

# Austwick Amble

25 May 2015

Pos	No	Name	Club	Cat	Time
1	158	Nick Charlesworth	Wharfedale	MV40	50:03
2	3	Chris Singleton	Trawden AC	Man	50:08
3	18	Rob Brown	Unattached	Man	50:51
4	8	John Raho	Holcombe Harriers	Man	51:51
5	136	Greg Hull	Leeds City AC	MV40	52:36
6	155	Ged Callan	Bingley	Man	52:45
7	50	Alan Walsh	Wharfedale	Man	53:47
8	134	John Whiteside	Trawden AC	Man	53:54
9	145	David Ryder	Unattached	Man	54:12
10	164	Samuel Stell	Otley	Man	54:26
11	90	Andy Thompson	Helm Hill Runners	Man	54:36
12	52	Craig Horsburgh	Orion Harriers	Man	54:50
13	138	Dave McGuire	Wharfedale	MV40	54:54
14	156	Stephen Smithies	Calder Valley	MV40	55:11
15	160	Jason Hensley	Wharfedale	MV40	55:30
16	167	Calvin Routledge	Lancaster and Morecambe	MV40	55:31
17	89	Scott Newburn	Unattached	Man	55:37
18	20	Mark Dillon	Orion Harriers	MV40	55:45
19	162	Holly Page	Unattached	Lady	56:03
20	150	Matthew Fretwell	Settle Harries	Man	56:16
21	104	Paul Hesketh	Clayton Harriers	MV50	56:22
22	43	Adam Procter	Settle Harriers	Man	56:35
23	37	Mike Egner	Settle Harriers	MV50	56:49
24	93	Matt Dunn	Holcombe Harriers	MV40	56:59
25	32	David Wilson	Orion Harriers	Man	57:07
26	24	Billie Parr	Orion Harriers	Man	57:10
27	25	Paul Cates	Orion Harriers	MV50	57:21
28	152	Jo Buckley	Calder Valley	Lady	58:07
29	42	Thomas Harkin	Unattached	MV40	58:10
30	45	Jonathan Nicholson	Holcombe Harriers	Man	58:21
31	148	Lynden Ashley	Esk Valley	MV40	58:27
32	139	Ian Handscomb	Unattached	Man	58:41
33	142	Joel Dalby	Skipton	Man	58:49
34	107	Rachel Hill	Settle Harriers	LV40	59:04
35	49	Neil Holding	West Pennine	MV50	59:06
36	117	James Annan	Settle Harriers	MV40	59:22
37	112	Jonathan Ridge	Denby Dale	Man	59:25
38	44	Steven Procter	Settle Harriers	Man	59:59
39	146	Sam Dalby	Settle Harriers	MV40	1:00:27
40	53	Mick Keegan	Barlick FR	MV40	1:00:40
41	2	Michael Coe	Queensbury	MV50	1:00:47
42	149	Matt Dunn	Unattached	Man	1:00:47
43	4	Christina Singleton	Trawden AC	Lady	1:01:00
44	28	Simon Browne	Denby Dale	MV40	1:01:09
45	80	Tim Boland	Holcombe Harriers	MV40	1:01:17
46	125	John Osborne	Settle Harriers	MV50	1:01:38
47	21	Stuart Colley	Orion Harriers	MV40	1:01:43
48	113	Dave Brock	Orion Harriers	MV50	1:01:45
49	63	Toby Miles	Barrow Runners	MV40	1:01:46
50	128	Chris Whiteoak	Clayton Harriers	Man	1:01:49
51	66	Roger Gooding	Springfield Striders	MV40	1:01:59
52	78	Deborah Gowans	Accrington RR	LV50	1:02:16
53	23	George Banbury	Orion Harriers	MV40	1:02:26

54	19	Darren Zemlik	Unattached	MV40	1:02:33
55	16	Kelly Whiteside	Trawden AC	LV40	1:02:36
56	87	Darren Horner	Trawden AC	MV40	1:02:37
57	168	Richard Briscoe	Clayton Harriers	Man	1:02:48
58	143	Pete Keron	Notts Kayak Club	Man	1:03:15
59	105	Sean Clare	Clayton Harriers	MV50	1:03:31
60	140	Nick Andralojc	Harrogate Harriers	MV50	1:03:35
61	165	Matthew Hird	Wharfedale	Man	1:03:58
62	114	Dean Ralphson	Trawden AC	MV40	1:04:02
63	57	Mark Rogerson	Settle Harriers	Man	1:04:11
64	147	John Wilcock	Clayton Harriers	MV50	1:04:22
65	115	Molly Ralphson	Trawden AC	LV40	1:04:34
66	108	Jeffrey Pickup	Clayton Harriers	MV60	1:04:39
67	39	Kathleen Aubrey	Helm Hill Runners	LV50	1:05:07
68	169	Brian Stallwood	Settle Harriers	MV50	1:05:24
69	72	Mark Jordan	Harrogate Harriers	MV60	1:05:38
70	110	Gary Balmer	Clayton Harriers	MV40	1:05:53
71	64	Ryan Atkins	Trawden AC	MV40	1:06:25
72	91	Philip Ellis	Denby Dale	Man	1:06:30
73	14	Mike Pigram	Unattached	MV40	1:06:39
74	68	Richard Timms	Settle Harriers	MV40	1:06:44
75	48	Gerard Byrnes	Unattached	MV50	1:06:45
76	100	Nigel Weaver	Clayton Harriers	MV50	1:06:55
77	157	Tim Done	Wharfedale	MV50	1:07:02
78	17	Luca Jandu	Unattached	Man	1:07:14
79	133	Jim Barnett	Baildon Runners	Man	1:07:37
80	134	John Whiteside	Trawden AC	Man	1:07:55
81	116	Katherine Kirkham	Wharfedale	Lady	1:08:21
82	36	Paul Burchell	Longeaton	MV50	1:08:29
83	131	Simon Childs	Harrogate Harriers	MV40	1:08:31
84	161	Tony Shepherd	Wharfedale	MV50	1:08:34
85	97	Catherine Hull	Springfield Striders	Lady	1:08:54
86	111	Barry Scholes	Settle Harriers	MV60	1:09:02
87	71	Mark Checkley	Lostock	MV50	1:09:11
88	9	Michael Rees	Pudsey and Bramley	MV50	1:09:16
89	55	Ed Ashton	Burnden RR	MV50	1:09:17
90	84	Jean Powell	Wharfedale	LV40	1:09:32
91	109	David Knight	Unattached	MV60	1:09:36
92	119	Simon Froude	Unattached	MV50	1:09:45
93	67	Andrew Howarth	Clayton Harriers	MV50	1:09:52
94	75	Sarah Sherratt	Bowland FR	LV40	1:09:55
95	76	Mark Midgley	Bowland FR	MV40	1:10:01
96	135	Dan Simmons	Harrogate Harriers	MV50	1:10:06
97	26	Zoe Woodward	Orion Harriers	LV50	1:10:08
98	154	Deborah Mahoney	Settle Harriers	LV40	1:10:15
99	22	Norman Bush	Ilkley Harriers	MV70	1:10:37
100	69	Carmel Ramwell	Settle Harriers	LV40	1:10:43
101	13	Edward Swindon	Unattached	MV40	1:11:00
102	5	Jon Royle	Red Rose Road Runners	MV40	1:11:02
103	99	Tony Thornton	Settle Harriers	MV40	1:11:07
104	79	Brian Hickey	Unattached	MV50	1:11:16
105	81	Andrew Graham	Trawden AC	MV40	1:11:19
106	153	Julie Patmore	Harrogate Harriers	LV50	1:11:27
107	35	Dave Culpan	Calder Valley	MV50	1:11:29
108	85	Paul Wilson	Wharfedale	MV50	1:11:30
109	15	Mike Troup	Ambleside AC	MV60	1:11:33
110	82	Colin Woolford	Clayton Harriers	Man	1:11:48
111	96	Scott Davis	Unattached	MV40	1:11:51
112	103	Shaun Preston	Unattached	Man	1:11:59

113	166	Martin Smillie	FRA	MV50	1:12:10
114	86	Thomas Winther	Unattached	Man	1:12:13
115	170	Hester Cox	Settle Harriers	LV40	1:12:18
116	70	John Eddington	Unattached	MV40	1:13:14
117	77	Andrew Hewitson	Lonsdale	MV40	1:13:31
118	10	Berin Jones	Holcombe Harriers	MV40	1:13:35
119	144	James Wild	Lonsdale	MV40	1:13:44
120	98	Darren Hull	Springfield Striders	Man	1:13:49
121	60	George Critchley	Holcombe Harriers	MV50	1:13:51
122	95	Clare Waring	Unattached	Lady	1:14:02
123	127	John Orrell	Blackburn Harriers	MV40	1:14:14
124	61	Triss Kenny	Skipton	MV50	1:14:28
125	163	Stephen Bury	Clayton Harriers	MV50	1:14:33
126	65	Graham Schofield	Chorley	MV60	1:14:58
127	102	Angie Mills	Settle Harriers	LV40	1:14:59
128	27	Nicholas Hutchinson	Settle Harriers	MV40	1:15:35
129	88	Clare Wild	Settle Harriers	Lady	1:16:16
130	74	David Timmins	Settle Harriers	MV60	1:16:22
131	58	Kath Hoyer	FRA	LV50	1:16:26
132	121	John Kirkham	Holcombe Harriers	MV60	1:17:11
133	120	Chris Preston	Todmorden	LV50	1:17:21
134	6	Chris Southworth	Unattached	Man	1:18:38
135	126	Jack Ingham	Barlick FR	Man	1:18:44
136	118	Julia Hargreaves	Settle Harriers	LV40	1:18:57
137	151	Chris Ellison	Unattached	MV50	1:19:15
138	38	Petra Gibbs	York Knavesmire	LV40	1:19:18
139	30	Brian Hugill	Skipton	MV40	1:20:13
140	129	Sarah Cross	Settle Harriers	LV40	1:20:31
141	54	George Magell	Sark	BU16	1:20:46
142	130	Richard Hindle	Keighley and Craven	MV60	1:20:48
143	59	Carole Critchley	Holcombe Harriers	LV50	1:22:09
144	73	Tamara Skelton	Unattached	Lady	1:22:45
145	159	Phil Montgomery	Lonsdale	Man	1:22:46
146	122	Elizabeth Fleetwood	Unattached	LV50	1:23:34
147	132	Tracey Apperley	Unattached	Lady	1:23:56
148	124	Bethany Fleetwood	Unattached	Lady	1:24:14
149	123	Neil Fleetwood	Unattached	MV50	1:24:18
150	12	Lynda Hargreaves	Wharfedale	LV50	1:24:23
151	33	Chris Rowlands	Unclear	LV40	1:24:30
152	41	Helen Magell	Sark	LV40	1:25:20
153	40	Alex Magell	Sark	MV40	1:25:21
154	51	Paul Jarvis	Unattached	MV50	1:25:23
155	101	Gillian Macfarlane	Harrogate Harriers	LV50	1:26:02
156	62	Trevor Metcalfe	Wharfedale	MV60	1:26:24
157	11	Jan Mullen	Unattached	MV50	1:26:42
158	94	Jo Stevens	Holcombe Harriers	Lady	1:26:58
159	92	Rebecca Gooch	Chapel Allertin Runners	LV40	1:27:03
160	83	Anne Handley	Wharfedale	LV50	1:27:05
161	46	Edward Procter	FRA	MV60	1:28:17
162	47	Stephanie Byrnes	Unattached	LV50	1:32:51
163	1	Trevor Faulkner	Wilmslow RC	MV70	1:32:58
164	141	Richard Handford	Settle Harriers	MV50	1:42:04
165	7	Aisie Southworth	Unattached	Lady	1:52:47
166	29	Abbe Dagg	Denby Dale	Lady	2:11:35
167	31	Joanne Worboys-Hodgson	Denby Dale	LV40	2:11:36
168	137	Sean Bolland	Bowland FR	MV40	DNF
169	56	John Appleby	Holcombe Harriers	MV50	DNF