

East Lancs 10K

24 January 2016

Pos	No	Name	Club	Cat	Cat Pos	Time
1	475	Danny Collinge	Clayton le Moors Harriers	Male U23	1	0:34:20.4
2	321	Philip Eccleston	Blackburn Road Runners	Senior Men	1	0:34:50.2
3	463	Nick Gaskell	Trawden AC	Seniors M45	1	0:36:03.8
4	288	Brian Fogarty	Blackburn Harriers	Senior Men	2	0:36:23.8
5	426	Daniel Balshaw	Barlick Fell Runners	Senior Men	3	0:36:30.3
6	466	Marc Smith	Unattached	Senior Men	4	0:36:52.6
7	365	David Birtwistle	Blackburn Road Runners	Senior Men	5	0:36:53.5
8	152	Jordan McDonald	Clayton Le Moors Harriers	Male U23	2	0:37:19.8
9	397	Jacob Watson	Clayton Le Moors Harriers	Senior Men	6	0:37:26.0
10	275	Chris Walton	Running 4 CF	Senior Men	7	0:37:31.6
11	504	Andy Berry	Barlick Fell Runners	Senior Men	8	0:37:40.5
12	339	Graham Morris	Accrington Road Runners	Seniors M50	1	0:37:55.9
13	350	Jonathan Bridge	Blackburn Harriers	Seniors M45	2	0:38:08.9
14	260	Richard Fogarty	Blackburn Harriers	Senior Men	9	0:38:10.9
15	213	Richard Stevenson	Clayton Le Moors Harriers	Seniors M40	1	0:38:12.4
16	317	Frazer Durriss	Trawden AC	Seniors M40	2	0:38:13.2
17	476	Andrew Chew	Barlick Fell Runners	Senior Men	10	0:38:28.0
18	503	Guy Roberts	Mossley Hill AC	Senior Men	11	0:38:35.1
19	456	Kevin Salter	Trawden AC	Seniors M40	3	0:38:40.4
20	352	John Hartley	Clayton Le Moors Harriers	Seniors M60	1	0:38:52.7
21	162	Helen Sahgal	Team Mudallica	Senior Women	1	0:38:56.8
22	244	Jonathan Cleaver	Clayton Le Moors Harriers	Senior Men	12	0:38:59.4
23	203	Paul Brown	Trawden AC	Seniors M40	4	0:39:01.6
24	474	George Pier	Clayton le Moors Harriers	Male U23	3	0:39:03.3
25	129	Stephen Hall	Trawden AC	Seniors M40	5	0:39:06.6
26	471	Paul Gallagher	Accrington Road Runners	Seniors M55	1	0:39:08.7
27	458	Carl Helliwell	Clayton le Moors Harriers	Seniors M40	6	0:39:14.5
28	191	Chris Halstead	Accrington Road Runners	Senior Men	13	0:39:19.5
29	423	Mike Shaw	Stockport Harriers	Seniors M50	2	0:39:31.4
30	313	Paul Calverley	Accrington Road Runners	Seniors M50	3	0:39:47.6
31	284	Allan Hartley	Blackburn Harriers	Seniors M40	7	0:40:07.9
32	142	Scott Slater	Blackburn Road Runners	Senior Men	14	0:40:09.6
33	160	Chris Snell	Clayton Le Moors Harriers	Senior Men	15	0:40:55.8
34	322	Martin King	Accrington Road Runners	Seniors M45	3	0:40:57.2
35	491	Andrew Driver	Barlick Fell Runners	Senior Men	16	0:41:07.3
36	212	Jonny Bromilow	Darwen Dashers	Senior Men	17	0:41:10.5
37	363	Daniel Plant	Clayton Le Moors Harriers	Senior Men	18	0:41:28.1
38	354	Sarah Ridehalgh	Accrington Road Runners	Seniors W40	1	0:41:39.2
39	448	Paul Corrigan	Accrington Road Runners	Seniors M40	8	0:42:14.8
40	468	Derek Walkden	Barlick Fell Runners	Seniors M45	4	0:42:28.7
41	460	Paul Wolstenhulme	Rochdale Harriers	Senior Men	19	0:42:30.8
42	434	Adrian Blackledge	Trawden AC	Seniors M40	9	0:42:38.0
43	253	Stephen Ainsworth	Clayton Le Moors Harriers	Seniors M60	2	0:42:45.0
44	55	David Grimshaw		Seniors M50	4	0:42:53.5
45	388	Paula Pilling	Blackburn Road Runners	Seniors W40	2	0:42:53.6
46	495	Justin Barritt	Unattached	Senior Men	20	0:43:02.5
47	204	Julia Hartley	Accrington Road Runners	Seniors W40	3	0:43:03.6
48	443	Autumn Howard	Trawden AC	Senior Women	2	0:43:13.7
49	146	Paul Slone	Blackburn Harriers	Seniors M45	5	0:43:21.8
50	457	Jimmy Bottomley	Unattached	Seniors M50	5	0:43:25.5
51	501	Warren Smith	Blackburn Harriers	Seniors M50	6	0:43:27.6
52	370	Alan Appleby	Preston Harriers	Seniors M65	1	0:43:45.4
53	390	David Peel	Oakhill School	Senior Men	21	0:43:46.8
54	496	Jay Waddington	Ribble Valley Tri Club	Seniors M40	10	0:44:02.1
55	452	Philip Willcock	Unattached	Senior Men	22	0:44:05.6
56	259	Julie Fogarty	Fogartys Insurance	Seniors W35	1	0:44:07.6

57	389	Robert Kay	Clayton Le Moors Harriers	Seniors M50	7	0:44:10.2
58	171	Jeff Whitfield	Blackburn Road Runners	Seniors M45	6	0:44:11.6
59	372	John Boothman	Barlick Fell Runners	Seniors M50	8	0:44:29.5
60	180	Martin Greenwood	Trawden AC	Male U23	4	0:44:30.7
61	505	Lee Denton	Blackburn Road Runners	Seniors M50	9	0:44:35.8
62	492	Andrew Braithwaite	Trawden AC	Seniors M40	11	0:44:35.9
63	85	John McDonald	Trawden AC	Seniors M50	10	0:44:38.3
64	276	Steve Johnson	Running 4 CF	Seniors M40	12	0:44:46.1
65	238	Matthew Hackett	Wigan Phoenix	Senior Men	23	0:44:46.2
66	97	Mark Fawcett	Trawden AC	Seniors M45	7	0:44:48.6
67	335	James Boulton	Clayton Le Moors Harriers	Male U23	5	0:45:02.5
68	378	Andy Quinn	Clayton Le Moors Harriers	Seniors M45	8	0:45:02.9
69	429	Craig Robertson		Seniors M40	13	0:45:04.6
70	494	Calvin Ferguson	Darwen Dashers	Senior Men	24	0:45:04.8
71	361	Steven Melling	Rossendale Harriers	Seniors M50	11	0:45:13.2
72	84	Catherine Derbyshire	Accrington Road Runners	Seniors W40	4	0:45:21.0
73	172	Simon Ross	Ribble Valley Triathlon Club	Seniors M45	9	0:45:23.2
74	219	Josh Woodstock		Senior Men	25	0:45:28.1
75	248	Ryan Marsden	Trawden AC	(Male) U18	1	0:45:31.8
76	400	John McMyler	Blackburn Road Runners	Senior Men	26	0:45:33.6
77	393	Nicola Nuttall	Trawden AC	Seniors W45	1	0:45:35.5
78	342	Mark Lovesey	Barnoldswick Fell Runners	Senior Men	27	0:45:45.2
79	109	Michael Goodliffe	Blackburn Road Runners	Seniors M40	14	0:45:58.6
80	510	Richard Briscup	Clayton le Moors Harriers	Senior Men	28	0:46:00.4
81	441	Lesley Fisher	Burnden Road Runners	Seniors W55	1	0:46:03.0
82	140	Jack Walsh	Accrington Triathlon Club	Senior Men	29	0:46:11.1
83	164	Paul Wilcock	Accrington Road Runners	Seniors M40	15	0:46:25.4
84	379	Brandon Hargreaves	24/7 Home Rescue	Senior Men	30	0:46:28.9
85	80	Damien Fletcher	Accrington Road Runners	Senior Men	31	0:46:30.7
86	234	Andrew Figiel		Seniors M50	12	0:46:31.2
87	315	Keith Robinson	Accrington Road Runners	Seniors M45	10	0:46:31.6
88	286	Neil Thompson	Accrington Road Runners		1	0:46:32.8
89	395	Helen O'Rourke	Clayton Le Moors Harriers	Senior Women	3	0:46:32.8
90	70	Paul Doyle		Senior Men	32	0:46:36.3
91	511	Matthew Brooks		Senior Men	33	0:46:36.5
92	147	Curtis Halsall		Male U23	6	0:46:37.7
93	155	Peter Thompson	Trawden AC	Seniors M55	2	0:46:42.7
94	200	Colin Smith	Trawden AC	Seniors M55	3	0:46:43.5
95	71	Andrew Hallam		Seniors M50	13	0:46:48.5
96	437	George Butler	Blackburn Road Runners	Male U23	7	0:46:49.6
97	183	John Evans		Seniors M45	11	0:46:53.6
98	353	Anthony Ridehalgh	Accrington Road Runners	Seniors M40	16	0:46:54.4
99	132	Kaye Callaghan	Accrington Road Runners	Seniors W40	5	0:47:00.8
100	184	Edward Johnson		Senior Men	34	0:47:17.6
101	285	John Hutton		Seniors M50	14	0:47:17.7
102	121	Jon Turner		Senior Men	35	0:47:18.1
103	167	Richard Slater	Blackburn Road Runners	Seniors M55	4	0:47:22.8
104	398	Matt Greenwood		Senior Men	36	0:47:27.2
105	274	Keith Hutton		Seniors M45	12	0:47:28.3
106	331	David Howard	Trawden AC	Seniors M60	3	0:47:33.8
107	113	Richard Starkie	Barlick Fell Runners	Seniors M45	13	0:47:36.4
108	371	Andrew Mullen		Senior Men	37	0:47:37.7
109	74	Michael Sharp	Blackburn Harriers	Seniors M45	14	0:47:38.1
110	158	Robert Morrison		Seniors M40	17	0:47:41.7
111	293	Justine Jordan	Trawden AC	Seniors W40	6	0:47:48.5
112	485	Jayne Butterworth	Skipton AC		1	0:47:48.6
113	243	John Thompson		Seniors M40	18	0:47:57.2
114	66	Amanda Duffy	Clayton Le Moors Harriers	Seniors W35	2	0:47:59.3
115	226	John Oconnor		Seniors M50	15	0:47:59.8
116	347	David Coulson	Darwen Dashers	Seniors M45	15	0:48:02.8
117	419	Mark Duerden	Trawden AC	Seniors M50	16	0:48:03.4
118	366	Katherine Gregson	Accrington Road Runners	Seniors W40	7	0:48:09.3
119	451	Stuart Waterworth	Unattached	Senior Men	38	0:48:21.9

120	344	Philip Rycroft		Seniors M55	5	0:48:25.4
121	258	Paul Marsden	Trawden AC	Seniors M40	19	0:48:27.1
122	120	Angela Shian	Clayton Le Moors Harriers	Seniors W35	3	0:48:27.2
123	91	Jenny McAndrew	Trawden AC	Seniors W40	8	0:48:32.8
124	411	Francesca Bury	Darwen Dashers	Senior Women	4	0:48:34.1
125	57	Sean Haydock	Trawden AC	Senior Men	39	0:48:34.3
126	291	Gemma Webster	St Helens Striders	Seniors W35	4	0:48:40.9
127	46	Jamie Osbourne	Trawden A.C	Senior Men	40	0:48:47.0
128	161	Colin White	Clayton Le Moors Harriers	Seniors M40	20	0:48:47.1
129	465	Tracy Ireland	Rossendale Harriers	Seniors W45	2	0:48:48.6
130	154	Bev Thompson	Trawden AC	Seniors W50	1	0:48:52.9
131	442	Don Nichol	Blackburn Road Runners	Seniors M60	4	0:48:55.7
132	467	Hannah Newbold	Barlick Fell Runners	(Female) U 18	1	0:49:04.9
133	153	Emma Holt		Senior Women	5	0:49:07.2
134	156	Steven Marsh	Blackburn Road Runners	Seniors M40	21	0:49:07.7
135	207	Margaret Morley	Blackburn Road Runners	Seniors W45	3	0:49:11.5
136	488	Antony Spencer	Unattached	Seniors M40	22	0:49:20.3
137	340	Carole Morris	Accrington Road Runners	Seniors W50	2	0:49:35.0
138	406	James Hindle	Blackburn Road Runners	Seniors M50	17	0:49:36.6
139	144	Ashley Barnes		Senior Men	41	0:49:37.9
140	359	Rachel Laycock	St Josephs Ladies	Senior Women	6	0:49:43.9
141	375	Chris Greenwood		Seniors M50	18	0:49:51.1
142	341	Simon Lister	Trawden AC	Seniors M45	16	0:50:08.0
143	355	Mark Pemberton	Trawden AC	Seniors M40	23	0:50:11.0
144	477	Phil Sumner	Accrington Road Runners	Seniors M50	19	0:50:27.0
145	377	Paul Schofield	Blackburn Road Runners	Seniors M40	24	0:50:32.7
146	173	Rachel Todd	Clayton Le Moors Harriers	Seniors W40	9	0:50:33.2
147	250	John Clayton	Blackburn Road Runners	Senior Men	42	0:50:35.6
148	385	Donna Airey	Clayton Le Moors Harriers	Seniors W35	5	0:50:41.3
149	500	Allison Leaver	Unattached	Seniors W40	10	0:50:41.4
150	453	Mark Hawthornthwaite	Unattached	Senior Men	43	0:50:48.6
151	225	Anthony Grady	Blackburn Road Runners	Seniors M50	20	0:50:48.9
152	242	Kevin Doherty	Sunderland Strollers	Seniors M45	17	0:50:49.0
153	489	Richard Atkinson	Unattached	Seniors M45	18	0:50:53.1
154	464	Emilio Vozzolo	Unattached	Seniors M50	21	0:51:00.4
155	412	Elizabeth Watton	Blackburn Road Runners	Senior Women	7	0:51:06.4
156	256	Jo Duffy		Seniors M40	25	0:51:08.3
157	211	Mark Dickinson	Ribble Valley Triathlon Club	Seniors M40	26	0:51:11.4
158	210	Philip Robinson	Otley AC	Seniors M70	1	0:51:20.1
159	202	Joanne Brown	Trawden AC	Seniors W35	6	0:51:33.2
160	473	Peter Murphy	Darwen Running Group	Seniors M55	6	0:51:34.4
161	178	Christopher Taylor		Seniors M40	27	0:51:37.2
162	407	Leanne Walsh	Darwen Dashers	Seniors W35	7	0:51:40.5
163	338	Rebecca Daley		Senior Women	8	0:51:40.5
164	255	Peter Gibson		Seniors M70	2	0:51:51.2
165	175	George Bell		Seniors M60	5	0:51:52.2
166	320	Daniel Astley		Senior Men	44	0:51:55.7
167	396	Karen O'Kane	Accrington Road Runners	Seniors W50	3	0:51:58.9
168	141	Dave Waywell	Wesham Road Runners	Seniors M70	3	0:52:00.6
169	273	Ciara Pender		Senior Women	9	0:52:01.3
170	314	Alison Hargreaves	Accrington Road Runners	Seniors W50	4	0:52:03.8
171	122	Natasha Shaw	Blackburn Road Runners	Seniors W45	4	0:52:09.9
172	470	Jill Beechey	Unattached	Seniors W40	11	0:52:12.1
173	65	Lee Moore	Clayton Le Moors Harriers	Seniors M40	28	0:52:18.4
174	196	Martin Helm		Seniors M40	29	0:52:23.8
175	392	Rob Grigorjevs		Seniors M50	22	0:52:27.6
176	48	Diane Heys	Blackburn Road Runners	Seniors W45	5	0:52:39.5
177	410	Julie Coupe		Seniors W40	12	0:52:45.2
178	143	Kath Hoyer	Wesham Road Runners	Seniors W55	2	0:52:47.2
179	292	Caroline Davies		Seniors W40	13	0:52:47.5
180	290	Leigh McDonald		Seniors W40	14	0:52:47.8
181	360	Lee Taylor	Accrington Road Runners	Senior Men	45	0:52:50.5
182	88	Lorna Sharp	Blackburn Harriers	Seniors W40	15	0:52:51.5

183	422	Craig Philpot	Blackburn Road Runners	Seniors M45	19	0:52:53.5
184	481	Neil Hunter	Unattached	Seniors M55	7	0:52:53.8
185	201	Sarah Sutcliffe	Blackburn Road Runners	Seniors W40	16	0:52:54.0
186	462	Peter Wilkinson	Barlick Fell Runners	Seniors M65	2	0:52:54.6
187	498	Jenny Wren	Preston Harriers	Senior Women	10	0:52:56.5
188	461	Stephen Shackleton	Accrington Road Runners	Seniors M45	20	0:53:04.0
189	104	Jason Brown	Blackburn Road Runners	Seniors M40	30	0:53:05.8
190	310	Jane Ryan	Clayton Le Moors Harriers	Seniors W35	8	0:53:13.3
191	346	Matthew Cocker	Darwen Dashers	Male U23	8	0:53:45.4
192	486	Thomas Whiting	Unattached	Seniors M60	6	0:53:53.2
193	58	Rob Scott	Trawden AC	Senior Men	46	0:53:56.5
194	193	Ian Sampford	Blackburn Road Runners	Seniors M40	31	0:53:56.7
195	106	Paul Baker		Senior Men	47	0:53:59.1
196	502	James Smith	24/7 Home Rescue	Senior Men	48	0:54:00.3
197	381	John Counsell	24/7 Home Rescue	Seniors M45	21	0:54:01.4
198	86	Richard Galbraith		Seniors M40	32	0:54:05.9
199	127	Jane Matthewman	Blackburn Road Runners	Seniors W35	9	0:54:09.5
200	368	Louise Scott		Seniors W45	6	0:54:10.5
201	484	Craig Williams	Unattached	Senior Men	49	0:54:14.5
202	208	Lorna Bowes	Blackburn Road Runners	Seniors W45	7	0:54:14.7
203	206	Matthew Norris		Senior Men	50	0:54:21.2
204	247	Jeanette Baron	Blackburn Road Runners	Seniors W50	5	0:54:34.6
205	115	Sharon Short	Blackburn Road Runners	Seniors W35	10	0:54:45.5
206	301	Sandra Snape		Seniors W50	6	0:54:47.4
207	272	Anthony Harvey		Senior Men	51	0:54:47.7
208	209	Paul Snape		Senior Men	52	0:54:48.1
209	349	C Bridge	Blackburn Harriers	Seniors W40	17	0:54:50.6
210	483	Martin Scott	Unattached	Senior Men	53	0:54:52.1
211	190	Andrew Boardman	Blackburn Road Runners	Seniors M45	22	0:54:59.1
212	78	Christian Hill	Accrington Road Runners	Senior Men	54	0:54:59.5
213	95	Justin Wood		Seniors M40	33	0:55:00.8
214	304	William Miller		Seniors M55	8	0:55:15.5
215	358	Alexandra Whalley	Accrington Road Runners	Seniors W45	8	0:55:19.5
216	67	Lesley Kaneen	Blackburn Road Runners	Seniors W50	7	0:55:19.6
217	309	Paul Jackson	Accrington Road Runners	Seniors M65	3	0:55:29.0
218	151	Kathryn Ashcroft-Gardner	Blackburn Road Runners	Seniors W40	18	0:55:30.1
219	283	Christine Burke		Seniors W55	3	0:55:35.8
220	136	Neil Grunshaw	Blackburn Group Run	Seniors M45	23	0:55:40.8
221	376	Kelly Stanworth	Trawden AC	Senior Women	11	0:55:43.2
222	369	Thomas Battrick	Accrington Road Runners	Seniors M55	9	0:55:50.4
223	222	Katie McCarthy	Blackburn Road Runners	Senior Women	12	0:55:54.5
224	482	Michael Fernandes	Unattached	Senior Men	55	0:55:58.5
225	404	Maxine Morton	Oswaldtwistle Joggers	Seniors W40	19	0:56:01.8
226	414	Avril Townson		Seniors W35	11	0:56:03.9
227	431	Bruce Elliott	Darwen Dashers	Seniors M50	23	0:56:08.1
228	435	Kerry Elliott	Darwen Dashers	Seniors W40	20	0:56:08.1
229	116	Steve Wiggin		Seniors M40	34	0:56:09.0
230	197	Michael Williams	Rosendale Harriers	Seniors M50	24	0:56:09.7
231	263	Graham Odgers	Trawden AC	Seniors M45	24	0:56:10.8
232	72	Verity Brown	Trawden AC	Senior Women	13	0:56:11.1
233	455	Glyn Youds	Unattached	Seniors M55	10	0:56:12.7
234	185	Gillian Greenwood	Trawden A.C	Seniors W50	8	0:56:13.4
235	159	Rebecca Simms	Darwen Dashers	Seniors W45	9	0:56:15.7
236	418	Kelda Joyce	Blackburn Road Runners	Seniors W40	21	0:56:16.1
237	330	Dave Short	Blackburn Road Runners	Seniors M50	25	0:56:17.6
238	254	Stuart Barker	Clayton Le Moors Harriers	Seniors M50	26	0:56:18.1
239	145	Leanne Slone		Seniors W40	22	0:56:21.5
240	343	Ashley Dean	Blackburn Road Runners	Seniors W45	10	0:56:35.3
241	205	Rick Wilson	Blackburn Road Runners	Seniors M45	25	0:56:36.6
242	107	Peter Dootson		Seniors M45	26	0:56:37.6
243	165	Tracy Sullivan	Trawden AC	Seniors W50	9	0:56:46.6
244	432	Jacob Wood	Oakhill School	(Male) U18	2	0:56:51.8
245	218	Paul Fourie		Seniors M45	27	0:56:58.9

246	433	Lucy Fielden	Oakhill School	(Female) U 18	2	0:57:02.6
247	479	Claire Whittaker	Rosendale Harriers	Seniors W40	23	0:57:03.1
248	336	Helen Parry		Seniors W40	24	0:57:07.5
249	186	David Greenwood	Trawden A.C	Seniors M50	27	0:57:10.7
250	295	Rachael Strutz		Seniors W35	12	0:57:18.8
251	490	Nick Rawcliffe	Ossy Joggers	Seniors M45	28	0:57:29.3
252	134	Alan Cosgrove		Seniors M50	28	0:57:30.2
253	189	Carl Lander		Senior Men	56	0:57:31.6
254	237	Christian Grey	Darwen Dashers	Seniors M60	7	0:57:37.5
255	499	Graham Knott	Unattached	Senior Men	57	0:57:39.3
256	45	Shaun Grime		Seniors M45	29	0:57:45.2
257	394	Susan Hargreaves	Fylde Coast Runners	Seniors W35	13	0:57:48.3
258	216	Sadie Speight		Senior Women	14	0:57:50.1
259	123	Joanne Weir	Blackburn Road Runners	Seniors W45	11	0:57:51.5
260	480	Liona Riding	Blackburn Road Runners	Seniors W45	12	0:57:54.8
261	424	Madeline Haworth	Blackburn Road Runners	Seniors W60	1	0:57:55.4
262	188	Terry Swann	Fylde Coast Runners	Senior Men	58	0:57:57.6
263	409	Michelle Houghton	Blackburn Road Runners	Seniors W45	13	0:58:02.8
264	303	John Simpkin		Seniors M50	29	0:58:05.4
265	302	Zoe Simpkin		Seniors W45	14	0:58:07.4
266	281	Susan Ainscough		Seniors W45	15	0:58:09.1
267	223	David Smart	Leeds and Bradford Triathlon	Seniors M65	4	0:58:15.7
268	194	Karen Grindrod		Seniors W40	25	0:58:23.4
269	386	Dan West		Seniors M40	35	0:58:26.1
270	99	Ralph McNulty		Seniors M45	30	0:58:34.9
271	420	Elizabeth Allison	Trawden AC	Seniors W50	10	0:58:43.5
272	56	Peter Kelly		Seniors M55	11	0:58:48.6
273	103	Kathryn Pomfret	Blackburn Road Runners	Seniors W45	16	0:58:50.4
274	108	Lisa Moran	Darwen Dashers	Seniors W45	17	0:58:51.0
275	252	Carla Jones		Senior Women	15	0:58:54.1
276	75	Katie Turner	Blackburn Road Runners	Senior Women	16	0:59:03.4
277	73	Benjamin Ashworth-George		(Male) U18	3	0:59:06.1
278	348	Jane Taylor	Blackburn Road Runners	Seniors W40	26	0:59:06.2
279	177	Debbie Matthews		Seniors W50	11	0:59:19.3
280	367	Claire Incutti		Seniors W40	27	0:59:28.0
281	59	Gillian Maynard	Blackburn Road Runners	Seniors W40	28	0:59:39.7
282	249	Nicola Halsall		Seniors W35	14	0:59:43.6
283	112	Jennifer Allen	Blackburn Road Runners	Seniors W40	29	0:59:50.8
284	102	Patricia Bullen	Blackburn Road Runners	Seniors W55	4	0:59:51.9
285	199	Kate Rippingale	Blackburn Road Runners	Seniors W40	30	0:59:53.4
286	100	Helen Dickson	Accrington Road Runners	Seniors W45	18	0:59:55.3
287	416	Linda Rusyn		Seniors W60	2	0:59:56.8
288	402	Samantha Gray	Blackburn Road Runners	Senior Women	17	1:00:02.7
289	133	Graham Ainsworth		Seniors M50	30	1:00:06.8
290	264	Robert Hirst	Clayton Le Moors Harriers	Seniors M65	5	1:00:13.1
291	413	Paige Mallabourn	Accrington Road Runners	Female U23	1	1:00:17.4
292	306	Peter Blackledge	Accrington Road Runners	Seniors M65	6	1:00:18.3
293	214	Chelsea Addison		Senior Women	18	1:00:19.2
294	459	Sarah Helliwell	Clayton le Moors Harriers	Senior Women	19	1:00:35.1
295	232	John Clucas	Blackburn Road Runners	Seniors M55	12	1:00:36.9
296	228	Kristine Hodgkinson		Senior Women	20	1:00:41.8
297	124	Ashley Weir	Blackburn Road Runners	Seniors M45	31	1:00:42.6
298	63	Suzanne Davies	Trawden AC	Seniors W50	12	1:00:46.5
299	98	Joan White	Blackburn Road Runners	Seniors W40	31	1:00:54.2
300	487	Claire Pallister	Unattached	Seniors W40	32	1:00:55.6
301	296	Mark Strutz		Seniors M40	36	1:00:56.4
302	126	Mick Wignall		Seniors M50	31	1:00:56.5
303	478	Suzanne Sumner	Accrington Road Runners	Seniors W45	19	1:00:57.2
304	334	Jade Holdsworth		Senior Women	21	1:00:57.4
305	94	Karen Needham	Fylde Coast Runners	Seniors W45	20	1:00:58.5
306	318	Elaine Walsh		Seniors W50	13	1:01:11.6
307	405	Sally Heppenstall	Blackburn Road Runners	Seniors W40	33	1:01:25.6
308	90	Gillian Woon		Seniors W35	15	1:01:30.9

309	380	Gina Dobson	24/7 Home Rescue	Seniors W50	14	1:01:30.9
310	69	Roger Phillips	Blackburn Road Runners	Seniors M55	13	1:01:31.2
311	337	John Ward		Seniors M65	7	1:01:31.4
312	224	Debra Grady	Blackburn Road Runners	Seniors W50	15	1:01:36.3
313	62	Julie Marsden		Seniors W40	34	1:01:42.3
314	64	Trudi Jenkinson	Couch to 5k Blackburn	Seniors W50	16	1:01:48.4
315	450	Shelley Forrest	Unattached	Seniors W40	35	1:01:48.9
316	246	Elizabeth Skupski		Seniors W55	5	1:01:58.4
317	333	Neville Watson		Seniors M40	37	1:02:00.1
318	425	Kelly Lockett		Seniors W35	16	1:02:19.4
319	454	Andrea Orme-Wright	Blackburn Road Runners	Seniors W40	36	1:02:27.4
320	282	Tony Quinn	Fylde Coast Runners	Seniors M45	32	1:02:27.4
321	323	Joanne Wilson		Seniors W45	21	1:02:28.0
322	81	Carla Jenkinson		Senior Women	22	1:02:31.6
323	198	Wendy Byrne	Blackburn Road Runners	Seniors W45	22	1:02:32.4
324	215	Paramjit Blood		Seniors W35	17	1:02:37.3
325	345	Sharon Cocker	Darwen Dashers	Seniors W45	23	1:02:37.5
326	356	Colette Mallabourn	Accrington Road Runners	Seniors W45	24	1:02:43.0
327	44	Margaret Perkins	Blackburn Road Runners	Seniors W55	6	1:02:52.5
328	469	Ruth Dawson	Accrington Road Runners	Seniors W40	37	1:02:56.9
329	297	Rebecca Renshaw	Darwen Dashers	Senior Women	23	1:03:15.2
330	279	David Morris	Blackburn Harriers	Seniors M50	32	1:03:36.2
331	227	Denise Cottam	Blackburn Road Runners	Seniors W45	25	1:03:46.5
332	440	Philip Naylor	Clayton Le Moors Harriers	Senior Men	59	1:03:52.4
333	170	Clare Bramley		Senior Women	24	1:03:53.7
334	257	Anthony Booth	Trawden AC	Seniors M40	38	1:03:58.0
335	235	Karen Figiel		Seniors W50	17	1:04:00.8
336	265	Anna Barcroft	Blackburn Group Run	Seniors W50	18	1:04:09.5
337	195	Freda Talbot		Seniors W45	26	1:04:10.2
338	150	Lynda Smith	3420969	Seniors W50	19	1:04:28.1
339	316	Sid Makinson	Blackburn Road Runners	Seniors M40	39	1:04:37.7
340	236	Debbie Dallas	Darwen Dashers	Seniors W50	20	1:04:45.5
341	168	Joanne Coulthard	Blackburn Road Runners	Seniors W40	38	1:04:48.5
342	87	Lisa Richardson		Seniors W35	18	1:04:49.5
343	472	Elisabeth Sharples	Running 4 CF	Seniors W45	27	1:04:59.7
344	96	Carla Blears		Seniors W35	19	1:05:21.8
345	384	Christina Hardwick		Seniors W45	28	1:05:27.7
346	325	Jayne Hamilton	Isabella Rose Foundation	Seniors W45	29	1:05:37.1
347	131	Cathy Lord	Blackburn Road Runners	Seniors W35	20	1:05:47.5
348	52	Lesley Hall	Nelly's Elephants	Seniors W40	39	1:05:51.1
349	49	Simon Browne	Nelly's Elephants	Seniors M50	33	1:05:52.1
350	130	Amanda Burrows	Blackburn Road Runners	Seniors W45	30	1:05:52.7
351	319	Norman Walsh	Darwen Dashers	Seniors M60	8	1:05:52.8
352	110	Viki Walsh	Darwen Dashers	Seniors W35	21	1:05:53.6
353	92	Emma Frith	Blackburn Road Runners	Seniors W35	22	1:06:00.1
354	324	Jan Thomson		Seniors W45	31	1:06:08.4
355	118	Marianne Rintoul	Blackburn Road Runners	Seniors W45	32	1:06:33.5
356	114	Catherine Gardener	Blackburn Road Runners	Seniors W50	21	1:06:36.8
357	181	Jodie Lord		Senior Women	25	1:06:38.7
358	268	David Haworth		Seniors M55	14	1:06:47.4
359	233	Maggie Ainslie	Blackburn Road Runners	Seniors W45	33	1:07:07.4
360	135	Tara Homblor		Seniors W40	40	1:07:11.2
361	421	Catherine Sutterby		Seniors W45	34	1:07:15.5
362	382	Donna Altham	24/7 Home Rescue	Seniors W40	41	1:07:21.1
363	179	Daryl Dewhurst	Ribble Valley Triathlon Club	Seniors M40	40	1:07:29.8
364	299	Tracy Wallace		Seniors W55	7	1:07:37.5
365	79	Tracey Vester-Hodgson	Blackburn Group Run	Seniors W50	22	1:07:41.4
366	436	Jessica Sammon	Blackburn Road Runners	Senior Women	26	1:07:45.7
367	231	Ruth Shorrock		Seniors W35	23	1:07:57.8
368	125	Rod Heywood	100 Marathon Club	Seniors M70	4	1:08:16.5
369	427	Melissa Eccleston	Blackburn Road Runners	Senior Women	27	1:08:38.7
370	300	Nicola Taylor		Seniors W35	24	1:08:58.6
371	497	Julie Singleton	Unattached	Seniors W40	42	1:09:00.1

372	137	Katrina Grunshaw		Seniors W45	35	1:09:03.8
373	332	Julie Hartley		Seniors W40	43	1:09:06.4
374	351	Elora Scott		Senior Women	28	1:09:06.7
375	83	Kathryn Kinney		Seniors W50	23	1:09:12.8
376	105	Joanne Brown	Blackburn Road Runners	Seniors W40	44	1:09:16.8
377	326	Jackie Hamilton	Isabella Rose Foundation	Seniors W65	1	1:09:23.8
378	493	Jeanette Hickey	Blackburn Road Runners	Seniors W45	36	1:09:24.1
379	68	Alison Wolstenholme	Accrington Road Runners	Seniors W50	24	1:09:33.2
380	217	Gill Fourie		Seniors W45	37	1:10:08.9
381	261	Liz Sedgley		Seniors W45	38	1:10:11.0
382	245	Susanna Naughton		Seniors W35	25	1:10:11.1
383	111	Anthony Metcalf		Senior Men	60	1:10:27.7
384	93	Pamela Cowell	Darwen Running Group	Seniors W45	39	1:10:38.0
385	289	Rebecca Toach	Darwen Dashers	Senior Women	29	1:10:38.6
386	269	Sarah Bowler		Senior Women	30	1:10:38.9
387	446	Gillian Graham		Seniors W40	45	1:10:53.2
388	506	Janet Walsh	Unattached	Seniors W50	25	1:11:17.9
389	308	Karen Jackson	Accrington Road Runners	Seniors W55	8	1:11:41.0
390	287	Lisa Scott		Senior Women	31	1:12:17.5
391	220	Debbie Robinson	Oswaldtwistle Joggers	Seniors W35	26	1:12:40.7
392	176	Allan Jacobs		Seniors M60	9	1:13:00.4
393	328	Paul Rosthorn		Seniors M40	41	1:13:14.7
394	329	Zoe Lockett	Trawden AC	Seniors W35	27	1:13:18.1
395	438	Lisa Naylor		Senior Women	32	1:13:39.3
396	362	Josephine Gregory		Seniors W45	40	1:13:44.9
397	230	Gillian Lomax		Seniors W45	41	1:13:44.9
398	149	David Wright	Fylde Coast Runners	Seniors M60	10	1:14:47.5
399	277	Chris Worsley	Darwen Dashers	Seniors M40	42	1:15:24.1
400	430	Gillian McGowan	Blackburn Road Runners	Seniors W55	9	1:15:51.5
401	298	Shirley MacK		Seniors W55	10	1:16:21.5
402	267	Claire Haworth		Seniors W40	46	1:16:34.0
403	138	Julie Beaghan		Seniors W45	42	1:16:37.2
404	166	Tracy Slater	Blackburn Road Runners	Seniors W50	26	1:17:56.7
405	241	Liz Pollard	Oswaldtwistle Joggers	Seniors W40	47	1:17:59.9
406	445	Joanne Musk		Seniors W40	48	1:19:13.9
407	139	Ruth Young		Seniors W35	28	1:19:56.3
408	157	Lenny Kay		Seniors W45	43	1:23:00.0
409	51	Thomas Mullen	Nelly's Elephants	Seniors M45	33	1:23:40.1
410	278	Adam Williamson		Senior Men	61	1:23:46.0
411	50	Barbara Ann Mullen	Nelly's Elephants	Seniors W45	44	1:23:46.5
412	508	Amy Walsh	Unattached	(Female) U 18	3	1:24:45.4
413	119	David Craig	Blackburn Road Runners	Seniors M45	34	1:25:10.4
414	507	Georgina Roughley	Unattached	Senior Women	33	1:25:25.7
415	374	Paula Mulligan		Seniors W45	45	1:25:27.5
416	373	Donna Hill		Seniors W45	46	1:25:28.9
417	449	Megan Townsend	Unattached	Female U23	2	1:26:15.7
418	399	Lisa Townsend		Female U23	3	1:26:16.1
419	77	Maxine Morgan	Darwen Running Group	Seniors W40	49	1:27:05.6
420	60	Elaine Bowden		Seniors W45	47	1:31:57.7
421	169	Stefanie Baron		Seniors W40	50	2:07:52.9
422	311	Lisa Riddehough	Aspire Aces	Senior Women	34	2:13:00.1
423	312	Sara Knagg	Aspire Aces	Senior Women	35	2:13:00.5
424	447	Penni McGinty	Aspire Aces	Seniors W45	48	2:13:02.4

