fiona Geldard	52 Dawn Bloor	61 Rebecca Willetts
19 Thornton	205 — 62 Julie Sherwood	63 Debbie Cardwell	80 Jo Lickiss
20 Red Rose Road Runners 'B'	206 — 60 Debbie Porter	72 Karen Clark	74 Adela Nuttall
21 Red Rose Road Runners 'C'	244 — 78 Pita Oates	82 Wendy Ward	84 Helen Orson

Race 6 - Ladies over 45 — TEAM RESULTS

1 Blackpool Wyre & Fylde Ac	25 — 2 Bev Wright	5 Karen Dunford	18 Laura Lawler
2 Wesham Road Runners	43 — 4 Tracey Hulme	9 Kath Hoyer	30 Lisa Minns
3 Astley & Tyldesley RR	45 — 10 Kim O'Neil	11 Benda Wane	24 Barbara White
4 Red Rose Road Runners	54 — 15 Anne Wallworth	19 Margaret Lupton	20 Paula Plowman
5 Southport Waterloo Ac	56 — 13 Helen Lodge	16 Carole James	27 Sue Stewart
6 Lytham St Annes Rr Club	61 — 14 Barbara Holmes	22 Julia Rolfe	25 Fiona Geldard
7 Clayton Le Moors Harriers	67 — 7 Irene Roche	17 Jean Knightley	43 Christine Leatherley
8 Wigan & District H & Ac	82 — 1 Jayne Taylor	40 Pat Cole	41 Pauline Taylor
9 Thornton	107 — 31 Julie Sherwood	32 Debbie Cardwell	44 Jo Lickiss
10 Lytham St Annes Rr Club 'B'	111 — 26 Dawn Bloor	36 Pamela Binns	49 Dawn Lock
11 Red Rose Road Runners 'B'	123 — 38 Karen Clark	39 Adela Nuttall	46 Helen Orson

Race 6 - Ladies over 55 — TEAM RESULTS

1 Clayton Le Moors Harriers	21 — 3 Irene Roche	5 Jean Knightley	13 Christine Leatherley
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Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 23rd November 2013

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	2845	Toby Loveridge		Liverpool Pembroke Sefton	30:34	85	2862	James Lake	Liverpool Pembroke Sefton	37:12
2	1660	James Tarrt		Southport Waterloo Ac	30:57	86	1137	Craig Burrow	V40 16 Helm Hill	37:14
3	244	Peter Huck		Barrow & Furness Striders	31:01	87	2863	Harry Poole	Blackpool Wyre & Fylde Ac	37:17
4	2910	Ash Chambers		Liverpool Harriers & Ac	31:02	88	2923	John McCole	Liverpool Harriers & Ac	37:20
5	1529	James Douglas		Border Harriers & Ac	31:33	89	693	Phillip Waterworth	Wigan Phoenix	37:30
6	1221	Luke Minns		Blackpool Wyre & Fylde Ac	31:59	90	600	Kevin Wilson	V40 17 Lancaster & Morecambe Ac	37:33
7	86	David Rigby		Preston Harriers & Ac	32:24	91	1516	Daniel Ibotson	V40 18 Border Harriers & Ac	37:35
8	1535	Harry Earl		Border Harriers & Ac	32:47	92	1222	Adam Weightman	U20 7 Blackpool Wyre & Fylde Ac	37:41
9	2911	Ricky Challinor		Liverpool Harriers & Ac	32:52	93	2864	Jeremy Gold	V40 19 Rossendale Harriers & Ac	37:44
10	1989	Chris Fell		Rossendale Harriers & Ac	32:55	94	1559	Andrew Crickmore	U20 8 Lancaster University	37:50
11	2912	Ritchie Burney		Liverpool Harriers & Ac	32:57	95	688	Mo ManirJolley	V40 20 Wigan Phoenix	37:50
12	1665	Joe Vis		Southport Waterloo Ac	33:02	96	1712	Mark Hanson	V40 21 Burnley Ac	37:54
13	1536	Matthew Grieve		Border Harriers & Ac	33:09	97	376	Thomas Howarth	Lytham St Annes Rr Club	37:58
14	1522	Graham Millican		Border Harriers & Ac	33:15	98	418	Garry Barnett	V40 22 Wesham Road Runners	38:04
15	1645	Matt Thompson	V40 1	Southport Waterloo Ac	33:19	99	299	Jonathan Hyde	Astley & Tyldesley RR	38:08
16	240	Phil Waite		Barrow & Furness Striders	33:22	100	1095	Robert Parkinson	U20 9 Liverpool Pembroke Sefton	38:06
17	916	Andrew Kaufman		Wigan & District H & Ac	33:34	101	1632	Stephen McLean	V50 4 Southport Waterloo Ac	38:09
18	2913	James McNally		Liverpool Harriers & Ac	33:35	102	1273	Jeffrey Chadwick	V40 23 Glaxo Hoad Hill Harriers	38:11
19	427	Rob Danson		Wesham Road Runners	33:36	103	304	Graham Rands	Astley & Tyldesley RR	38:13
20	1647	David Hamilton	V40 2	Southport Waterloo Ac	33:44	104	61	John Rainford	V50 5 Preston Harriers & Ac	38:19
21	77	Gethin Butler	V40 3	Preston Harriers & Ac	33:58	105	1272	Christopher Howie	V40 24 Glaxo Hoad Hill Harriers	38:21
22	1555	Tom Roethenbaugh		Lancaster University	34:00	106	425	Steve Myerscough	Wesham Road Runners	38:23
23	1211	Malc Eadie	V40 4	Blackpool Wyre & Fylde Ac	34:05	107	2868	Greg Callaghan	V50 6 Liverpool Pembroke Sefton	38:24
24	2914	Callum Grant		Liverpool Harriers & Ac	34:10	108	1808	Sean Molloy	V40 25 Rossendale Harriers & Ac	38:28
25	1526	John Mason		Border Harriers & Ac	34:17	109	1269	Sean Dixon	V40 26 Glaxo Hoad Hill Harriers	38:29
26	91	Daniel Bebbington	U20 1	Preston Harriers & Ac	34:24	110	57	Kevin Hesketh	V50 7 Preston Harriers & Ac	38:30
27	1478	Thomas Blaney		Blackburn Harriers & Ac	34:32	111	1359	Graeme Atkinson	V40 27 Kendal AAC	38:32
28	2847	Phil Williams		Leigh Harriers & Ac	34:33	112	697	Mark Melbourne	Wigan Phoenix	38:33
29	2915	Alan Ashton		Liverpool Harriers & Ac	34:36	113	1855	James Edwards	Lancaster & Morecambe Ac	38:33
30	2848	Sean Kirkbride	U20 2	Liverpool Pembroke Sefton	34:38	114	63	John Wealthy	V50 8 Preston Harriers & Ac	38:36
31	1735	Shaun Chew		Barlick Fr	34:39	115	1984	Chris Wales	V40 28 Preston Harriers & Ac	38:38
32	2850	David Smith		Leigh Harriers & Ac	34:44	116	1814	Ryan Bradshaw	U20 10 Rossendale Harriers & Ac	38:41
33	1662	Ben Johnson		Southport Waterloo Ac	34:44	117	1816	Robert Savage	U20 11 Rossendale Harriers & Ac	38:43
34	1537	Ross Landon		Border Harriers & Ac	34:48	118	403	John Collier	V60 1 Wesham Road Runners	38:43
35	1554	Phil Robertson		Lancaster University	34:45	119	1739	Daniel Taylor	Barlick Fr	38:44
36	1020	Breton Holdsworth		Clayton Le Moors Harriers	34:51	120	281	Shaun Moran	V50 9 Astley & Tyldesley RR	38:45
37	1097	Ryan Blackwell	U20 3	Liverpool Pembroke Sefton	34:54	121	1277	Steve Young	Glaxo Hoad Hill Harriers	38:45
38	2916	Glen Groves		Liverpool Harriers & Ac	34:55	122	62	Mike O'Donnell	V50 10 Preston Harriers & Ac	38:46
39	1472	Chris Davies		Blackburn Harriers & Ac	35:00	123	1627	Rob Johnson	V50 11 Southport Waterloo Ac	38:47
40	1470	Shaun Livesey		Blackburn Harriers & Ac	35:01	124	2872	Gareth Polesch	Border Harriers & Ac	38:50
41	239	Todd Oates		Barrow & Furness Striders	35:02	125	2873	Danny Gilbody	Liverpool Pembroke Sefton	38:59
42	2078	Lee Midghall		Liverpool Harriers & Ac	35:08	126	1634	Neil Adshead	V50 12 Southport Waterloo Ac	39:01
43	605	Kieran Rowlands		Lancaster & Morecambe Ac	35:10	127	904	Mike Harris	V40 29 Wigan & District H & Ac	39:02
44	2917	Carl Mountain		Liverpool Harriers & Ac	35:14	128	1311	Doug Fleming	V50 13 Horwich R M I Harriers	39:02
45	1035	C Holdsworth		Clayton Le Moors Harriers	35:16	129	982	Colin Shuttleworth	V50 14 Clayton Le Moors Harriers	39:05
46	2854	Stuart Haw	U20 4	Liverpool Pembroke Sefton	35:17	130	193	Richard Jones	Garstang	39:09
47	81	Christopher Tully		Preston Harriers & Ac	35:19	131	1551	Matt Hamer	Lancaster University	39:13
48	247	Ross Campbell	U20 5	Barrow & Furness Striders	35:22	132	1996	Dave Sloan	Astley & Tyldesley RR	39:17
49	604	Mark Gardner		Lancaster & Morecambe Ac	35:23	133	2874	Richard Smith	Preston Harriers & Ac	39:19
50	1525	Mark Ryan		Border Harriers & Ac	35:30	134	1452	John Chaplin	V50 15 Blackburn Harriers & Ac	39:22
51	2918	Darren Carr		Liverpool Harriers & Ac	35:30	135	534	Phil Darwen	Red Rose Road Runners	39:23
52	1732	Nick Treilt		Barlick Fr	35:34	136	516	Ken Addison	V50 16 Red Rose Road Runners	39:31
53	2919	Peter Brame		Liverpool Harriers & Ac	35:36	137	64	William Johnstone	V50 17 Preston Harriers & Ac	39:32
54	2857	Andy Lloyd	V40 5	Horwich R M I Harriers	35:40	138	2875	Neil Hughes	Astley & Tyldesley RR	39:37
55	139	Allister Goulding	V40 6	Leigh Harriers & Ac	35:43	139	987	Mark Wightman	V50 18 Clayton Le Moors Harriers	39:40
56	2858	Kyle Nichols	U20 6	Liverpool Pembroke Sefton	35:43	140	1638	Peter Roome	V40 30 Southport Waterloo Ac	39:40
57	229	Pat Miller	V40 7	Barrow & Furness Striders	35:45	141	1312	Garry Chadderton	V50 19 Horwich R M I Harriers	39:41
58	305	Alex Foster		Astley & Tyldesley RR	35:47	142	2876	Danny Bouffier	Barrow & Furness Striders	39:45
59	698	Dave Walters		Wigan Phoenix	35:49	143	1714	Dale Grimshaw	Burnley Ac	39:48
60	2013	Duncan Anderson		Red Rose Road Runners	35:54	144	810	David Biddulph	V40 31 Chorley	39:50
61	1556	Ryan Stevenson		Lancaster University	35:57	145	327	Graham Webster	V60 2 Lytham St Annes Rr Club	39:54
62	2920	Colin Potts		Liverpool Harriers & Ac	35:58	146	1646	Paul Cain	V40 32 Southport Waterloo Ac	39:55
63	1655	Steven Wilkinson	V40 8	Southport Waterloo Ac	36:00	147	82	Andy Grimshaw	Preston Harriers & Ac	39:58
64	1031	Tom Brewster		Clayton Le Moors Harriers	36:01	148	191	Chris Horner	Garstang	40:00
65	1014	Nick Gaskell	V40 9	Clayton Le Moors Harriers	36:02	149	1519	Stuart Windsor	V40 33 Border Harriers & Ac	40:06
66	1972	Joe Greenwood		Lytham St Annes Rr Club	36:03	150	1474	Andrew Heys	Blackburn Harriers & Ac	40:07
67	2921	Ray Cole		Liverpool Harriers & Ac	36:08	151	799	Paul Wareing	V50 20 Chorley	40:11
68	532	Ben Donoghue		Red Rose Road Runners	36:14	152	1635	John Sprackland	V50 21 Southport Waterloo Ac	40:13
69	1970	Mike McIver		Barrow & Furness Striders	36:15	153	1711	John Linaker	V40 34 Burnley Ac	40:45
70	2860	Sammy Rashid	V40 10	Liverpool Pembroke Sefton	36:18	154	2881	Kevin Hunt	V40 35 Preston Harriers & Ac	40:47
71	65	Dave Parkinson	V50 1	Preston Harriers & Ac	36:23	155	2882	Chris Pedder	V50 22 Liverpool Pembroke Sefton	40:50
72	897	Mark Rogers	V40 11	Wigan & District H & Ac	36:25	156	1994	Ian Newcombe	V50 23 Astley & Tyldesley RR	40:55
73	1316	Andy Townsend	V40 12	Horwich R M I Harriers	36:28	157	1208	Trevor Uttley	V40 36 Blackpool Wyre & Fylde Ac	40:58
74	424	Lee Barlow	V40 13	Wesham Road Runners	36:29	158	907	Darren Jackson	Wigan & District H & Ac	41:01
75	1217	James Unsworth		Blackpool Wyre & Fylde Ac	36:31	159	891	Barry Abram	V50 24 Wigan & District H & Ac	41:08
76	1320	David Jackson	V40 14	Horwich R M I Harriers	36:36	160	416	Russell Mabbett	V40 37 Wesham Road Runners	41:15
77	225	Ray Jones	V50 2	Barrow & Furness Striders	36:40	161	905	Richard Noone	V40 38 Wigan & District H & Ac	41:15
78	1940	David Winkfield		Lancaster & Morecambe Ac	36:50	162	54	Alan Appleby	V60 3 Preston Harriers & Ac	41:16
79	1219	Liam Craine		Blackpool Wyre & Fylde Ac	36:50	163	67	John Griffiths	V40 39 Preston Harriers & Ac	41:17
80	144	Tom Henders		Leigh Harriers & Ac	36:55	164	515	Fred Lynch	V50 25 Red Rose Road Runners	41:18
81	2922	Gareth Howell		Liverpool Harriers & Ac	37:01	165	526	Stu Cann	V40 40 Red Rose Road Runners	41:21
82	190	Andy Vause	V40 15	Garstang	37:02	166	2883	Ian Sadler	V40 41 Barrow & Furness Striders	41:22
83	409	Alex Rowe	V50 3	Wesham Road Runners	37:07	167	1625	Phil Bailey	V60 4 Southport Waterloo Ac	41:27
84	1552	Florian Teichmann		Lancaster University	37:10	168	803	William Beckett	V40 42 Chorley	41:29

169 816	Phil Iddon	V40 43	Chorley	41:30	224 1353	Paul Percival Smith	V50 39	Kendal AAC	45:01
170 187	Graham Tagg	V40 44	Garstang	41:30	225 524	Frank Nightingale	V40 62	Red Rose Road Runners	45:11
171 703	Lee Partington		Wigan Phoenix	41:31	226 783	Barry Chester	V60 7	Chorley	45:20
172 1726	Stuart Bryan	V40 45	Barlick Fr	41:38	227 898	Peter Mills	V40 63	Wigan & District H & Ac	45:33
173 820	Jonathon Burgess		Chorley	41:44	228 2012	Jonathan Evans	V40 64	Red Rose Road Runners	45:49
174 2024	Stephen Bonsu		Preston Harriers & Ac	41:54	229 1736	M Thistlethwaite		Barlick Fr	45:53
175 2886	Cian Nutt		Glaxo Hoad Hill Harriers	41:54	230 2898	John Dobie	V60 8	Liverpool Pembroke Sefton	45:56
176 911	Gary Wane		Wigan & District H & Ac	41:55	231 984	Peter Browning	V50 40	Clayton Le Moors Harriers	46:06
177 227	Jamie Baron	V40 46	Barrow & Furness Striders	41:55	232 800	Simon Townsend	V40 65	Chorley	46:10
178 1760	David Moynihan	V40 47	Hyndburn Ac	42:03	233 2924	Andy Smith		Liverpool Harriers & Ac	46:15
179 1471	Allan Hartley		Blackburn Harriers & Ac	42:08	234 535	Barry Wheeler		Red Rose Road Runners	46:20
180 2887	Kevin Ashworth	V40 48	Lytham St Annes Rr Club	42:09	235 1356	Peter Ackland	V50 41	Kendal AAC	46:22
181 78	Stephen Mort		Preston Harriers & Ac	42:11	236 962	David Scott	V60 9	Clayton Le Moors Harriers	46:31
182 185	Geoff Lyons	V50 26	Garstang	42:13	237 2899	Dean Attergon		Wigan & District H & Ac	46:36
183 1651	Tom Peacock	V40 49	Southport Waterloo Ac	42:18	238 1623	Stephen James	V60 10	Southport Waterloo Ac	46:39
184 1204	Gary Johnston	V50 27	Blackpool Wyre & Fylde Ac	42:25	239 1207	David Randall	V50 42	Blackpool Wyre & Fylde Ac	46:40
185 1094	Dave Reece	U20 12	Liverpool Pembroke Sefton	42:27	240 593	Mike Peat	V50 43	Lancaster & Morecambe Ac	46:48
186 1644	Mark Davies	V40 50	Southport Waterloo Ac	42:29	241 143	Alex Urmston		Leigh Harriers & Ac	46:59
187 1280	Tom Southward		Glaxo Hoad Hill Harriers	42:37	242 421	Jonathan Lawson	V40 66	Wesham Road Runners	47:07
188 194	Phill Cornall		Garstang	42:41	243 528	Andy Binstead	V40 67	Red Rose Road Runners	47:14
189 302	Paul Beardsworth		Astley & Tyldesley RR	42:42	244 2925	David Rowe		Liverpool Harriers & Ac	47:15
190 328	Terry Hellings	V50 28	Lytham St Annes Rr Club	42:43	245 785	Graham Schofield	V60 11	Chorley	47:24
191 233	Mike Cooper	V40 51	Barrow & Furness Striders	42:44	246 400	Peter Bartlett	V60 12	Wesham Road Runners	47:28
192 523	Philip Butler	V50 29	Red Rose Road Runners	42:45	247 2926	Ian Wood		Liverpool Harriers & Ac	47:33
193 1956	Chris Whitlock	V40 52	Wesham Road Runners	42:46	248 1306	Gordon Stone	V50 44	Horwich R M I Harriers	48:06
194 1937	Andy Quinn	V40 53	Clayton Le Moors Harriers	42:47	249 488	Albert Douglas	V60 13	Eden Runners	48:08
195 2890	Daniel Preston		Lancaster University	42:49	250 680	Vincent Robinson	V50 45	Wigan Phoenix	48:28
196 226	Graham Dacre	V40 54	Barrow & Furness Striders	42:51	251 673	Roy Hart	V60 14	Wigan Phoenix	48:50
197 1998	Tony Foster	V50 30	Astley & Tyldesley RR	43:01	252 527	John Wiseman	V40 68	Red Rose Road Runners	48:51
198 1631	Gareth Williams	V50 31	Southport Waterloo Ac	43:02	253 2025	Nigel Simpkin	V60 15	Lytham St Annes Rr Club	48:55
199 1957	Anthony Murphy	V40 55	Red Rose Road Runners	43:03	254 2904	Wayne Cullen	V40 69	Barrow & Furness Striders	49:03
200 406	John Bertenshaw	V50 32	Wesham Road Runners	43:07	255 587	George Parrington	V60 16	Lancaster & Morecambe Ac	49:04
201 1637	Mike Cunningham	V40 56	Southport Waterloo Ac	43:11	256 972	Melyn Thistlethwaite	V60 17	Clayton Le Moors Harriers	49:15
202 1731	Michael Plummer		Barlick Fr	43:18	257 398	Dave Waywell	V60 18	Wesham Road Runners	49:22
203 1469	John Cookson	V40 57	Blackburn Harriers & Ac	43:21	258 58	Phil Lakeland	V50 46	Preston Harriers & Ac	49:55
204 522	Philip Davidson	V50 33	Red Rose Road Runners	43:24	259 960	Ted Orrell	V60 19	Clayton Le Moors Harriers	50:14
205 703	Lee Partington		Wigan Phoenix	43:28	260 1939	Richard Hannam	V40 70	Lancaster & Morecambe Ac	50:22
206 1733	James Fent		Barlick Fr	43:31	261 1514	Peter Campell	V50 47	Border Harriers & Ac	50:30
207 2894	Paul Briers		Wigan & District H & Ac	43:34	262 531	Luke Bosman	V40 71	Red Rose Road Runners	50:56
208 410	Nigel Shepherd	V50 34	Wesham Road Runners	43:35	263 2027	Andy Speer	V40 72	Red Rose Road Runners	51:02
209 986	James Hickie	V50 35	Clayton Le Moors Harriers	43:42	264 589	Mike Bray	V60 20	Lancaster & Morecambe Ac	51:15
210 184	Tony Pritchard	V60 5	Garstang	43:44	265 1935	John Plowman	V40 73	Red Rose Road Runners	51:20
211 1141	John Armistead		Helm Hill	43:48	266 961	Richard Lawson	V60 21	Clayton Le Moors Harriers	51:44
212 329	Colin Laidlaw	V50 36	Lytham St Annes Rr Club	43:58	267 967	Ron Chappell	V60 22	Clayton Le Moors Harriers	52:25
213 694	John Morrissey		Wigan Phoenix	44:00	268 889	Michael Dutton	V50 48	Wigan & District H & Ac	52:41
214 333	Mark Selby		Lytham St Annes Rr Club	44:02	269 1267	Ken Lamb	V50 49	Glaxo Hoad Hill Harriers	52:53
215 1467	Paul Wilkinson	V40 58	Blackburn Harriers & Ac	44:03	270 332	Greg Oulton	V40 74	Lytham St Annes Rr Club	53:17
216 903	Graham Millington	V40 59	Wigan & District H & Ac	44:04	271 1521	Andrew Field		Border Harriers & Ac	54:58
217 284	Steve Foster	V50 37	Astley & Tyldesley RR	44:09	272 1194	John Winters	V60 23	Blackpool Wyre & Fylde Ac	55:33
218 142	Tony Battersby		Leigh Harriers & Ac	44:16	273 536	Martin Simpson		Red Rose Road Runners	55:53
219 1091	Paul Cotterill	V50 38	Liverpool Pembroke Sefton	44:27	274 399	Dave Young	V60 24	Wesham Road Runners	55:58
220 1455	Ian Clarkson	V40 60	Blackburn Harriers & Ac	44:28	275 2908	Cormac Murray		Glaxo Hoad Hill Harriers	56:33
221 297	Craig Bradbury	V40 61	Astley & Tyldesley RR	44:37	276 2011	Gavin Beetham	V50 50	Red Rose Road Runners	59:47
222 1661	Chris Jones		Southport Waterloo Ac	44:51	277 397	Mike Walsh	V60 25	Wesham Road Runners	1:02:19
223 1261	Adrian Newnham	V60 6	Glaxo Hoad Hill Harriers	44:59					

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	91	Daniel Bebbington	U20 1	Preston Harriers & Ac	34:24
2	2848	Sean Kirkbride	U20 2	Liverpool Pembroke Sefton	34:38
3	1097	Ryan Blackwell	U20 3	Liverpool Pembroke Sefton	34:54
4	2854	Stuart Haw	U20 4	Liverpool Pembroke Sefton	35:17
5	247	Ross Campbell	U20 5	Barrow & Furness Striders	35:22
6	2858	Kyle Nichols	U20 6	Liverpool Pembroke Sefton	35:43
7	1222	Adam Weightman	U20 7	Blackpool Wyre & Fylde Ac	37:41
8	1559	Andrew Crickmore	U20 8	Lancaster University	37:50
9	1095	Robert Parkinson	U20 9	Liverpool Pembroke Sefton	38:06
10	1814	Ryan Bradshaw	U20 10	Rossendale Harriers & Ac	38:41
11	1816	Robert Savage	U20 11	Rossendale Harriers & Ac	38:43
12	1094	Dave Reece	U20 12	Liverpool Pembroke Sefton	42:27

Senior Men under 20 — TEAM RESULTS

1 Liverpool Pembroke Sefton	9 — 2 Sean Kirkbride	3 Ryan Blackwell	4 Stuart Haw
2 Liverpool Pembroke Sefton 'B'	27 — 6 Kyle Nichols	9 Robert Parkinson	12 Dave Reece

Senior Men — TEAM RESULTS

1	Liverpool Harriers & Ac	95	— 4	Ash Chambers	9	Ricky Challinor	11	Ritchie Burney	18	James McNally	24	Callum Grant	29	Alan Ashton
2	Border Harriers & Ac	99	— 5	James Douglas	8	Harry Earl	13	Matthew Grieve	14	Graham Millican	25	John Mason	34	Ross Landon
3	Southport Waterloo Ac	145	— 2	James Tartt	12	Joe Vis	15	Matt Thompson	20	David Hamilton	33	Ben Johnson	63	Steven Wilkinson
4	Barrow & Furness Striders	234	— 3	Peter Huck	16	Phil Waite	41	Todd Oates	48	Ross Campbell	57	Pat Miller	69	Mike McIver
5	Liverpool Pembroke Sefton	240	— 1	Toby Loveridge	30	Sean Kirkbride	37	Ryan Blackwell	46	Stuart Haw	56	Kyle Nichols	70	Sammy Rashid
6	Preston Harriers & Ac	276	— 7	David Rigby	21	Gethin Butler	26	Daniel Bebbington	47	Christopher Tully	71	Dave Parkington	104	John Rainford
7	Liverpool Harriers & Ac 'B'	290	—38	Glen Groves	42	Lee Midghall	44	Carl Mountain	51	Darren Carr	53	Peter Brame	62	Colin Potts
8	Blackpool Wyre & Fylde Ac	362	— 6	Luke Minns	23	Malc Eadie	75	James Unsworth	79	Liam Craine	87	Harry Poole	92	Adam Weightman
9	Lancaster University	427	—22	Tom Roethenbaugh	35	Phil Robertson	61	Ryan Stevenson	84	Florian Teichmann	94	Andrew Crickmore	131	Matt Hamer
10	Clayton Le Moors Harriers	478	—36	Breton Holdsworth	45	C Holdsworth	64	Tom Brewster	65	Nick Gaskell	129	Colin Shuttleworth	139	Mark Wightman
11	Wesham Road Runners	498	—19	Rob Danson	74	Lee Barlow	83	Alex Rowe	98	Garry Barnett	106	Steve Myerscough	118	John Collier
12	Blackburn Harriers & Ac	569	—27	Thomas Blaney	39	Chris Davies	40	Shaun Livesey	134	John Chaplin	150	Andrew Heys	179	Allan Hartley
13	Lancaster & Morecambe Ac	613	—43	Kieran Rowlands	49	Mark Gardner	78	David Winkfield	90	Kevin Wilson	113	James Edwards	240	Mike Peat
14	Astley & Tyldesley RR	650	—58	Alex Foster	99	Jonathan Hyde	103	Graham Rands	120	Shaun Moran	132	Dave Sloan	138	Neil Hughes
15	Leigh Harriers & Ac	654	—28	Phil Williams	32	David Smith	55	Allister Goulding	80	Tom Henders	218	Tony Battersby	241	Alex Urmston
16	Wigan & District H & Ac	694	—17	Andrew Kaufman	72	Mark Rogers	127	Mike Harris	158	Darren Jackson	159	Barry Abram	161	Richard Noone
17	Horwich R M I Harriers	720	—54	Andy Lloyd	73	Andy Townsend	76	David Jackson	128	Doug Fleming	141	Garry Chadderton	248	Gordon Stone
18	Red Rose Road Runners	728	—60	Duncan Anderson	68	Ben Donoghue	135	Phil Darwen	136	Ken Addison	164	Fred Lynch	165	Stu Cann
19	Preston Harriers & Ac 'B'	731	—110	Kevin Hesketh	114	John Wealthy	115	Chris Wales	122	Mike O'Donnell	133	Richard Smith	137	William Johnstone
20	Wigan Phoenix	731	—59	Dave Walters	89	Phillip Waterworth	95	Mo ManirJolley	112	Mark Melbourne	171	Lee Partington	205	Lee Partington
21	Liverpool Pembroke Sefton 'B'	757	—85	James Lake	100	Robert Parkinson	107	Greg Callaghan	125	Danny Gilbody	155	Chris Pedder	185	Dave Reece
22	Barlick Fr	782	—31	Shaun Chew	52	Nick Treilt	119	Daniel Taylor	172	Stuart Bryan	202	Michael Plummer	206	James Fent
23	Southport Waterloo Ac 'B'	788	—101	Stephen McLean	123	Rob Johnson	126	Neil Adshead	140	Peter Roome	146	Paul Cain	152	John Sprackland
24	Glaxo Hoad Hill Harriers	799	—102	Jeffrey Chadwick	105	Christopher Howie	109	Sean Dixon	121	Steve Young	175	Cian Nutt	187	Tom Southward
25	Lytham St Annes Rr Club	890	—66	Joe Greenwood	97	Thomas Howarth	145	Graham Webster	180	Kevin Ashworth	190	Terry Hellings	212	Colin Laidlaw
26	Garstang	900	—82	Andy Vause	130	Richard Jones	148	Chris Horner	170	Graham Tagg	182	Geoff Lyons	188	Phill Cornall
27	Border Harriers & Ac 'B'	946	—50	Mark Ryan	91	Daniel Ibotson	124	Gareth Polesch	149	Stuart Windsor	261	Peter Campell	271	Andrew Field
28	Barrow & Furness Striders 'B'	949	—77	Ray Jones	142	Danny Bouffler	166	Ian Sadler	177	Jamie Baron	191	Mike Cooper	196	Graham Dacre
29	Liverpool Harriers & Ac 'C'	960	—67	Ray Cole	81	Gareth Howell	88	John McCole	233	Andy Smith	244	David Rowe	247	Ian Wood
30	Preston Harriers & Ac 'C'	981	—147	Andy Grimshaw	154	Kevin Hunt	162	Alan Appleby	163	John Griffiths	174	Stephen Bonsu	181	Stephen Mort
31	Chorley	1031	—144	David Biddulph	151	Paul Wareing	168	William Beckett	169	Phil Iddon	173	Jonathon Burgess	226	Barry Chester
32	Southport Waterloo Ac 'C'	1157	—167	Phil Bailey	183	Tom Peacock	186	Mark Davies	198	Gareth Williams	201	Mike Cunningham	222	Chris Jones
33	Wesham Road Runners 'B'	1249	—160	Russell Mabbett	193	Chris Whitlock	200	John Bertenshaw	208	Nigel Shepherd	242	Jonathan Lawson	246	Peter Bartlett
34	Red Rose Road Runners 'B'	1282	—192	Philip Butler	199	Anthony Murphy	204	Philip Davidson	225	Frank Nightingale	228	Jonathan Evans	234	Barry Wheeler
35	Wigan & District H & Ac 'B'	1331	—176	Gary Wane	207	Paul Briers	216	Graham Millington	227	Peter Mills	237	Dean Attergon	268	Michael Dutton
36	Clayton Le Moors Harriers 'B'	1385	—194	Andy Quinn	209	James Hickie	231	Peter Browning	236	David Scott	256	Melyn Thistlethwaite	259	Ted Orrell
37	Red Rose Road Runners 'C'	1558	—243	Andy Binstead	252	John Wiseman	262	Luke Bosman	263	Andy Speer	265	John Plowman	273	Martin Simpson

Senior Men (Vets) over 40 — TEAM RESULTS

1	Southport Waterloo Ac	37	— 1	Matt Thompson	2	David Hamilton	8	Steven Wilkinson	26	Stephen McLean
2	Preston Harriers & Ac	75	— 3	Gethin Butler	11	Dave Parkington	28	John Rainford	33	Kevin Hesketh
3	Horwich R M I Harriers	76	— 5	Andy Lloyd	13	Andy Townsend	15	David Jackson	43	Doug Fleming
4	Wesham Road Runners	94	— 14	Lee Barlow	18	Alex Rowe	25	Garry Barnett	37	John Collier
5	Preston Harriers & Ac 'B'	157	—35	John Wealthy	36	Chris Wales	39	Mike O'Donnell	47	William Johnstone
6	Barrow & Furness Striders	167	— 7	Pat Miller	16	Ray Jones	69	Ian Sadler	75	Jamie Baron
7	Wigan & District H & Ac	180	— 12	Mark Rogers	42	Mike Harris	62	Barry Abram	64	Richard Noone
8	Southport Waterloo Ac 'B'	183	—40	Rob Johnson	41	Neil Adshead	49	Peter Roome	53	Paul Cain
9	Clayton Le Moors Harriers	187	— 9	Nick Gaskell	44	Colin Shuttleworth	48	Mark Wightman	86	Andy Quinn
10	Glaxo Hoad Hill Harriers	193	—27	Jeffrey Chadwick	29	Christopher Howie	32	Sean Dixon	105	Adrian Newnham
11	Liverpool Pembroke Sefton	201	—10	Sammy Rashid	30	Greg Callaghan	59	Chris Pedder	102	Paul Cotterill
12	Chorley	249	—51	David Biddulph	55	Paul Wareing	71	William Beckett	72	Phil Iddon
13	Blackpool Wyre & Fylde Ac	262	— 4	Malc Eadie	61	Trevor Uttley	80	Gary Johnston	117	David Randall
14	Red Rose Road Runners	265	—46	Ken Addison	67	Fred Lynch	68	Stu Cann	84	Philip Butler
15	Garstang	265	—17	Andy Vause	73	Graham Tagg	78	Geoff Lyons	97	Tony Pritchard
16	Southport Waterloo Ac 'C'	286	—56	John Sprackland	70	Phil Bailey	79	Tom Peacock	81	Mark Davies
17	Astley & Tyldesley RR	287	—38	Shaun Moran	60	Ian Newcombe	88	Tony Foster	101	Steve Foster
18	Lytham St Annes Rr Club	309	—52	Graham Webster	77	Kevin Ashworth	82	Terry Hellings	98	Colin Laidlaw
19	Preston Harriers & Ac 'C'	322	—58	Kevin Hunt	65	Alan Appleby	66	John Griffiths	133	Phil Lakeland
20	Wesham Road Runners 'B'	334	—63	Russell Mabbett	85	Chris Whitlock	91	John Bertenshaw	95	Nigel Shepherd
21	Blackburn Harriers & Ac	340	—45	John Chaplin	93	John Cookson	99	Paul Wilkinson	103	Ian Clarkson
22	Red Rose Road Runners 'B'	401	—90	Anthony Murphy	94	Philip Davidson	107	Frank Nightingale	110	Jonathan Evans
23	Lancaster & Morecambe Ac	403	—20	Kevin Wilson	118	Mike Peat	130	George Parrington	135	Richard Hannam
24	Clayton Le Moors Harriers 'B'	454	—96	James Hickie	112	Peter Browning	115	David Scott	131	Melyn Thistlethwaite
25	Wesham Road Runners 'C'	520	—119	Jonathan Lawson	122	Peter Bartlett	132	Dave Waywell	147	Dave Young
26	Red Rose Road Runners 'C'	522	—120	Andy Binstead	127	John Wiseman	137	Luke Bosman	138	Andy Speer

Senior Men (Vets) over 50 — TEAM RESULTS

1 Preston Harriers & Ac	13 — 1 Dave Parkington	5 John Rainford	7 Kevin Hesketh
2 Southport Waterloo Ac	29 — 4 Stephen McLean	12 Rob Johnson	13 Neil Adshead
3 Preston Harriers & Ac 'B'	37 — 8 John Wealthy	11 Mike O'Donnell	18 William Johnstone
4 Wesham Road Runners	48 — 3 Alex Rowe	9 John Collier	36 John Bertenshaw
5 Astley & Tyldesley RR	69 — 10 Shaun Moran	25 Ian Newcombe	34 Tony Foster
6 Clayton Le Moors Harriers	73 — 15 Colin Shuttleworth	19 Mark Wightman	39 James Hickie
7 Liverpool Pembroke Sefton	73 — 6 Greg Callaghan	24 Chris Pedder	43 Paul Cotterill
8 Red Rose Road Runners	78 — 17 Ken Addison	28 Fred Lynch	33 Philip Butler
9 Southport Waterloo Ac 'B'	87 — 23 John Sprackland	29 Phil Bailey	35 Gareth Williams
10 Horwich R M I Harriers	90 — 14 Doug Fleming	20 Garry Chadderton	56 Gordon Stone
11 Lytham St Annes Rr Club	94 — 21 Graham Webster	32 Terry Hellings	41 Colin Laidlaw
12 Chorley	122 — 22 Paul Wareing	46 Barry Chester	54 Graham Schofield
13 Blackpool Wyre & Fylde Ac	155 — 31 Gary Johnston	52 David Randall	72 John Winters
14 Wesham Road Runners 'B'	156 — 38 Nigel Shepherd	55 Peter Bartlett	63 Dave Waywell
15 Clayton Le Moors Harriers 'B'	160 — 48 Peter Browning	50 David Scott	62 Melyn Thistlethwaite
16 Lancaster & Morecambe Ac	181 — 53 Mike Peat	61 George Parrington	67 Mike Bray
17 Clayton Le Moors Harriers 'C'	202 — 65 Ted Orrell	68 Richard Lawson	69 Ron Chappell

Senior Men (Vets) over 60 — TEAM RESULTS

1 Wesham Road Runners	31 — 1 John Collier	12 Peter Bartlett	18 Dave Waywell
2 Clayton Le Moors Harriers	45 — 9 David Scott	17 Melyn Thistlethwaite	19 Ted Orrell

Under 20 Women

Pos	RaceNo	Time	Name	Gender	Cat	Club
1	1704	0:16:47	Georgina Leck	F	U20	Leigh Harriers
2	491	0:17:09	Rebecca Donohue	F	U20	Liverpool Harriers & AC
3	494	0:17:21	Jessica McDermott	F	U20	Preston Harriers
4	1964	0:19:22	Lizzy Longshaw	F	U20	Rosendale Harriers
5	1890	0:20:03	Sai Kalasiram	F	U20	Preston Harriers & AC
6	2069	0:20:37	Natalie Thompson	F	U20	Wigan & District Harriers & AC
1	1704	0:16:47	Georgina Leck	F	U20	Leigh Harriers
2	491	0:17:09	Rebecca Donohue	F	U20	Liverpool Harriers & AC
3	494	0:17:21	Jessica McDermott	F	U20	Preston Harriers
4	1964	0:19:22	Lizzy Longshaw	F	U20	Rosendale
5	1890	0:20:03	Sai Kalasiram	F	U20	Preston Harriers
6	2069	0:20:37	Natalie Thompson	F	U20	Wigan & District Harriers & AC

Under 20 Men

Pos	RaceNo	Time	Name	Gender	Cat	Club
1	690	0:20:25	Matthew Shirling	M	U20	Liverpool Harriers & AC
2	703	0:20:58	Jamaine Coleman	M	U20	Preston Harriers
3	692	0:21:10	Daniel Jarvis	M	U20	Liverpool Harriers & AC
4	757	0:21:44	Luke Ingham	M	U20	Kendal AC
5	641	0:22:03	Robert Warner	M	U20	Blackburn H & AC
6	695	0:22:25	Warren Turner	M	U20	Liverpool Pembroke Sefton
7	693	0:22:37	James Loftus	M	U20	Liverpool Pembroke Sefton
8	724	0:22:38	Jack Nixon	M	U20	Stockport Harriers
9	688	0:22:55	Richard Evans	M	U20	Liverpool Harriers & AC
10	687	0:23:43	Nzimah Akpan	M	U20	Liverpool Harriers & AC