

Barlick Fell Runners Cross Country Championship 2018

Each runner must complete three races from the five listed below to qualify for a position in the championship. Where a runner completes more than the minimum needed, the three best results will be the ones that count.

Points will be awarded for each race completed in the order of the position as a Barlick Fell Runner, irrespective of their position in the race. They will be awarded as follows:

1st Barlicker 60 points

2nd Barlicker 57 points

3rd Barlicker 55 points

4th Barlicker 54 points

each subsequent position, deduct one point.

Points can only be given to those who are paid up members of the club and races completed before that time will not count towards their final championship position.

Races

| No | Date | Name |
|----|-------------|---|
| 1 | 6 January | Lancs XC Championship, Witton Park, Blackburn |
| 2 | 13 January | Mid Lancs, Townley Park, Burnley |
| 3 | 17 February | Mid Lancs, Rylands Park, Lancaster |
| 4 | 3 March | Mid Lancs, GSK Sports Club, Ulverston |
| 5 | 13 October | Red Rose, Leigh Sports Village, Leigh |