

Birchwood 10K

18 August 2013

Pos	No	Name	Cat	Club	Gun time	Cat pos	Chip time	Chip pos
1	526	Tarus Elly	MS	Salford H	00:31:05	1	00:31:02	1
2	178	Michael Aspinall	MS	TIPTON HARRIERS	00:31:16	2	00:31:12	2
3	1012	Paul Lockwood	MS	Wakefield Dist Harriers	00:32:07	3	00:32:04	3
4	842	Andrew Challenger	MS	Hallamshire Harriers	00:32:24	4	00:32:21	4
5	1052	Ben Riddell	MS	Salford Harriers	00:32:44	5	00:32:43	5
6	796	Stephen Chew	MS	Barlick Fell Runners	00:32:52	6	00:32:49	6
7	262	Alex Hall	MS	Chester Tri Club	00:32:59	7	00:32:56	7
8	840	Ben Beattie	MS	Hallamshire Harriers	00:33:23	8	00:33:20	8
9	1153	Stephen Walley	MS	Trentham RC	00:34:17	9	00:34:14	9
10	281	Graham Green	MV45	Warrington AC	00:34:20	1	00:34:20	10
11	832	Andy May	MS	Valley Striders AC	00:34:27	10	00:34:23	11
12	1118	Tom Snape	MV40		00:34:28	1	00:34:24	12
13	833	Eric Crowther	MS	Salford Harriers	00:34:33	11	00:34:29	13
14	254	Nigel Martin	MS	Sale Harriers	00:34:40	12	00:34:36	14
15	862	Christopher Merchant	MS	Rochdale Harriers	00:34:55	13	00:34:52	15
16	467	Stephen Doyle	MS	Knowsley Harriers AC	00:35:01	14	00:34:57	16
17	490	Tony Battersby	MS	LEIGH HARRIERS	00:35:04	15	00:35:00	17
18	450	Matt Davies	MS	Mossley Hill AC	00:35:09	16	00:35:04	18
19	170	Steffan Sayer	MS	MENAI TRACK & FIELD	00:35:12	17	00:35:09	19
20	1100	Kevin Ogden	MV40	Spen AC	00:35:26	2	00:35:23	20
21	177	Louise Gardner	FS	LANC & MORECAMBE AC	00:35:30	1	00:35:26	21
22	1199	Martin Green	MS	North Wales RR	00:35:37	18	00:35:33	22
23	138	Craig Mooney	MS	South Cheshire Harriers	00:35:43	19	00:35:38	23
24	866	Robin Owen	MS	Abbey Runners	00:35:49	20	00:35:45	24
25	10	Rob Kelly	MS	Knowsley Harriers AC	00:35:56	21	00:35:52	25
26	814	Shaun Livesey	MS	Blackburn Harriers	00:36:02	22	00:36:02	27
27	383	Jamie White	MJ	St Helens Sutton AC	00:36:06	1	00:36:01	26
28	265	Steven Nijs	MV40	Knowsley Harriers AC	00:36:08	3	00:36:04	28
29	923	Adam Mcarthur	MS	Enfield & Haringey AC	00:36:13	23	00:36:09	29
30	520	Lee Midghall	MS	LIVERPOOL HARRIERS	00:36:17	24	00:36:13	30
31	789	John Connolly	MV40	Penny Lane Striders	00:36:29	4	00:36:24	31
32	791	Liam Craine	MS	B'pool Wyre & Fylde AC	00:36:41	25	00:36:35	32
33	187	Pete Ackerley	MS	Warrington RR	00:36:44	26	00:36:38	33
34	327	Neil Cosgrove	MS	Knowsley Harriers AC	00:36:44	27	00:36:39	34

35	465	Tony Landry	MV50	Knowsley Harriers AC	00:36:47	1	00:36:42	35
36	208	Anthony Burke	MV40	Lymm Runners	00:36:49	5	00:36:43	36
37	784	Duncan Lee	MS		00:36:59	28	00:36:56	37
38	825	Ryan Butler	MS	L'borough Students AC	00:37:04	29	00:36:58	38
39	850	Russell Ingham	MS	Royton Road Runners	00:37:14	30	00:37:09	39
40	237	Irfon Rowlands	MV45	CYBI STRIDERS	00:37:16	2	00:37:13	41
41	939	Steven Thompson	MS	Warrington RR	00:37:17	31	00:37:11	40
42	1122	Leighton Sharman	MJ	Warrington AC	00:37:21	2	00:37:16	42
43	62	Lee Hughes	MS	Lymm Runners	00:37:27	32	00:37:21	43
44	188	Carl Murphy	MS	LIVERPOOL RC	00:37:48	33	00:37:40	44
45	274	Dale Higham	MS	Penny Lane Striders	00:37:51	34	00:37:46	46
46	831	Paul Taylor	MS	Moray Road Runners	00:37:52	35	00:37:46	47
47	915	Chris Fitzpatrick	MS	Helsby Running Club	00:37:53	36	00:37:44	45
48	792	David Williamson	MV40	B'pool Wyre & Fylde AC	00:38:04	6	00:38:04	49
49	843	Chris Quigley	MV40	Trawden AC	00:38:07	7	00:38:01	48
50	123	Robert Little	MS	West Cheshire AC	00:38:11	37	00:38:08	51
51	134	Elliott Wyart	MS		00:38:13	38	00:38:04	50
52	794	Joseph Dooley	MV45		00:38:15	3	00:38:09	52
53	394	Terry Roberts	MS	WIRRAL AC	00:38:17	39	00:38:10	53
54	421	Colin Dobbs	MS	Penny Lane Striders	00:38:19	40	00:38:14	54
55	1086	David Edwards	MV50	Knowsley Harriers AC	00:38:23	2	00:38:17	55
56	1125	Kevin Hesketh	MV55	Preston Harriers	00:38:28	1	00:38:24	56
57	246	Martin Packham	MS	South Cheshire Harriers	00:38:30	41	00:38:26	58
58	46	Katherine Fitzpatrick	FS		00:38:32	2	00:38:26	59
59	94	Michael Kennedy	MV40		00:38:32	8	00:38:25	57
60	363	Carl Barber	MV40	Sale Harriers	00:38:39	9	00:38:30	60
61	447	Louise Blizzard	FV35	BELGRAVE HARRIERS	00:38:44	1	00:38:39	61
62	524	Thomas Madden	MS	LIVERPOOL RC	00:38:47	42	00:38:39	62
63	971	David Parkin	MS		00:38:48	43	00:38:41	63
64	1088	Andrew Durrant	MS	South Cheshire Harriers	00:38:50	44	00:38:45	64
65	801	Lyndon Easthope	MS	Penny Lane Striders	00:38:53	45	00:38:47	65
66	317	Stephen Dellis	MS		00:38:53	46	00:38:48	66
67	1054	Alan Pitman	MS		00:38:57	47	00:38:50	67
68	1097	Robert Johnson	MV55	Southport Waterloo AC	00:38:59	2	00:38:54	68
69	852	Tony Jackson	MV50	Skem B'dary Harriers	00:39:00	3	00:38:55	70
70	949	Daniel Williams	MS	South Cheshire Harriers	00:39:01	48	00:38:56	71
71	942	Jerry Coll	MS	Warrington RR	00:39:01	49	00:38:54	69
72	232	Gareth Dodd	MS	Whitchurch Whippets	00:39:09	50	00:39:04	72
73	973	Mervyn Ward	MV55	Warrington AC	00:39:17	3	00:39:10	73
74	489	Albert Castile	MV40	Salford Harriers	00:39:20	10	00:39:16	77
75	1102	Gary Casey	MS		00:39:20	51	00:39:11	74
76	65	Dave Dodd	MS		00:39:22	52	00:39:14	75
77	779	Nathan Cameron	MS	Warrington Tri Club	00:39:23	53	00:39:14	76

78	1011	Jim Dawson	MV50	Warrington RR	00:39:25	4	00:39:18	78
79	948	David Morris	MS	South Cheshire Harriers	00:39:30	54	00:39:24	80
80	799	Chris Ingham	MS	Horwich RMI Harriers	00:39:30	55	00:39:23	79
81	1045	Santosh Rudravajhala	MS	Derby AC	00:39:31	56	00:39:25	82
82	357	Gary English	MV50	LIVERPOOL RC	00:39:32	5	00:39:24	81
83	1090	Amelia Pettitt	FJ	Vale Royal AC	00:39:34	1	00:39:29	84
84	978	Duncan Kennedy	MS	LIVERPOOL RC	00:39:35	57	00:39:27	83
85	846	Paul Porter	MS		00:39:41	58	00:39:31	85
86	1050	Ben Jones	MS	Bury AC	00:39:45	59	00:39:38	86
87	443	Nick Wilson	MV40	WIRRAL AC	00:39:53	11	00:39:47	88
88	1040	Jonathan Powell	MS		00:39:53	60	00:39:42	87
89	865	Steve Broadfoot	MV50	Knowsley Harriers AC	00:39:54	6	00:39:47	89
90	1078	Joe Lazenby	MS	LIVERPOOL RC	00:39:56	61	00:39:48	90
91	897	Steve Hillier	MS	West Cheshire AC	00:39:59	62	00:39:49	91
92	521	Kevin Brown	MV40	Knowsley Harriers AC	00:40:04	12	00:40:00	94
93	991	Bob Freeman	MV55	West Cheshire AC	00:40:05	4	00:39:58	93
94	203	Neil Stephenson	MS	YMCA HARRIERS	00:40:05	63	00:39:56	92
95	1037	Mark Williams	MV45		00:40:05	4	00:40:00	95
96	1121	Amy Rose Talbot	FS	Warrington AC	00:40:07	3	00:40:02	96
97	279	Dean Connolly	MS	Penny Lane Striders	00:40:23	64	00:40:18	99
98	841	Martin King	MV40	Accrington RR	00:40:25	13	00:40:18	100
99	127	Stu Robinson	MS	KENDAL TRI CLUB	00:40:27	65	00:40:23	101
100	157	Mitch Hawkins	MS	Penny Lane Striders	00:40:27	66	00:40:17	98
101	1053	Karl Bowles	MV40		00:40:29	14	00:40:15	97
102	813	Robert Chesters	MS	ABC Runners	00:40:31	67	00:40:25	103
103	1095	Francis Day	MV60	East Cheshire Harriers	00:40:34	1	00:40:28	105
104	509	Paul Scully	MV40		00:40:34	15	00:40:24	102
105	276	James Lomax	MS		00:40:36	68	00:40:25	104
106	491	Steven Millar	MS	MACC. HARRIERS	00:40:39	69	00:40:28	106
107	393	Luke Ellis	MS	West Cheshire AC	00:40:41	70	00:40:33	107
108	1076	Mick Fairs	MV65	Wilmslow RC	00:40:44	1	00:40:37	108
109	1200	Alan Brookes	MV55	South Cheshire Harriers	00:40:48	5	00:40:42	111
110	376	Terry Mitchell	MS		00:40:48	71	00:40:40	110
111	494	Alex O'Brien	FS	LIVERPOOL RC	00:40:50	4	00:40:39	109
112	812	David Nalder	MV55	Ellesmere Port RC	00:40:53	6	00:40:47	113
113	802	Anthony Metcalfe	MV55	Mossley Hill AC	00:40:55	7	00:40:48	114
114	365	Tony Muir	MS	OLDHAM & R'TON HARRIERS	00:40:57	72	00:40:44	112
115	871	Russ Platt	MV45	Warrington RR	00:40:59	5	00:40:52	115
116	820	Robbie Greenslade	MS	Sale Harriers	00:41:12	73	00:41:03	118
117	819	Nigel Baskerville	MV45	South Cheshire Harriers	00:41:14	6	00:41:02	116
118	451	Michaela Owen	FS	CYBI STRIDERS	00:41:16	5	00:41:08	120
119	1029	Paul Mckenna	MV40	Chorlton Runners	00:41:21	16	00:41:02	117
120	1163	Ben Jones	MS		00:41:22	74	00:41:13	121

121	478	Eric Swainson	MS		00:41:26	75	00:41:07	119
122	911	Alexander Bentley	MS	Knowsley Harriers AC	00:41:29	76	00:41:24	123
123	407	Andrew Mccracken	MV40		00:41:33	17	00:41:23	122
124	511	John Morris	MV65	W'HAMPTON & BILSTON	00:41:36	2	00:41:31	125
125	1128	Howard Griffiths	MV50		00:41:37	7	00:41:27	124
126	508	Iain Lewis	MS	W'HAMPTON & BILSTON	00:41:40	77	00:41:36	127
127	1057	Peter Fraser	MS	WIRRAL AC	00:41:40	78	00:41:40	129
128	1148	Andy Jones	MS	North Wales RR	00:41:42	79	00:41:36	128
129	916	Edward Halliwell	MV40	Helsby Running Club	00:41:43	18	00:41:34	126
130	1024	Kevin Monaghan	MV45	St Helens Striders	00:41:54	7	00:41:43	130
131	848	Graham Harrison	MV50	ALTRINCHAM & DAC	00:41:58	8	00:41:50	132
132	938	Andrew Dalton	MV40	Warrington RR	00:42:08	19	00:42:00	133
133	913	Lee Conde	MS		00:42:11	80	00:42:01	134
134	83	Philip Dawson	MV60	Congleton Harriers	00:42:14	2	00:42:04	135
135	1038	Mike Henderson	MV45		00:42:15	8	00:41:46	131
136	1005	Janis Norviss	MS		00:42:16	81	00:42:06	138
137	311	Colin Mcevoy	MS	WIGAN & DIST HARRIERS	00:42:19	82	00:42:04	136
138	431	William Keeling	MV45	Knutsford Tri Club	00:42:22	9	00:42:09	140
139	367	Nathan Ashurst	MS		00:42:22	83	00:42:06	139
140	414	Rob Moore	MS	Knowsley Harriers AC	00:42:24	84	00:42:20	142
141	950	Andrew Holland	MS	Warrington RR	00:42:27	85	00:42:19	141
142	993	Kane Green	MS		00:42:37	86	00:42:04	137
143	979	Jonathan Fisher	MS	LIVERPOOL RC	00:42:40	87	00:42:29	143
144	947	Michael Carter	MV50		00:42:44	9	00:42:30	144
145	492	Mark Fawcett	MV40	Trawden AC	00:42:45	20	00:42:40	146
146	830	Paul Higginson	MS		00:42:54	88	00:42:46	149
147	85	Justin Lawson	MS		00:43:01	89	00:42:38	145
148	140	John Welch	MV50		00:43:02	10	00:42:44	148
149	1106	John Mcdonald	MV50	Trawden AC	00:43:04	11	00:42:59	152
150	1001	Andy Mills	MV50		00:43:04	12	00:42:55	150
151	129	James Blair	MV40		00:43:11	21	00:43:04	155
152	110	Simon Killeen	MV50		00:43:15	13	00:43:06	156
153	446	Jess Bowie	MV40	LIVERPOOL RC	00:43:15	22	00:43:02	154
154	965	Michael Connor	MV45	Knowsley Harriers AC	00:43:16	10	00:42:58	151
155	1142	Ian Edge	MV50	Warrington RR	00:43:18	14	00:43:11	159
156	219	Sharon Samson	FS	Knowsley Harriers AC	00:43:19	6	00:43:00	153
157	1173	Andy Burnett	MV55		00:43:20	8	00:43:08	157
158	66	David Booth	MS		00:43:22	90	00:43:13	160
159	797	Derrick Marsh	MV50		00:43:23	15	00:43:17	161
160	372	Michelle Cobourn	FS	Penny Lane Striders	00:43:25	7	00:43:09	158
161	795	Michael S Brennand	MV45	Preston Harriers	00:43:26	11	00:43:19	163
162	1004	Krzysztof Zacharski	MS		00:43:29	91	00:42:43	147
163	290	Russ Cheetham	MV45	Prestatyn RC	00:43:29	12	00:43:17	162

164	86	Ken Houghton	MV50	Salford Harriers	00:43:35	16	00:43:26	166
165	182	John Mcnamara	MS	LIVERPOOL RC	00:43:37	92	00:43:26	167
166	1110	Margaret Ludden	FV50	Buckley Runners	00:43:38	1	00:43:32	169
167	1089	Clara Pettitt	FJ	Vale Royal AC	00:43:39	2	00:43:29	168
168	504	Emilio Vozzolo	MV45		00:43:48	13	00:43:40	171
169	1034	Ian Ryder	MS		00:43:48	93	00:43:24	164
170	505	Steven Eccles	MS		00:43:48	94	00:43:25	165
171	838	Damian Utton	MV45	ALTRINCHAM & DAC	00:43:49	14	00:43:38	170
172	786	John Foulds	MV50	Northern Vets	00:43:50	17	00:43:42	172
173	228	Jeff Dunleavy	MS		00:43:51	95	00:43:42	173
174	1009	Clive Beasor	MV50		00:43:53	18	00:43:46	176
175	780	Simon Clarke	MS	Chorlton Runners	00:43:56	96	00:43:44	175
176	886	Charlie Rowlands	MV40	South Cheshire Harriers	00:43:57	23	00:43:43	174
177	19	John Hillier	MS		00:44:03	97	00:43:48	177
178	104	Terry Poole	MV50	THO'TON CLEVELEYS RC	00:44:05	19	00:43:57	179
179	1179	Graham Pomfret	MV60	Blackburn Harriers	00:44:09	3	00:43:59	183
180	1147	John Walker	MV45	North Wales RR	00:44:12	15	00:43:58	181
181	987	Huw Thomas	MV45		00:44:13	16	00:43:58	182
182	1014	Mike Pollard	MV45	Chester Tri Club	00:44:13	17	00:44:01	184
183	783	James Jackson	MJ	Warrington AC	00:44:13	3	00:43:57	180
184	1031	David Stonehouse	MV40	Skem B'dary Harriers	00:44:18	24	00:44:12	187
185	1033	James Mcglynn	MV60		00:44:19	4	00:44:04	185
186	419	Gina Senior	FV40	Wigan Phoenix	00:44:20	1	00:44:14	188
187	811	Mark Melbourne	MS	Wigan Phoenix	00:44:20	98	00:44:14	189
188	173	Dean Farrow	MS		00:44:20	99	00:43:53	178
189	872	Stephen Whincup	MV50	South Cheshire Harriers	00:44:22	20	00:44:07	186
190	323	Joseph Mccarthy	MJ		00:44:24	4	00:44:16	193
191	452	Lee Felvus	MS		00:44:27	100	00:44:14	190
192	891	Paul Mason	MS	Atherton RC	00:44:28	101	00:44:14	191
193	392	David Lynan	MV40	Penny Lane Striders	00:44:32	25	00:44:15	192
194	336	Kerry Jones	FS		00:44:33	8	00:44:24	197
195	351	Nick Livingstone	MS		00:44:33	102	00:44:19	194
196	1020	Ray Vose	MV45	St Helens Sutton AC	00:44:34	18	00:44:21	196
197	176	Stewart Wakefield	MV40		00:44:41	26	00:44:29	200
198	408	Scott Sealey	MV40	Chester Tri Club	00:44:42	27	00:44:28	199
199	990	Colin Rowlands	MS		00:44:42	103	00:44:19	195
200	518	Dennis Wharton	MV55	St Helens Sutton AC	00:44:45	9	00:44:27	198
201	474	Graham Fairbrother	MV55		00:44:45	10	00:44:31	201
202	107	Jon Evans	MV45	North Wales RR	00:44:48	19	00:44:34	203
203	297	Christopher Forster	MS	Knowsley Harriers AC	00:44:51	104	00:44:33	202
204	462	Jack Antrobus	MS		00:44:53	105	00:44:43	204
205	856	Kirsty Johnson	FS	Glossopdale Harriers	00:44:55	9	00:44:43	205
206	882	Chris Falls	MS	St Helens Striders	00:45:03	106	00:44:49	206

207	97	Andrew Penney	MV40		00:45:06	28	00:44:58	208
208	868	Dave Tomkins	MV65	Warrington AC	00:45:08	3	00:44:56	207
209	473	Gregory Hope	MS	Mossley Hill AC	00:45:09	107	00:45:01	209
210	275	Neale Guy	MS		00:45:14	108	00:45:02	210
211	997	Alan Spencer	MV50		00:45:20	21	00:45:06	212
212	166	Paul Howarth	MS		00:45:23	109	00:45:09	213
213	1022	Paul Reigler	MS	LIVERPOOL RC	00:45:26	110	00:45:13	215
214	230	Mark Farley	MS		00:45:31	111	00:45:21	218
215	242	Sonya Moynaghan	FV40	St Helens Sutton AC	00:45:33	2	00:45:20	217
216	189	Oliver Lister	MS		00:45:34	112	00:45:03	211
217	1021	William O'Brien	MV55		00:45:38	11	00:45:25	222
218	154	Jude Peck	FV35	Warrington RR	00:45:38	2	00:45:24	220
219	20	Chris Speed	MS		00:45:39	113	00:45:19	216
220	331	Anthony Bell	MV50		00:45:40	22	00:45:22	219
221	54	Mike Gibbons	MV40		00:45:42	29	00:45:11	214
222	790	Bev Tabiner	FV35	Blackburn R. Runners	00:45:43	3	00:45:24	221
223	455	David Hartley	MS	Ellesmere Port RC	00:45:44	114	00:45:26	223
224	196	Dave Hough	MV65	West Cheshire AC	00:45:51	4	00:45:51	231
225	151	Geoff Shaw	MV60	Helsby Running Club	00:45:53	5	00:45:42	228
226	333	Stefanie Warwick	FV35		00:45:53	4	00:45:34	224
227	449	Sam Tiger	FV35	Mossley Hill AC	00:45:55	5	00:45:47	229
228	231	Kevin Higgins	MV50	North Wales RR	00:45:56	23	00:45:39	226
229	332	James Worrall	MS		00:46:01	115	00:45:40	227
230	519	Vicky Unsworth	FS	LIVERPOOL HARRIERS	00:46:05	10	00:45:52	234
231	239	Mark Jones	MV40	North Wales RR	00:46:06	30	00:45:51	232
232	373	John Archer	MV60	WINSTON RUNNERS	00:46:07	6	00:46:02	239
233	115	Nikki Chamberlain	FV40	Knutsford Tri Club	00:46:08	3	00:45:54	235
234	379	Shane Knott	MS	Penny Lane Striders	00:46:10	116	00:45:54	236
235	145	Jon Marsden	MV40		00:46:10	31	00:45:51	233
236	169	Trevor Ainsworth	MS		00:46:17	117	00:45:54	237
237	937	David Unsworth	MS		00:46:18	118	00:45:47	230
238	985	Mark Scott	MV45	LIVERPOOL RC	00:46:18	20	00:46:05	241
239	1156	Carla Green	FV40	North Wales RR	00:46:21	4	00:46:04	240
240	1151	Stephen O'Gorman	MS		00:46:22	119	00:46:08	242
241	1177	Robert Tipping	MV45	Vale Royal AC	00:46:22	21	00:46:12	246
242	261	Dan Smith	MS		00:46:23	120	00:46:08	243
243	272	Glyn Teasdale	MV50		00:46:24	24	00:45:35	225
244	777	Phil White	MV60	Blackburn R. Runners	00:46:24	7	00:46:11	245
245	487	Not Used - Lost In Post			00:46:25	0	00:45:56	238
246	969	Claire Northcote	FV50		00:46:36	2	00:46:26	250
247	212	Lesley Goodson	FV45	North Wales RR	00:46:43	1	00:46:26	251
248	941	James Wilkinson	MV45		00:46:44	22	00:46:10	244
249	499	Kathryn Sharkey	FS	British Military Fitness	00:46:46	11	00:46:30	252

250	851	Paul Cuthbertson	MS		00:46:48	121	00:46:32	254
251	849	Carole Harrison	FV45	ALTRINCHAM & DAC	00:46:54	2	00:46:43	256
252	503	Kate Mcging	FS	British Military Fitness	00:46:57	12	00:46:42	255
253	968	Andy Cheyne	MV45		00:46:59	23	00:46:16	247
254	216	Andrew Davies	MS		00:46:59	122	00:46:23	249
255	1015	Lesley Pollard	FV40	Chester Tri Club	00:47:01	5	00:46:45	257
256	887	Christopher Speed	MV45		00:47:02	24	00:46:30	253
257	183	Georgina Walker	FV35	Lymm Runners	00:47:04	6	00:46:45	258
258	271	Jonathon Varker	MV45		00:47:08	25	00:46:19	248
259	899	Rosemary Rogers	FV60	Deestridders	00:47:18	1	00:47:12	259
260	1094	Dave Waywell	MV65	Wesham RR	00:47:28	5	00:47:18	265
261	530	Sam Birtwistle	MS		00:47:30	123	00:47:12	260
262	235	Ian Wood	MV50	DRAGONS RC (SALE)	00:47:31	25	00:47:14	262
263	395	Simon Anderson	MS		00:47:32	124	00:47:16	264
264	329	Jill Fraser	FV45		00:47:33	3	00:47:15	263
265	510	David Limbrick	MV50		00:47:35	26	00:47:19	268
266	77	Simon Smith	MS		00:47:36	125	00:47:22	270
267	1044	Sally Howarth	FV45	Trafford AC	00:47:38	4	00:47:32	276
268	1159	David Jones	MV60	Denbigh Harriers	00:47:42	8	00:47:13	261
269	858	Mike Hall	MV55		00:47:43	12	00:47:31	275
270	459	Bruce Jackson	MV40		00:47:43	32	00:47:23	272
271	945	Susan Poole	FV45	South Cheshire Harriers	00:47:43	5	00:47:29	274
272	1093	Kath Hoyer	FV50	Wesham RR	00:47:44	3	00:47:36	281
273	144	Gary Gleave	MV40		00:47:47	33	00:47:38	284
274	1146	Simon Greene	MV55	Northern Vets	00:47:47	13	00:47:33	277
275	387	Hannah Bruce	FS	Penny Lane Striders	00:47:50	13	00:47:23	273
276	1043	Frank Ives	MV50		00:47:50	27	00:47:40	286
277	847	Paul Carter	MV40	Wesham RR	00:47:52	34	00:47:41	287
278	497	Sam Jones	MS	ASSOCIATION	00:47:52	126	00:47:39	285
279	1039	David Griffiths	MV40		00:47:54	35	00:47:22	271
280	480	Danielle Bond	FV35	Widnes Wasps	00:47:57	7	00:47:33	278
281	481	Robert Carson	MS		00:47:57	127	00:47:34	280
282	1007	Andrew Sankey	MS		00:47:58	128	00:47:37	283
283	855	John Houghton	MV50		00:47:59	28	00:47:36	282
284	946	Anil Janga	MS	Warrington RR	00:48:01	129	00:47:41	288
285	416	Jane Melia	FV45		00:48:03	6	00:47:53	292
286	415	Chris Melia	MV45		00:48:03	26	00:47:54	293
287	401	Stuart Brown	MS		00:48:07	130	00:47:18	266
288	400	Darren Forshaw	MS		00:48:08	131	00:47:20	269
289	1140	Tom Kasprowicz	MV45	Road Runners Club	00:48:11	27	00:47:45	289
290	273	Maxine Booth	FS	Knowsley Harriers AC	00:48:12	14	00:47:55	294
291	529	Ian Seabury	MV40		00:48:16	36	00:47:18	267
292	999	Paul Jones	MS		00:48:22	132	00:47:33	279

293	356	Tony Green	MV55	LIVERPOOL HARRIERS	00:48:23	14	00:47:49	290
294	198	Alan Barlow	MV65	ALTRINCHAM & DAC	00:48:24	6	00:48:09	301
295	1119	Simon Fenton	MV70	Wilmslow RC	00:48:25	1	00:48:16	304
296	250	Ian Cook	MV45		00:48:26	28	00:47:57	295
297	153	Rachael Nevins	FV45	Valley Striders AC	00:48:27	7	00:48:10	302
298	269	Christopher John	MS		00:48:27	133	00:48:07	298
299	202	Alan Bennett	MV50		00:48:29	29	00:48:00	296
300	907	Lou Shannon	FS	Plodders	00:48:31	15	00:48:18	306
301	1117	Carol Beattie	FV55	Steel City Striders	00:48:33	1	00:48:25	310
302	1026	Chris Wills	MS	Knowsley Harriers AC	00:48:34	134	00:48:15	303
303	160	Aaron Hepworth	MS		00:48:37	135	00:47:49	291
304	204	Chris Graham	MS		00:48:38	136	00:48:08	299
305	1035	Clare Kilgallon	FV40	Widnes Wasps	00:48:42	6	00:48:17	305
306	417	Richard Thorpe	MS		00:48:43	137	00:48:04	297
307	31	Samantha Grundy	FS	LEIGH HARRIERS	00:48:44	16	00:48:35	314
308	364	Emma Parkin	FV35	MANC. YMCA HARRIERS	00:48:45	8	00:48:25	311
309	435	Steve Connor	MV45		00:48:45	29	00:48:37	316
310	186	Mansel Pope	MV60	ALTRINCHAM & DAC	00:48:46	9	00:48:24	309
311	413	Lee Blood	MS		00:48:46	138	00:48:18	307
312	963	Adam Byrne	MS		00:48:47	139	00:48:31	312
313	1055	Martin Catterall	MS	Warrington RR	00:48:54	140	00:48:33	313
314	403	Athavan Kugathas	MS		00:48:59	141	00:48:08	300
315	220	Trevor Lewis	MV40		00:49:02	37	00:48:57	325
316	940	Martin Farrar	MV45	St Helens Striders	00:49:04	30	00:48:35	315
317	1133	Benjamin Hall	MS		00:49:05	142	00:48:22	308
318	148	Philip Broadbent	MV40		00:49:08	38	00:48:46	318
319	28	Elizabeth Newstead	FV35		00:49:16	9	00:48:54	323
320	1124	Deansie Phillips	FV50	Widnes Wasps	00:49:16	4	00:48:53	321
321	309	Steve Moore	MS		00:49:17	143	00:48:53	322
322	355	Nigel Heyes	MV45	South Cheshire Harriers	00:49:18	31	00:48:54	324
323	43	Tommy Dunning	MV50		00:49:18	30	00:48:47	319
324	844	David Guy	MV50	Swinton RC	00:49:19	31	00:49:02	326
325	989	Barry Standen	MV40		00:49:20	39	00:48:41	317
326	788	Elizabeth Lynan	FV35	Penny Lane Striders	00:49:21	10	00:49:04	327
327	1165	Philip Kane	MS		00:49:22	144	00:48:50	320
328	1099	Peter Watson	MV70	Wilmslow RC	00:49:27	2	00:49:17	334
329	857	Peter Hamlett	MV45	Knowsley Harriers AC	00:49:28	32	00:49:09	330
330	1196	Patrick Jelly	MV50		00:49:31	32	00:49:12	331
331	95	Ka Man Wan	FS	MANC. FRONTRUNNERS	00:49:32	17	00:49:06	329
332	500	Gillian Lee	FV45	St Helens Striders	00:49:34	8	00:49:05	328
333	1042	Ian Hamling	MS		00:49:35	145	00:49:13	333
334	24	Debbie Moreton	FV40	Vale Royal AC	00:49:38	7	00:49:12	332
335	1023	Alan Jenkinson	MV65	Styal RC	00:49:40	7	00:49:31	340

336	229	Andrew Dunleavy	MV55		00:49:44	15	00:49:34	341
337	806	Ian Johnson	MV40		00:49:46	40	00:49:25	336
338	977	Graham Bushnell-Wye	MV60		00:49:54	10	00:49:20	335
339	502	Michael Sharkey	MV65	British Military Fitness	00:49:55	8	00:49:34	342
340	1141	Adam Kasprowicz	MV45	Road Runners Club	00:49:55	33	00:49:30	339
341	778	Stephen Symons	MV45	MANC. YMCA HARRIERS	00:49:56	34	00:49:36	343
342	312	Amie Bagnall	FJ	Prestatyn RC	00:49:56	3	00:49:45	349
343	143	Damian Cowell	MV40		00:49:57	41	00:49:28	337
344	861	Martin Rogers	MV45	Mossley Hill AC	00:50:01	35	00:49:37	344
345	375	Sue Strang	FV45	Wilmslow RC	00:50:02	9	00:49:52	352
346	1176	Tony Lythe	MV70	Sale Harriers	00:50:02	3	00:49:39	346
347	349	Mark Thomas	MV45	Penny Lane Striders	00:50:06	36	00:49:47	350
348	152	Jean Mitchell	FV65	Skem B'dary Harriers	00:50:08	1	00:49:55	354
349	370	Connor Simpson	MJ		00:50:11	5	00:49:43	347
350	456	John Ellis	MS		00:50:12	146	00:50:03	361
351	388	Chad Hamlet	MS		00:50:20	147	00:49:28	338
352	522	Robert Busby	MV45		00:50:20	37	00:49:43	348
353	1134	Joseph Fell	MJ		00:50:20	6	00:49:37	345
354	374	Joanne Moyers	FV40	Widnes Wasps	00:50:22	8	00:49:58	355
355	448	Anthony Dickens	MV50		00:50:23	33	00:49:58	356
356	1104	Catherine Nevin	FV55	Penny Lane Striders	00:50:24	2	00:50:09	365
357	47	Justin Barrett	MV40		00:50:27	42	00:49:58	357
358	468	Sarah Whitelegge	FS	Atherton RC	00:50:27	18	00:50:01	360
359	1174	Mark Povey	MV40	West Cheshire AC	00:50:29	43	00:50:04	363
360	147	Craig Hope	MV40		00:50:30	44	00:49:48	351
361	1013	John Paul Dale	MS		00:50:30	148	00:50:09	366
362	1019	Ian Simpson	MV50		00:50:30	34	00:50:03	362
363	1041	Paul Marklove	MS		00:50:34	149	00:50:00	359
364	396	Susan Hannon	FV40		00:50:36	9	00:50:20	371
365	390	Martin Keogh	MS		00:50:37	150	00:49:58	358
366	1120	Paul Thomson	MV60	Sale Harriers	00:50:46	11	00:49:54	353
367	247	Amy Dalby	FV40		00:50:47	10	00:50:33	377
368	302	Andy Mckinnon	MV50		00:50:47	35	00:50:17	368
369	1126	Michael Briggs	MV50		00:50:48	36	00:50:17	369
370	339	Leyna Casey	FS		00:50:48	19	00:50:45	388
371	340	Alan Redford	MS		00:50:49	151	00:50:49	391
372	310	Chris Hughes	MS		00:50:52	152	00:50:13	367
373	429	Maurice Butler	MV60	LIVERPOOL HARRIERS	00:50:54	12	00:50:20	372
374	486	Samantha Moss	FS	Chester Tri Club	00:50:55	20	00:50:40	380
375	1184	Bernard Brown	MV45		00:50:55	38	00:50:22	373
376	1193	Wendy Nickerson	FV40	Stockport Harriers	00:50:55	11	00:50:36	379
377	1115	Louise Muir	FV35		00:50:59	11	00:50:05	364
378	1166	John Dooley	MV65	Spectrum Striders RC	00:51:00	9	00:50:40	381

379	1116	Geoffrey Beattie	MV60	Sale Harriers	00:51:01	13	00:50:53	392
380	348	Phil Smith	MS		00:51:02	153	00:50:30	375
381	91	Brendan Murden	MV60		00:51:03	14	00:50:17	370
382	1123	Daniel Issawi	MS		00:51:04	154	00:50:46	390
383	1036	Mike Worthington	MV40		00:51:07	45	00:50:30	376
384	381	Jane Maher	FV55	BRAMHALL RUNNERS	00:51:11	3	00:50:54	393
385	366	Emily Sandwith	FS		00:51:13	21	00:50:41	382
386	471	David Wynne	MJ		00:51:14	7	00:50:42	385
387	906	Jason Rowbottom	MV45		00:51:14	39	00:50:44	386
388	1169	Andrea Morris	FV45		00:51:15	10	00:50:45	389
389	908	Gaz Lawson	MS		00:51:15	155	00:50:23	374
390	980	Helen Patterson	FS		00:51:16	22	00:50:41	383
391	881	David Marsh	MV50	Southport Waterloo AC	00:51:16	37	00:51:05	403
392	954	Gareth Williams	MS		00:51:18	156	00:50:54	394
393	209	Leonard Jackson	MV55	North Wales RR	00:51:19	16	00:51:03	402
394	793	John Littler	MV40		00:51:19	46	00:50:35	378
395	496	Peter Ainsworth	MV60		00:51:19	15	00:50:57	398
396	818	John Pickup	MV50	Swinton RC	00:51:19	38	00:51:02	401
397	192	Steven Critchley	MS		00:51:20	157	00:51:00	400
398	345	Tami Garvey-Jones	FV40	St Helens Sutton AC	00:51:23	12	00:50:44	387
399	287	Simon Davies	MV40		00:51:23	47	00:50:56	395
400	904	Sarah Watson	FS		00:51:25	23	00:50:41	384
401	863	John Kirk	MV65	Northern Vets	00:51:26	10	00:50:58	399
402	149	Rebecca Scanlon	FV35		00:51:27	12	00:51:05	404
403	90	Anna Goodwin	FV40	Swinton RC	00:51:30	13	00:51:13	406
404	976	Anthony Horrigan	MV45		00:51:33	40	00:50:56	396
405	1181	Sarah Crabtree	FS		00:51:35	24	00:51:08	405
406	805	Stephen Wilkinson	MV60	Wesham RR	00:51:36	16	00:51:25	411
407	21	Sula Stanley	FV35	Vale Royal AC	00:51:40	13	00:51:13	407
408	807	Paul Savage	MV60		00:51:41	17	00:51:13	408
409	252	Philip Taylor	MS		00:51:41	158	00:50:56	397
410	1180	Simon Crabtree	MV50		00:51:43	39	00:51:16	409
411	816	Justine Moore	FV40	Knowsley Harriers AC	00:51:50	14	00:51:32	412
412	1079	Niall Ross	MS		00:51:51	159	00:51:23	410
413	139	Mike Malley	MV40		00:52:02	48	00:51:33	413
414	292	Lisa Crompton	FS	DRAGONS RC (SALE)	00:52:03	25	00:51:42	417
415	328	Angela Moore	FV35		00:52:04	14	00:51:34	414
416	900	David Bishop	MV50		00:52:06	40	00:51:36	415
417	453	Phil Rowen	MV40		00:52:08	49	00:51:54	424
418	912	Clare Allen	FV35		00:52:11	15	00:51:48	420
419	920	Huw Jones	MV50		00:52:11	41	00:51:51	422
420	782	Damian Carter	MV40		00:52:12	50	00:51:41	416
421	346	Cheryl Chaney	FS	Ploddors	00:52:13	26	00:51:48	421

422	479	Nick Carey	MV45		00:52:14	41	00:51:52	423
423	964	John Croall	MV50	Lymm Runners	00:52:19	42	00:51:59	427
424	89	Ann Harris	FV60		00:52:19	2	00:52:12	430
425	1032	Gail Stonehouse	FV40	Parbold Pink Panthers	00:52:22	15	00:51:55	425
426	439	Carly Lowry	FS		00:52:24	27	00:51:46	418
427	827	Christina Wright	FS	Horwich RMI Harriers	00:52:26	28	00:52:15	433
428	507	Andrew Edwards	MS		00:52:26	160	00:51:47	419
429	320	Paul Mcdonald	MV45		00:52:30	42	00:51:57	426
430	50	Derek Ralphs	MV50		00:52:40	43	00:52:03	428
431	1101	Denise Zachariasz	FV40		00:52:44	16	00:52:14	431
432	781	Chris Anderson	MV40	Penny Lane Striders	00:52:50	51	00:52:17	434
433	1096	Lowery Clare	FV50	Widnes Wasps	00:52:52	5	00:52:27	436
434	23	Stephen Peters	MV40		00:52:53	52	00:52:22	435
435	874	Kate Grimoldby	FS		00:52:56	29	00:52:10	429
436	837	Melvyn Jones	MV60	Swinton RC	00:52:58	18	00:52:32	438
437	960	Rawdon Jones	MV40		00:52:59	53	00:52:36	439
438	53	Michael Skilky	MS		00:53:02	161	00:52:29	437
439	80	Alison Barrett	FV45		00:53:02	11	00:52:14	432
440	114	Neil Deakin	MV45		00:53:07	43	00:52:48	441
441	347	Emma Buckley	FS	Widnes Wasps	00:53:11	30	00:52:47	440
442	924	Darren Roberts	MV40	Spectrum Striders RC	00:53:12	54	00:52:51	444
443	925	Kathryn Roberts	FV45	Spectrum Striders RC	00:53:12	12	00:52:50	443
444	930	Alan Grehan	MS		00:53:16	162	00:52:59	446
445	929	Denise Grehan	FS		00:53:17	31	00:53:00	448
446	291	Abbie Cheetham	FJ	Prestatyn RC	00:53:18	4	00:53:06	454
447	251	Lisa Carney	FS	Wallasey AC	00:53:20	32	00:53:01	449
448	470	Chris Wynne	MV50		00:53:22	44	00:52:49	442
449	1170	Joe Park	MV75	Cheshire Tally-Ho	00:53:23	1	00:53:08	456
450	458	Simon Hackett	MV50		00:53:24	45	00:53:05	452
451	515	Paul Mcgovern	MV55		00:53:24	17	00:53:01	450
452	179	Karen Mather	FV35		00:53:25	16	00:53:12	460
453	361	John Bailey	MV50		00:53:28	46	00:52:59	447
454	283	Sara Johnson	FS	Warrington RR	00:53:29	33	00:52:54	445
455	528	Andrew Boardman	MV40	Blackburn R. Runners	00:53:30	55	00:53:10	458
456	175	Stephen Jackson	MV50		00:53:30	47	00:53:02	451
457	970	Andrew Rudge	MS		00:53:31	163	00:53:11	459
458	787	Gregg Loates	MS		00:53:32	164	00:53:05	453
459	180	Paul Murray	MV45		00:53:32	44	00:53:06	455
460	1157	Kate Williams	FV35	Spen AC	00:53:37	17	00:53:09	457
461	296	Hannah Griffith	FV40	North Wales RR	00:53:40	17	00:53:22	462
462	834	Michael Horton	MS	Swinton RC	00:53:42	165	00:53:24	464
463	193	Jerry Connolly	MV50		00:53:47	48	00:53:35	468
464	215	Michael Mcverry	MS		00:53:50	166	00:53:20	461

465	158	Frederic Dorenlot	MV40		00:53:51	56	00:53:29	466
466	270	Matthew Adams	MS		00:53:55	167	00:53:29	467
467	433	Aiden Wanless	MS		00:53:55	168	00:53:40	473
468	436	Elizabeth Watson	FS		00:53:56	34	00:53:40	474
469	22	Ian Kettle	MV45		00:53:59	45	00:53:27	465
470	75	Stephen Howarth	MV65	West Cheshire AC	00:54:00	11	00:53:36	470
471	163	Nick Pownall	MS		00:54:03	169	00:53:35	469
472	353	David Ince	MS		00:54:05	170	00:53:22	463
473	974	Susann Wolfram	FS		00:54:07	35	00:53:38	472
474	525	Andrew Jones	MV45		00:54:09	46	00:53:36	471
475	918	Dawn Ashcroft	FV35		00:54:09	18	00:54:02	485
476	432	Peter Smith	MS		00:54:10	171	00:53:44	476
477	785	Lee Lloyd	MS		00:54:19	172	00:53:56	480
478	206	Andrew Evans	MV45		00:54:21	47	00:53:50	478
479	197	Graham Harrison	MV45		00:54:22	48	00:53:42	475
480	106	Tracy Gallagher	FS		00:54:23	36	00:54:23	503
481	105	Dave Gallagher	MS		00:54:24	173	00:54:01	483
482	951	Phil Cliff	MV45	South Cheshire Harriers	00:54:27	49	00:54:12	494
483	1136	Patrick Barton	MS		00:54:27	174	00:53:45	477
484	321	David Hughes	MV70	Prestatyn RC	00:54:33	4	00:54:03	487
485	1	Kenneth Walker	MV55		00:54:35	18	00:54:15	495
486	1195	Katherine Kingsley	FV55		00:54:35	4	00:54:16	496
487	931	Derek Edwards	MV55		00:54:35	19	00:53:58	481
488	982	Mai-Britt Korndal	FV35		00:54:36	19	00:54:01	484
489	1108	Helena Mcgoldrick	FV50	St Helens Sutton AC	00:54:37	6	00:54:08	490
490	245	Cheryl Maire	FV35		00:54:38	20	00:54:16	497
491	877	Neil Taylor	MV45		00:54:38	50	00:53:53	479
492	6	Lee Taft	MS		00:54:41	175	00:54:08	491
493	438	Laura Yates	FS		00:54:42	37	00:54:07	489
494	324	Joseph Muscat	MS		00:54:43	176	00:54:00	482
495	1030	Ian Berry	MV45		00:54:43	51	00:54:05	488
496	7	Carl Nybakk	MS		00:54:44	177	00:54:11	493
497	200	Michelle Williams	FS		00:54:45	38	00:54:23	504
498	244	Dave Bullen	MV60		00:54:46	19	00:54:24	505
499	420	Gareth Armstrong	MS		00:54:48	178	00:54:02	486
500	905	Caroline Woods	FV35	Ploddors	00:54:51	21	00:54:26	507
501	132	Tony Icke	MS		00:54:53	179	00:54:09	492
502	460	Benjamin Norris	MJ		00:54:54	8	00:54:18	499
503	380	Carolyn Houghton	FV40	Penny Lane Striders	00:54:54	18	00:54:38	512
504	128	Joanne Bowles	FS		00:54:54	39	00:54:21	501
505	359	Johnathon Dodd	MS		00:54:55	180	00:54:16	498
506	495	Ian Rooney	MS		00:54:57	181	00:54:20	500
507	334	Ben Howson	MS		00:55:01	182	00:54:22	502

508	441	Liz Davis	FS		00:55:03	40	00:54:33	509
509	988	Jane Nicholson	FV45		00:55:05	13	00:54:30	508
510	382	Linda White	FV50	St Helens Sutton AC	00:55:06	7	00:54:40	514
511	1150	Graham Padget	MV70	Sale Harriers	00:55:07	5	00:54:42	516
512	476	Matt Dodd	MS		00:55:07	183	00:54:34	510
513	885	Alyson Adams	FV45	Manchester Harriers	00:55:08	14	00:54:39	513
514	406	Dawn Mccracken	FV45		00:55:09	15	00:54:35	511
515	205	Sue Evans	FV50		00:55:10	8	00:54:40	515
516	226	Bob Royle	MV60		00:55:12	20	00:54:50	518
517	69	Mary Burton	FV45	Lymm Runners	00:55:15	16	00:54:55	522
518	427	Sally Mcqueen	FV35		00:55:18	22	00:54:52	520
519	1145	John Howorth	MV60	Wesham RR	00:55:18	21	00:54:25	506
520	514	Sian Robinson	FV45		00:55:22	17	00:54:51	519
521	84	Helen Woods	FV35		00:55:23	23	00:54:58	523
522	523	Louise Busby	FV35		00:55:26	24	00:54:49	517
523	884	Kathryn Holmes	FV45	Manchester Harriers	00:55:29	18	00:55:01	525
524	972	Dave Reid	MV50	Chester Tri Club	00:55:32	49	00:55:07	526
525	1160	Shelagh Swinnerton	FV65	South Cheshire Harriers	00:55:36	2	00:55:22	533
526	136	Sophie Byrne	FJ		00:55:44	5	00:55:07	527
527	809	Jane Fraser	FS		00:55:44	41	00:55:14	529
528	249	Andrew Young	MS		00:55:46	184	00:55:10	528
529	994	Edyta Burgess	FV35		00:55:47	25	00:55:00	524
530	1114	Beth Shaw	FS		00:55:49	42	00:54:54	521
531	190	Jonathan Watkins	MV40		00:55:56	57	00:55:21	531
532	191	Mike Burns	MV45		00:55:59	52	00:55:24	535
533	1103	Eleri Jones	FV40	Prestatyn RC	00:56:03	19	00:55:50	542
534	484	Martin Robiette	MV40		00:56:05	58	00:55:34	538
535	944	Michael Wright	MS		00:56:06	185	00:55:32	536
536	804	Thomas Sellers	MS	Lymm Runners	00:56:06	186	00:55:47	541
537	343	Paul Derbyshire	MV50	WIGAN & DIST HARRIERS	00:56:09	50	00:55:20	530
538	14	Dariusz Osowski	MS		00:56:09	187	00:55:21	532
539	243	Joanne Keogh	FV35	St Helens Sutton AC	00:56:11	26	00:55:32	537
540	1000	Joanne Jones	FS		00:56:14	43	00:55:23	534
541	1135	John Dean	MS		00:56:14	188	00:56:14	556
542	397	Emma Pitt	FV35		00:56:16	27	00:55:51	543
543	425	Scott Kennedy	MS		00:56:17	189	00:55:40	539
544	422	Karen Christer	FS		00:56:17	44	00:55:40	540
545	344	James Foster	MS		00:56:21	190	00:55:56	547
546	531	David Ansell	MS		00:56:23	191	00:56:05	551
547	485	Ashley Wright	MS		00:56:25	192	00:55:54	544
548	434	Sian Corrigan	FS		00:56:26	45	00:56:03	549
549	808	Andrew Flanagan	MS		00:56:31	193	00:55:58	548
550	1082	Tom Allen	MS		00:56:31	194	00:55:54	545

551	1083	Neil Croxton	MS		00:56:32	195	00:55:55	546
552	167	Fiona Eaton	FV40	Lymm Runners	00:56:33	20	00:56:14	557
553	890	Andrew Atkinson	MV50	Northern Vets	00:56:39	51	00:56:06	552
554	828	Ian Maddrell	MS	Atherton RC	00:56:40	196	00:56:14	558
555	983	Mick Glendening	MV45		00:56:46	53	00:56:11	554
556	1127	Fiona Challinor	FV40	Whitchurch Whippets	00:56:47	21	00:56:03	550
557	82	Sarah Booth	FS		00:56:50	46	00:56:26	560
558	1027	Alison Wild	FV40		00:56:54	22	00:56:09	553
559	1109	Tamarin Heywood	FS		00:56:56	47	00:56:14	559
560	207	Julie Barton	FS		00:56:57	48	00:56:26	561
561	68	Graham Roberts	MV60		00:56:58	22	00:56:32	562
562	1003	Craig Grady	MS		00:56:59	197	00:56:12	555
563	150	Janet Shaw	FV60	Helsby Running Club	00:57:03	3	00:56:52	566
564	410	Malcolm Whitehead	MV65	BURNDEN ROAD RUNNERS	00:57:08	12	00:56:33	563
565	995	Martin Richardson	MV55		00:57:14	20	00:56:47	565
566	313	James Stone	MS		00:57:14	198	00:56:52	567
567	99	Jenny O'Neill	FV40		00:57:28	23	00:56:40	564
568	1152	Bryan Forth	MV40	Warrington RR	00:57:30	59	00:57:09	569
569	992	Gina Coldrick	FV35		00:57:33	28	00:56:57	568
570	926	Sarah Durkin	FV35		00:57:38	29	00:57:15	573
571	517	Michael Pitt	MS		00:57:43	199	00:57:19	578
572	9	Michelle Metcalf	MV40	BRAMHALL RUNNERS	00:57:47	60	00:57:11	570
573	1017	Ruth Butterfield	FV80		00:57:48	1	00:57:25	580
574	1056	Tim More	MV65		00:57:54	13	00:57:30	581
575	282	Steven Lewin	MV60		00:57:55	23	00:57:19	579
576	498	Simon Redfearn	MV55		00:57:58	21	00:57:11	571
577	135	Sam Collins	FS		00:57:58	49	00:57:17	577
578	1149	David Owen	MV60	Prestatyn RC	00:57:59	24	00:57:45	590
579	233	Peter Whiteside	MV60	BURNDEN ROAD RUNNERS	00:58:00	25	00:57:14	572
580	304	Clare Thorne	FV40		00:58:00	24	00:57:16	575
581	164	Sam Price	MS		00:58:00	200	00:57:33	585
582	81	Audra Matthews	FV45		00:58:04	19	00:57:15	574
583	399	Darren Mather	MS		00:58:07	201	00:57:16	576
584	8	Rebecca Styles	FV40	BRAMHALL RUNNERS	00:58:08	25	00:57:32	583
585	442	Bev Tickle	FV35	Astley & Tyldesley RR	00:58:11	30	00:57:40	588
586	1111	Kevin O'Brien	MV70	Clayton-le-Moors	00:58:11	6	00:57:51	592
587	1002	Dean Bentley	MS		00:58:14	202	00:57:33	586
588	464	Kirsty Brown	FS		00:58:15	50	00:57:34	587
589	445	Mandy Clarkson	FV45	Swinton RC	00:58:17	20	00:57:49	591
590	288	Paul Lewin	MS		00:58:19	203	00:57:44	589
591	1051	Julie Jenkins	FV50		00:58:19	9	00:57:31	582
592	285	Stephanie Williamson	FS		00:58:22	51	00:57:32	584
593	213	Julie Parry	FV35		00:58:25	31	00:58:03	593

594	934	Gillian Fitzpatrick	FS	Plodders	00:58:33	52	00:58:20	600
595	405	Andrew Martyn	MS		00:58:40	204	00:58:05	594
596	1167	Jason Leeson	MS		00:58:45	205	00:58:12	597
597	298	Erica Spellman	FV45		00:58:45	21	00:58:09	596
598	289	Amanda Coogan	FV40	St Helens Sutton AC	00:58:46	26	00:58:07	595
599	860	Diane Rogers	FV45	Mossley Hill AC	00:58:49	22	00:58:24	601
600	457	Jessica Messenger	FS		00:58:53	53	00:58:27	602
601	1132	Carl Hopwood	MS		00:58:57	206	00:58:14	598
602	878	Janet Thomas	FV55	Swinton RC	00:59:00	5	00:58:19	599
603	337	Gary Birkenhead	MV45		00:59:04	54	00:58:39	608
604	350	David Bohl	MV45		00:59:05	55	00:58:36	605
605	195	Richard Towers	MJ	RAZZERS RUNNERS	00:59:06	9	00:58:37	607
606	111	Meriel Killeen	FJ		00:59:08	6	00:58:40	610
607	26	Nefyn Williams	MV60		00:59:12	26	00:58:42	611
608	27	Margaret Williams	FV55		00:59:12	6	00:58:42	612
609	1077	Tony Jones	MV50		00:59:12	52	00:59:01	618
610	103	Andrea McCluskey	FV35		00:59:13	32	00:58:33	603
611	829	Malcolm Towler	MV70	Northern Vets	00:59:17	7	00:59:02	619
612	888	Rosa Elliott	FV50	Sale Harriers	00:59:17	10	00:58:52	616
613	1028	Janette Dover	FV35		00:59:18	33	00:58:34	604
614	389	Rhian Keogh	FS		00:59:20	54	00:58:39	609
615	240	Helen Boyer	FV40	Preston Harriers	00:59:22	27	00:58:36	606
616	354	Jim Garvey	MV65		00:59:24	14	00:58:51	614
617	821	George Flanagan	MV60	Wesham RR	00:59:24	27	00:58:51	615
618	823	Sharon Toolin	FV40	Hyde Village Striders	00:59:27	28	00:58:48	613
619	958	Alice Conde	FV35	Plodders	00:59:28	34	00:59:02	620
620	506	Astrid Greenberry	FV45	Swinton RC	00:59:28	23	00:59:00	617
621	986	Rosalind Vail	FJ		00:59:30	7	00:59:13	623
622	826	Elizabeth Mole	FV55	Atherton RC	00:59:41	7	00:59:15	626
623	74	Stewart Bryan	MV50		00:59:41	53	00:59:07	621
624	322	John Mccarthy	MV65		00:59:45	15	00:59:37	636
625	836	Kate Jones	FV50		00:59:46	11	00:59:18	628
626	137	John Hateley	MV70	STAFFORD HARRIERS	00:59:47	8	00:59:14	624
627	440	Emma Fallon	FV35	Swinton RC	00:59:48	35	00:59:21	629
628	824	Lou Gilchrist	FV80	Valley Striders AC	00:59:49	2	00:59:22	630
629	472	Anna Hindmarch	FV40		00:59:50	29	00:59:27	632
630	156	Nykie Duffy	FV35	WETHERBY RUNNERS	00:59:50	36	00:59:16	627
631	1182	Christopher Jones	MV40		00:59:51	61	00:59:07	622
632	1129	Kathleen Cunningham	FS		00:59:56	55	00:59:14	625
633	1087	Harry Cowley	MV65		00:59:58	16	00:59:40	638
634	318	Harrison Greenhalgh	MJ		01:00:14	10	00:59:34	633
635	161	Jenna Hepworth	FS		01:00:14	56	00:59:26	631
636	437	Gemma Mcguinness	FS		01:00:18	57	00:59:36	634

637	902	Cat Taylor	FS	Warrington Plodders	01:00:20	58	00:59:36	635
638	120	Beccy Purcell	FS		01:00:23	59	00:59:42	639
639	1008	Maria Harrington	FV40		01:00:28	30	00:59:39	637
640	341	Laura Donovan	FS		01:00:31	60	00:59:49	640
641	319	Tony Greenhalgh	MV45		01:00:39	56	00:59:59	641
642	96	Helen Rees	FS		01:00:52	61	01:00:14	643
643	386	Jon Court	MV45	LIVERPOOL RC	01:00:52	57	01:00:04	642
644	2	Sheila Sheedy	FV60		01:00:56	4	01:00:41	649
645	100	Geraldine Crawford	FV50		01:01:05	12	01:00:46	652
646	358	Peglar Julie	FV35		01:01:05	37	01:00:18	644
647	308	Kerry Mutch	FV50		01:01:06	13	01:00:19	645
648	463	Karen Harrison	FV45	St Helens Sutton AC	01:01:08	24	01:00:29	647
649	93	Stephen Yates	MV55		01:01:09	22	01:00:20	646
650	1084	Jonathan Cockram	MV45		01:01:12	58	01:00:36	648
651	369	Barbara Eveling	FV70		01:01:18	1	01:00:41	650
652	1098	Kevin Haigh	MS		01:01:25	207	01:00:43	651
653	516	Heather Beesley	FS		01:01:26	62	01:00:59	655
654	1194	Sidney Molyneux	MV65	Picton Running Club	01:01:28	17	01:01:16	657
655	1130	Richard Tennant	MJ		01:01:35	11	01:00:52	654
656	299	Lesley Lazenby	FS		01:01:39	63	01:00:51	653
657	914	Lisa Langley	FS		01:01:44	64	01:01:06	656
658	800	Lisa Brady-Munro	FV40		01:01:48	31	01:01:28	660
659	404	Clare Barker	FV35		01:01:56	38	01:01:22	659
660	168	Linzi Jane Stamp	FV40	Lymm Runners	01:02:01	32	01:01:41	663
661	859	Joanne Fairhurst	FV35	Atherton RC	01:02:08	39	01:01:18	658
662	1139	Jacki De Campos	FV50		01:02:14	14	01:01:32	661
663	218	Jackie Knight	FV65		01:02:18	3	01:02:02	668
664	217	Vickie Brindle	FV40		01:02:18	33	01:02:03	669
665	853	Keeley Foster	FV35		01:02:19	40	01:01:41	664
666	55	Rachel Parsley	FS		01:02:30	65	01:01:49	665
667	1047	Amanda Garratt	FS		01:02:30	66	01:01:49	666
668	119	Roy Haggett	MS		01:02:31	208	01:01:51	667
669	892	Martin Mullen	MV40		01:02:32	62	01:01:37	662
670	32	Ben Allen	MS		01:02:45	209	01:02:03	670
671	15	Sarah Polson	FV35		01:02:45	41	01:02:03	671
672	512	Rebecca Woodward	FS		01:02:47	67	01:02:20	675
673	45	Terrie Blammon	FV40	WINSTON RUNNERS	01:02:49	34	01:02:08	672
674	411	Cathryn Whitehead	MV40		01:02:51	63	01:02:15	674
675	371	Fiona Ashworth	FV40	WINSTON RUNNERS	01:02:53	35	01:02:11	673
676	227	Jan Molyneux	FV45	Swinton RC	01:02:57	25	01:02:29	677
677	893	Graham Benton	MV55	Maltby RC	01:03:14	23	01:02:25	676
678	159	Andy Slater	MS		01:03:26	210	01:02:33	678
679	222	Graham Whiley	MV50		01:03:30	54	01:03:07	682

680	1016	Yvonne Mutton	FV45		01:03:34	26	01:02:45	679
681	412	Darren Lowry	MS		01:03:39	211	01:03:22	684
682	798	Phil Holt	MV50	Convocation Crawlers	01:03:42	55	01:02:53	680
683	368	Barry Wheller	MV40	VEGAN RUNNERS	01:03:46	64	01:03:01	681
684	409	Sheila Hambleton	FV65		01:03:49	4	01:03:12	683
685	315	Hayley Shatliff-Smith	FS		01:04:06	68	01:03:33	687
686	314	Rick O'Day	MS		01:04:06	212	01:03:33	688
687	88	Robert Dodd	MV55		01:04:15	24	01:03:27	685
688	378	Julia Glancy	FV55	WINSTON RUNNERS	01:04:21	8	01:03:39	689
689	3	David Vayro	MV50		01:04:25	56	01:03:32	686
690	428	Mike Mcdonald	MV70	Northern Vets	01:04:31	9	01:03:57	690
691	174	Rachel Jackson	FS		01:04:37	69	01:04:09	695
692	49	Joan Edwards	FV50	North Wales RR	01:04:42	15	01:04:21	696
693	1085	Devina Naga	FS		01:04:42	70	01:04:08	694
694	185	David Evans	MV60		01:04:43	28	01:04:02	692
695	461	Jackie Palmer	FV40		01:04:47	36	01:03:59	691
696	917	Deb Connell	FV45	Wallasey AC	01:04:50	27	01:04:04	693
697	316	Emma Souness	FS		01:05:04	71	01:04:36	701
698	1081	Robert Owens	MS		01:05:05	213	01:04:43	704
699	854	Sarah Lossman	FS		01:05:07	72	01:04:29	698
700	238	Danielle Roberts	FS		01:05:11	73	01:04:35	700
701	199	Luan Roper	FV40		01:05:11	37	01:04:24	697
702	39	John Marshall	MV40		01:05:13	65	01:04:30	699
703	113	S Godfrey	FV50	LYTHAM ST ANNES RRC	01:05:19	16	01:05:00	707
704	1183	Paula Jones	FV35		01:05:21	42	01:04:37	702
705	870	John Noakes	MV70	Holmes Chapel Harriers	01:05:26	10	01:05:18	712
706	294	David Kerry	MV40		01:05:28	66	01:04:40	703
707	943	Joanne Wilford	FV35		01:05:29	43	01:05:00	708
708	869	Michael Hall	MV50		01:05:35	57	01:04:43	705
709	426	Alix Gilmore	FV35		01:05:37	44	01:05:10	710
710	967	Julie Murray	MV45		01:05:38	59	01:04:55	706
711	118	Chris Haggett	MV65		01:05:48	18	01:05:07	709
712	1161	Ann Lawes	FV45		01:05:58	28	01:05:10	711
713	1105	Gordon Leahair	MV65		01:06:17	19	01:05:23	713
714	301	Susan Steindorff	FV35	DRAGONS RC (SALE)	01:06:23	45	01:05:36	715
715	266	Catherine Bliss-Taylor	FV45		01:06:25	29	01:05:35	714
716	133	Laura Icke	FS		01:06:27	74	01:05:44	716
717	1113	Hannah Savage	FS		01:06:39	75	01:05:45	717
718	267	Alice John	FS		01:06:42	76	01:06:16	718
719	306	Simon Donoghue	MS		01:07:04	214	01:06:20	719
720	4	Ruth Vayro	FV40		01:07:28	38	01:06:35	720
721	33	Helen Wilkinson	FV50		01:07:38	17	01:06:48	721
722	1144	Geoff Howarth	MV75	Northern Vets	01:07:51	2	01:07:25	724

723	418	Natasha Wigmore	FS		01:07:56	77	01:07:24	722
724	117	Jane Milner	FS		01:07:56	78	01:07:24	723
725	876	Mandy Mundy	FV40		01:08:21	39	01:07:31	725
726	875	Janet Holmes	FV55	St Helens Sutton AC	01:08:35	9	01:08:09	727
727	362	Kevin Allatt	MS		01:08:47	215	01:08:02	726
728	38	Lorraine Kelly-Swan	FV40		01:08:52	40	01:08:10	728
729	305	Andrew Thorne	MV45		01:08:58	60	01:08:14	729
730	1138	Jenny Haslam	FS		01:09:04	79	01:08:23	730
731	194	Mary Littler	FV55		01:09:09	10	01:08:24	731
732	248	Karen Young	FV40	St Helens Sutton AC	01:09:39	41	01:09:00	732
733	1049	Angela Gichuki	FS		01:09:40	80	01:09:06	734
734	59	Carol Fell	FV60		01:09:43	5	01:09:23	735
735	1137	Yewchen Chong	MS		01:09:45	216	01:09:03	733
736	112	Melanie Dickens	FS		01:09:58	81	01:09:24	736
737	300	Stuart Ryder	MS		01:10:00	217	01:09:25	737
738	295	Trudy Cunningham	FV35		01:10:42	46	01:09:50	738
739	335	Michelle Price	FS		01:11:05	82	01:10:27	739
740	1155	Alison Wheeler	FV35		01:11:29	47	01:10:59	740
741	1154	David Wheeler	MV45		01:11:29	61	01:10:59	741
742	18	Christopher Hoyle	MV40		01:12:05	67	01:11:36	742
743	278	Louise Adlington	FS		01:12:17	83	01:11:54	743
744	37	Jackie Daintith	FV45		01:12:46	30	01:12:08	745
745	34	Andrea Roper	FV45		01:12:46	31	01:12:07	744
746	952	Andy Fishwick	MS		01:13:09	218	01:12:23	746
747	953	Jacqui Fishwick	FV35		01:13:09	48	01:12:23	747
748	52	Amy Taylor	FS		01:13:49	84	01:13:03	748
749	880	Jan Marsh	FV55	Southport Waterloo AC	01:13:56	11	01:13:24	749
750	130	Nichole Kilgour	FS		01:14:08	85	01:13:55	752
751	131	Sandra Kilgour	FV40		01:14:08	42	01:13:56	753
752	1197	Will Prescott	MV40		01:14:21	68	01:13:35	750
753	864	Sue Wickham	FV50	Preston Harriers	01:14:31	18	01:13:43	751
754	264	Clare Ingram	FS		01:15:19	86	01:14:25	754
755	1112	Naomi Lambert	FS		01:15:19	87	01:14:25	755
756	284	Steve Harris	MS		01:16:23	219	01:15:48	756
757	1178	Mary Pomfret	FV60	Blackburn Harriers	01:16:31	6	01:15:52	757
758	201	Helen Brown	FV40		01:18:36	43	01:17:44	758
759	71	Heather Scott	FS		01:20:59	88	01:20:19	759
760	815	Norman Grundy	MV65	Birkenhead AC	01:21:13	20	01:20:25	760
761	70	Victoria Robinson	FS		01:21:17	89	01:20:36	761
762	424	Barry Cooper	MS		01:22:50	220	01:21:59	762
763	423	Paula Cooper	FS		01:22:50	90	01:21:59	763
764	172	Julie Hodgkinson	FV40		01:23:56	44	01:23:04	764